

THE COLLEGE OF
FAMILY PHYSICIANS
OF CANADA



LE COLLÈGE DES
MÉDECINS DE FAMILLE
DU CANADA



Your Section of Residents

Congratulations

on your entrance into family medicine residency,
and welcome to your new family medicine home,
the College of Family Physicians of Canada (CFPC).



What is the CFPC? More than just exams!

- We are leaders in family medicine.
- We are the professional organization responsible for establishing standards for the training, certification, and lifelong education of family physicians in Canada.
- We advocate on behalf of the specialty of family medicine.
- We have more than 40,000 members and offer complimentary first-year membership for residents.

The SoR Council, shown at the CFPC National Office in 2019, has an influential voice regarding the future of family medicine in Canada.





How do you benefit from being a CFPC member? In many ways!

- **Mainpro+®:** The CFPC helps you track your continuing professional development and maintain your certification through Mainpro+. Residents can carry over 40 credits into their first active Mainpro+ cycle. Find out more at: <https://www.cfpc.ca/en/education-professional-development/Mainpro/mainpro-for-resident-members>.
- **Self Learning™ Program:** The CFPC's Self Learning Program gives you access to information curated from top-notch medical journals. The online version is free for residents and lets you earn Mainpro+ credits: <https://selflearning.cfpc.ca/>.
- **Family Medicine Forum:** Participate in Family Medicine Forum, the largest gathering of family physicians in Canada. Residents receive discounts at registration: <https://fmf.cfpc.ca/>.
- **Awards and grants:** CFPC members are eligible for grants and awards through the Foundation for Advancing Family Medicine. Opportunities for family medicine residents can be found at: <https://fafm.cfpc.ca/h-a/opportunities-residents/>.
- **Practice Management (PM) Prep:** The CFPC's free and easy-to-use online tool highlights what you need to know about financial management, medico-legal issues, practice options, and work-life balance. Go to: <https://pmprep.firstfiveyears.ca/>.
- **Member Interest Groups Section:** Explore particular areas of interest in family medicine and interact with like-minded colleagues across Canada: <https://www.cfpc.ca/migs>.
- **Discounts on financial services:** Enjoy preferred rates on home and auto insurance and on financial services for business and personal accounts: <https://www.cfpc.ca/en/member-services/value-of-membership/group-benefits>.



What is the Section of Residents (SoR)? Your voice at the CFPC!

- The SoR consists of all residents from Canada's 17 family medicine programs—you are automatically a member.
- The SoR is represented by the SoR Council, a national committee composed of R1 and R2 representatives elected by residents in each program.
- Take a look at our website to learn more:
<http://www.cfpc.ca/SectionofResidents/>.



What is the purpose of the SoR Council? To represent family medicine residents from across Canada!

- We shape the national discussion on family medicine education and training from the resident point of view.
- The full council meets three or four times per year and meetings are typically held both in person and virtually.
- The SoR offers guidance and information to assist you throughout this exciting stage of your career.
- Residents develop a new Guide for Improvement of Family Medicine Training (GIFT) annually:
<https://www.cfpc.ca/en/member-services/for-residents>.

Recent topics have included:

- o Planetary health in family medicine
- o Chronic (non-cancer/non-palliative) pain management
- o Quality improvement
- o How to get effective feedback
- o Getting the most out of your periodic reviews
- o Advance care planning



How do you get involved? Connect with us!

- Join the SoR Council! Contact your local representative (<https://www.cfpc.ca/en/member-services/committees/section-of-residents-council>) or email education@cfpc.ca to get in touch. Elections take place each summer and the first meeting is held in September.
- Connect with the College on Facebook: <https://www.facebook.com/CFPC.CMFC/>.
- Get involved in teaching or mentorship by contacting the CFPC's Section of Medical Students and Family Medicine Interest Groups online (<http://www.cfpc.ca/medicalstudents/>) or email soms@cfpc.ca.
- Connect with the First Five Years in Family Practice Committee as you transition to practice for invaluable support and networking opportunities: <http://www.cfpc.ca/FirstFiveYears/>.





For more information about membership,
contact membership@cfpc.ca.

For more information about the Section of Residents,
go to <https://www.cfpc.ca/sectionofresidents>
or contact education@cfpc.ca.

See why your colleagues
value the CFPC at

<https://discovercfpc.ca/>

