

CFPC Section of Researchers  
**Kaléidoscope E-News**  
Volume 10, Issue 2, December 2013

**The Section of Researchers' Council wishes you and your families  
a happy holiday season and best wishes for the New Year!**

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The Section of Researchers congratulates the recipients of the **CFPC Family Medicine Research Awards**, who were honoured for their outstanding contributions to family medicine research at Research Day 2013 in Vancouver.

Dr Janusz Kaczorowski was the recipient of the **2013 Family Medicine Researcher of the Year Award**. Dr Kaczorowski is well-known for his leadership on the landmark Cardiovascular Health Awareness Program (CHAP) program of research, including a community cluster randomised trial that demonstrated the effectiveness of the community-based CHAP intervention on morbidity from cardiovascular disease. Dr Kaczorowski holds the Sadok Besroul Chair in Family Medicine and the GSK-CIHR (Glaxo-SmithKline-Canadian Institutes of Health Research) Endowed Chair in Optimal Management of Chronic Disease. A director of the Health Care Systems and Services at the University of Montreal Hospital Research Centre (CRCHUM), Dr Kaczorowski is also the Research Director and a professor in the Department of Family and Emergency Medicine at the University of Montreal.

Dr Scott Garrison, recipient of the award for the **CFPC Outstanding Family Medicine Research Article**, encouraged family physicians to carefully consider their treatment of nocturnal leg cramps in patients who use LABAs and diuretics, following the results of his team's study *Nocturnal Leg Cramps and Prescription Use That Precedes Them*. The study, which demonstrated an association between nocturnal leg cramps and the use of the drugs, was carried out by Dr Garrison and his colleagues Colin Dormuth, Richard Morrow, Greg Carney, and Karim Khan, was published in the *Archives of Internal Medicine*.

The **Canadian Family Physician Best Original Research Article** was awarded to Dr Janie Houle and team members Marie-Dominique Beaulieu, Marie-Thérèse Lussier, Claudio Del Grande, Jean-Pierre Pellerin, Marie Authier, Réjean Duplain, Tri Minh Tran, and François Allison for their article *Patients' Experience of Chronic Illness Care in a Network of Teaching Settings*, published in *Canadian Family Physician* in December 2012. This award recognized the best article published during the preceding year in *Canadian Family Physician* that was based on original research carried out by a CFPC member.

Dr Roger Thomas (Calgary, AB) and Dr Anthony Valentine\* (MB) were this year's recipients of the **CFPC Lifetime Achievement Awards in Family Medicine Research**. These awards recognize the vision,

leadership, and lifelong contributions of outstanding senior CFPC members to family medicine research. (\*posthumous award)

Two **Research Awards for Family Medicine Residents** are given in recognition of outstanding research projects they have conducted as part of their training, and completed prior to June 1, 2013. This year's recipients were Dr Piotr Klakowicz, from the University of British Columbia, for his study *A Comparison of Mortality Among HIV Positive Aboriginal and Non-Aboriginal People at a Vancouver Inner-City Health Center–2007-2012*, and Dr Marina Aptekman, from the University of Toronto, for her study *Unmet Contraceptive Needs in Refugees–The Crossroads Clinic Experience*.

New to the FMF agenda this year were the **Dangerous Ideas Soapbox**, and the **FMF Research Pearls** session. The **Dangerous Ideas Soapbox** was an opportunity for four authors, whose daring and creative ideas were selected from among 56 ideas submitted, to present their ideas. Audience members challenged speakers, and then voted for their favourite dangerous idea. Congratulations to Dr Joelle Bradley, whose idea, entitled *Could Advance Care Planning Be Like Art?* was voted the most dangerous idea at the session.

The **FMF Research Pearls** showcased the top four research papers, based on clinically important findings, chosen from among those presented on Research Day 2013.

Watch for more information about our award recipients and their outstanding work in future issues of Kaleidoscope!

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**Family Medicine Forum 2014**  
**13 – 15 November, 2014**  
**Québec City Convention Centre**

**Pre-conference day – November 12, 2014**  
**Research Day will be held on Wednesday, November 12, 2014**

**The Call for Abstracts will open in January.**

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