CHRONIC PAIN MANAGEMENT FOR THE FAMILY PHYSICIAN
A MAINPRO-C COURSE

DAY 1
Monday OCTOBER 15, 2012
2-4 ADDITIONAL DATES TO BE ARRANGED

Alberta Health Services
Calgary Pain Program
Chronic Pain Centre
#160, 2210 – 2nd Street SW
(Holy Cross Hospital)
Calgary, Alberta

FACULTY

Dr Lori Montgomery MD CCFP
Family Medicine

Dr Geoff Schultz PhD R Psych
Psychologist, Chronic Pain Centre

Dr Chris Spanswick MB ChB FRCA
Anaesthesia
Acting Medical Director, Calgary Pain Program

Martha Butler BHSc (OT)
Occupational Therapist
Rehab Leader, Chronic Pain Centre

Terry Kane BPHE BSc (PT)
Physiotherapist

DISCLOSURE OF POTENTIAL CONFLICTS OF INTEREST
In keeping with accreditation guidelines, speakers participating in this event have been asked to disclose to the audience any involvement with industry or other organizations that may potentially influence the presentation of the educational material. Disclosure may be done verbally or using a slide prior to the speaker’s presentation.

PLANNING COMMITTEE

Dr Lori Montgomery MD CCFP
Dr John Clark MD FRCPC
Dr Geoff Schultz PhD R Psych
Dr Chris Spanswick MB ChB FRCA
Dr Paul Taenzer PhD R Psych
Martha Butler BHSc (OT)
Terry Kane BPHE BSc (PT)
Family physicians are responsible for the majority of the management of chronic pain. Day 1 of this course is designed to provide an overview of key issues in chronic pain management. Days 2 and 3, dates and times to be arranged, will provide a clinical preceptorship that responds to the needs of the individual learner. (Up to two additional days, 4 and 5, can also be scheduled, based upon further learner needs.)

OBJECTIVES

1. To gain sufficient knowledge of the physiological, anatomical and psychological mechanisms of pain to be able to explain it in plain language to patients.
2. To know how to assess the biological, psychological, and socio-economic aspects of pain.
3. To acquire some useful tips for managing patients with chronic pain in a primary care setting, including communication skills, medication management, and basic counselling skills.
4. To become aware of the resources available in the community to support patients with chronic pain.
5. To practice interviewing, physical examination, and treatment skills.

OVERVIEW

DAY 1
0800-1700 (Lunch 1200-1300)
Introduction and review of participants’ pre-course needs assessment

What is chronic pain?
• Brief overview of anatomy and physiology
• Biopsychosocial model
• Differences from acute pain
• Why does acute pain become chronic?

Physical function and pain
• Factors influencing disability

Assessment
• General and disease-specific

Treatment/management options
• Treating pain versus disability
• Medications
• Injections and special procedures
• Psychological interventions
• Rehabilitation strategies

Optional discussion of clinical scenarios: headache, pelvic pain, back pain, and disability

Community resources: access to rehabilitation and psychology services, financial supports, referral information

DAY 2-3 (dates and times to be arranged)
Preceptored clinics:
• Neuromusculoskeletal program
• Headache program
• Pelvic program
• Physiotherapy
• Pharmacy
• Occupational therapy

Case review daily with physician preceptor or clinic psychologist
Note: Up to two additional days, 4 and 5, can also be scheduled, based upon further learner needs.

PROGRAM MAY CHANGE DUE TO CIRCUMSTANCES BEYOND OUR CONTROL
CONFIRMATION OF REGISTRATION
On-line registration confirmation is automatic after registering on-line. A tax receipt will be sent approximately 2 weeks after registering. For all other methods of registration (mail, fax) confirmation will be in the form of a tax receipt. No other confirmation will be sent. Please allow 2 weeks for registration processing.

COURSE CANCELLATION POLICY
The Office of Continuing Medical Education and Professional Development reserves the right to cancel the course if there are insufficient registrations.

FOR FURTHER INFORMATION
About Course Content, Contact
Sylvia M Vespa
Phone (403) 944 2779
Email sylvia.vespa@albertahealthservices.ca

About Registration, Contact
Carmen Kergan
Phone (403) 220 6493
Email ckergan@ucalgary.ca

VISIT OUR WEBSITE
www.cme.ucalgary.ca

Support from the College of Physicians and Surgeons of Alberta is greatly appreciated

VENUE
The first day of the course will be held at various locations within Alberta Health Services. You will be notified by the course organizer as to the exact location. The preceptor day(s) will be at the Chronic Pain Centre – #160, 2210 2nd Street SW, Calgary, AB – unless otherwise indicated in advance by the course coordinator.

PARKING
Parking is available on site at a cost of $27 per day.

ACCREDITATION
The University of Calgary – Office of Continuing Medical Education and Professional Development is fully accredited by the Committee on Accreditation of Canadian Medical Schools (CACMS).

STUDY CREDITS
This course meets the accreditation criteria of the College of Family Physicians of Canada, and has been accredited for up to 25 MAINPRO-C credits. This program has been reviewed and approved/ co-sponsored by Continuing Medical Education and Professional Development, University of Calgary.

REIMBURSEMENT OF REGISTRATION FEES
Physicians may be eligible for reimbursement of registration fees and expenses to attend CME courses from a fund administered by the Alberta Medical Association. For more information regarding this, please call the AMA at (780) 482 2626 or 1 (800) 272 9680.

REFUND POLICY
A registration refund will be made upon written request prior to October 1, 2012. However $40 will be retained for administrative costs. No refund will be made for cancellation after October 1, 2012. NOTE: Refunds are processed only on the return of original receipt. All receipts must be returned within 30 days after program date.
REGISTRATION FEE – $572
NOTE This fee includes all sessions, as required. Includes continental breakfast, lunch and handout material.
NOTE Please advise Course Content Contact of any special dietary restrictions.

FREEDOM OF INFORMATION AND PROTECTION OF PRIVACY ACT
Registration information is collected under the authority of the Freedom of Information and Protection of Privacy Act. The contact information you provide is required by our Office to register you in the course, prepare material for your use and notify you of upcoming courses offered by our Office. Financial information is used to process applicable fees and is retained for future reference. If you have questions about the collection or use of this information, call the Research Associate at the Office of Continuing Medical Education and Professional Development (403) 220 4268.

REGISTRATION INFORMATION
Carmen Kergan
Phone (403) 220 6493
Email cker gan@ucalgary.ca

REGISTRATION ON-LINE
https://cmeregistration.ucalgary.ca

REGISTER BY MAIL
Mail Registration Form with payment to Office of Continuing Medical Education and Professional Development, Faculty of Medicine, University of Calgary, TRW Building, 3280 Hospital Drive NW, Calgary, AB T2N 4Z6
Please make cheque payable to UNIVERSITY OF CALGARY

REGISTER BY FAX
Registration with credit card payment may be faxed to (403) 270 2330

REGISTRATION DEADLINE
October 1, 2012