

## Update on Guide for Improvement of Family Medicine Training (GIFT) Tools

The 2021 GIFT on the medical use of cannabis is nearing completion. A one-pager outlining recommendations for curriculum improvements will be released in the coming months.

The selected 2022 GIFT topic is obesity management. Working group members have conducted an environmental scan and developed a survey that will be sent to residents and program directors in the spring to help narrow the focus of this project. Please look out for this survey as your feedback is invaluable. Analysis of the data will be undertaken over the summer and a draft one-pager with recommendations will be presented to program directors requesting their feedback in November.

Be sure to check out our [library of GIFT tools](#).

## Resident Doctors Appreciation Week 2022

Resident Doctors Appreciation Week took place February 7th to 11th. The College of Family Physicians of Canada™ (CFPC) sincerely thanks all family medicine residents for their dedication.

Throughout the week, the CFPC deployed messages on multiple platforms recognizing the vital roles resident doctors play as front-line health care providers. This included a CFPC website banner and social media posts, calls to action as well as cross-promotion of [Resident Doctors of Canada](#) activities.

To show our gratitude for resident doctors, the CFPC recognized and celebrated family medicine residents through:

- Sharing the CFPC-developed resources/tools throughout the week
  - GIFT on planetary health (<https://www.cfpc.ca/en/Guide-to-Integrating-Planetary-Health-in-Family-Medicine-Training>)
  - Previously recorded transition to practice panel Q&A session (<https://youtu.be/6U0lw3oQlq4> and <https://youtu.be/M8D9vLE4wOw>)
  - GIFT on effective feedback ([https://www.cfpc.ca/CFPC/media/Resources/Communications/GIFT\\_HandoutforRes\\_ENG\\_RevMay18\\_Web.pdf](https://www.cfpc.ca/CFPC/media/Resources/Communications/GIFT_HandoutforRes_ENG_RevMay18_Web.pdf))
  - A Brief Guide to Locuming [https://firstfiveyears.ca/wp-content/uploads/2021/08/FFY\\_Locum\\_Guide-infographic\\_ENG\\_Final.pdf](https://firstfiveyears.ca/wp-content/uploads/2021/08/FFY_Locum_Guide-infographic_ENG_Final.pdf)
  - Guide to contract negotiation basics ([https://firstfiveyears.ca/wp-content/uploads/2022/02/FFY\\_Locum\\_Contract-basics\\_ENG\\_Final.pdf](https://firstfiveyears.ca/wp-content/uploads/2022/02/FFY_Locum_Contract-basics_ENG_Final.pdf))

## Open Forum

Members were asked to identify key educational issues and other timely topics that residents are facing at this time for an open discussion with our senior leadership – Dr. Francine Lemire, Chief Executive Office and Executive Director, Dr. Brady Bouchard, CFPC President, and Dr. Nancy Fowler, Executive Director, Academic Family Medicine

Topics included:

- Spring Exams: Will be business as usual. The pandemic still provides a bit of uncertainty. The exams teams will be evaluating the situation toward the end of February when pandemic-related vulnerability will be assessed, and the exams team will make a decision/announcement.

## Key Messages from the Winter 2022 Section of Residents Council (SoR) Meeting

- Resident Challenges: Pandemic/less exposure to certain cases/less ability to build cohesiveness with resident cohort; workflow/wellness/burnout; importance of adapting to communities that residents are training in.
- Outcomes of Training Project Final Report/ Recommendations – ([English/ French](#)): The project offers a critical reflection on the current training of family physicians in dynamically changing times. Other important documents: [Family Medicine Professional Profile](#) (FMPP) and the [Residency Training Profile](#).
- What a potential third year of training would look like: This is still to be determined. An education taskforce will be struck to look at this.

### New Pilot

A national mentorship program – Residents' Corner – was being developed last year to help connect and support family medicine residents in Canada. Building on that discussion, this year's SoR members suggested the creation of a regular (i.e., quarterly or monthly) blog in Canadian Family Physician (CFP), covering a range of topics important to family medicine residents nationally (e.g., anti-racism, planetary health, virtual care, wellness, etc.). The program will provide ongoing opportunities for resident collaboration and generate scholarship and leadership opportunities. Stay tuned for more information on how you can contribute and get involved.

### Hybrid FMF 2022

This year's FMF will be held in-person in Toronto from November 9th to 12th and virtually from November 16th to 19th. The intention is for these to be two individual experiences and not mirror images of one another. FMF 2022 will include interactive breakout sessions for participants, social events, and various networking opportunities. The call for free-standing papers and posters along with the call for Big Ideas Soapbox is [now open](#).

### Practice Management Prep

Don't forget to check out [Practice Management Prep](#) (PM Prep). This is an online tool for residents that includes self-reflection exercises, learning plans, and a repository of practice management resources intended to support family physicians in their transition from residency to independent practice. The business side of practice, or practice management, is an area in which new family doctors have requested additional learning opportunities.

### Questions or Comments?

Send any questions or comments to your SoR Council representatives, whose names are on the SoR [web page](#). Have a quick question? [Email us](#) directly.

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