

# ACTIVITY CATEGORIES

ACTIVITY CATEGORIES	CERTIFIED ACTIVITIES MAINPRO+ PARTICIPANTS MUST EARN AT LEAST 125 CERTIFIED CREDITS DURING A REPORTING CYCLE.	NON-CERTIFIED ACTIVITIES
<p><b>Group Learning</b></p>	<ul style="list-style-type: none"> <li>• MAINPRO+™ Certified Group Learning activities bearing the CFPC Certification statement (conferences, medical rounds, interactive webinars, journal clubs)</li> <li>• Mainpro+ Certified small group activities (eg, Practice Based Small Group Learning) [PBSGL]</li> <li>• American Academy of Family Physicians (AAFP) Formal Prescribed credits</li> <li>• American Medical Association (AMA) PRA Category 1 Credits™ (maximum 50 credits per cycle*)</li> <li>• Advanced Life Support (ALS) programs (including ALARM)</li> <li>• MOREOb Plus program</li> <li>• Royal College of Physicians and Surgeons of Canada (RCPSC) Maintenance of Certification (MOC) Accredited Section 1 activity credits (maximum 50 credits per cycle*)</li> </ul>	<ul style="list-style-type: none"> <li>• Other (non-certified) educational conferences, medical rounds, webinars</li> <li>• Other (non-certified) small group activities</li> <li>• AAFP Elective credits</li> <li>• Royal College of Physicians and Surgeons of Canada section 2 credits</li> </ul> <p><b>PROMOTIONAL MEETINGS OR EVENTS ARE NOT ELIGIBLE FOR NON-CERTIFIED CREDITS.</b></p>
<p><b>Self-Learning</b></p>	<ul style="list-style-type: none"> <li>• MAINPRO®+ Certified Self Learning activities bearing the CFPC Certification statement</li> <li>• CFPC Self Learning® program</li> <li>• Canadian Family Physician (CFP) Mainpro+ articles</li> <li>• Online CPD (eg, InfoPOEMs, e-Therapeutics, UpToDate, DynaMed)</li> <li>• Formal clinical traineeship</li> <li>• Formal studies/university degree</li> <li>• AAFP self-learning activities</li> <li>• Linking Learning to Practice</li> <li>• Linking Learning to Teaching</li> <li>• Linking Learning to Research</li> <li>• Linking Learning to Administration</li> </ul>	<ul style="list-style-type: none"> <li>• Developing curriculum for a medical education event or activity</li> <li>• Educational planning</li> <li>• Committee participation</li> <li>• Self-study using enduring materials (podcasts, monographs, audio/videotapes, eLearning modules, etc.)</li> <li>• Journal reading</li> <li>• Teaching activities (clinical or academic)</li> <li>• Preparing for and presenting at conferences, speaking engagements, lectures</li> <li>• Preparing/submitted manuscripts for publication</li> </ul>
<p><b>Assessment</b></p>	<ul style="list-style-type: none"> <li>• MAINPRO®+ Certified Self-Assessment activities bearing the CFPC Certification statement</li> <li>• CFPC Examination of Special Competence in Emergency Medicine—CCFP (EM)</li> <li>• American Board of Family Practice (ABFP) Certification or Recertification Examination</li> <li>• American Board of Emergency Medicine (ABEM) Certification or Recertification Examination</li> <li>• Linking Learning to Assessment</li> <li>• Pearls™</li> <li>• Pearls.ce/Alternative Route to Certification (ARC) Pearls</li> <li>• Examiner for major medical examinations such as the Certification Examination in Family Medicine, the CCFP (EM) examination, or the LMCC</li> <li>• Provincial practice review and enhancement programs</li> <li>• Practice Audits/Quality assurance programs</li> </ul>	<ul style="list-style-type: none"> <li>• Review of learning materials</li> <li>• Family medicine curriculum review</li> <li>• Manuscript review for medical journals</li> <li>• Review of clinical practice guidelines</li> </ul>

CPD = continuing professional development; PAR = physician achievement review; LMCC = Licentiate of the Medical Council of Canada; OSCE = objective structured clinical examination; SOO = simulated office oral

\*Certified credits that exceed the activity maximums will be transferred to the Non-Certified category.

**The CFPC will consider credit requests, via the Request for Individual Consideration form, for any non-Mainpro+ Certified activity that the participant believes to be aligned with certification requirements/guidelines. Such activities may include self-directed learning opportunities and CPD activities held outside of Canada. Please note that the CFPC reserves the right to award Non-Certified credits for activities that do not meet the minimum certification requirements.**

# MAINPRO+ CHANGES SUMMARY

## CYCLE Dates

- Cycle start and end dates: July 1st to June 30th

## CYCLE Requirements

- Five year reporting cycle
- During each 5-year cycle you must earn and report a minimum of 250 credits, at least 125 must be Certified
- Minimum 25 credits earned and reported each year
- Mandatory online credit reporting

## ACTIVITY Categories



### Group Learning

Activities that provide opportunities to learn with others



### Self-Learning

Activities planned and implemented by the individual, outside the context of a group



### Assessment

Activities that stimulate learning through the analysis of data or provision of feedback about an individual's or group's performance

## CREDIT Categories

### CERTIFIED CPD

Activities that have been reviewed and approved by the College as meeting standards for certified CPD

### NON-CERTIFIED CPD

Activities that have not been formally reviewed by the College but that comply with the College's definition of CFD, are non-promotional in nature, and provide valuable professional learning opportunities

## CARRY-OVER credits

In Mainpro+ a total of 40 Certified credits can be carried over to the next cycle. Carry-over credits are only applicable if extra credits are reported beyond the required 125 Certified credits from the last completed cycle.

## LINKING LEARNING exercises

With our expanded Linking Learning program, Mainpro+ participants can now earn certified Credits by completing reflection activities such as Linking Learning to Teaching, Assessment, Research, and Administration.



## Contact us

[www.cfpc.ca/MAINPRO](http://www.cfpc.ca/MAINPRO)

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