



# Value of Membership for Residents in the College of Family Physicians of Canada



## Congratulations!

You have started your residency in family medicine, which is an exciting, demanding, and rewarding journey that allows you to participate in improving the health of everyone in Canada. By now you will have heard of the Certification Examination in Family Medicine, which the College of Family Physicians of Canada (CFPC) delivers.

In addition to the exam, the CFPC offers many exclusive benefits to its members—programs, services, and resources that the College has developed specifically for family physicians and family medicine learners. And as a resident in the Learner CFPC member class, your membership is complimentary until your first year of practice.

### Your membership includes the following benefits:

#### Mainpro+®

Did you know you can carry forward up to 40 Mainpro+ credits that you accumulate in residency to count toward your continuing professional development (CPD) requirements in your first year of practice? Credits can often be obtained at discounted rates during residency, and having a bank of completed CPD activities can make your transition to practice a bit more manageable.



#### Family Medicine Forum preferential rate

Participate in the largest gathering of family physicians in Canada! CFPC membership provides you with a preferential rate at registration.



#### More CPD

Access the [Self Learning™ Program](#), [CFPCLearn](#), and [Canadian Family Physician](#), among other learning resources like [webinars](#) and [podcasts](#), all for free.



#### Personal benefits

Make use of group benefits (e.g., preferred rates on home and auto insurance) and competitive rates on financial services for business and personal accounts.



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### Member Interest Groups Section

Do you have a particular area of interest within family medicine? Explore the many member interest groups and interact with like-minded medical students, residents, and family physicians across Canada.



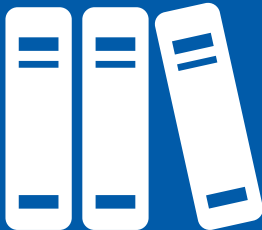
### Grants and awards

CFPC members are eligible for more than \$500,000 in grants and awards each year through the **Foundation for Advancing Family Medicine** including **resident-specific awards** and scholarships valued at \$10,000 each.



### Library Services

Members can request assistance with conducting a literature search or seeking an article.



### Advocacy

The CFPC is the voice of family medicine in Canada and actively promotes family medicine and primary care to elected officials and other decision makers.



### Professional support

The **Section of Residents (SoR) Council** acts as a liaison between the CFPC and family medicine residents across Canada. Connect with your **SoR representative to learn more about the SoR**. As you continue through your career the CFPC has supports for your **first five years of practice**, resources for teachers, researchers, and more!



### Additional resources

Every year the SoR Council identifies a topic relevant to family medicine education and develops a **Guide for Improvement of Family Medicine Training**. In 2020 the First Five Years in Family Practice group of the College also released the Practice Management Prep tool, which enables users to identify and address gaps in their learning and supports lifelong learning approaches. For information on the First Five Years in Family Practice group, please visit their **website**.



The College is your professional home, and it provides you with much more than just an exam!

Visit the CFPC website for additional information and learn more about **what CFPC membership means to family physicians**.

[www.cfpc.ca](http://www.cfpc.ca)

