

Alykhan Abdulla, MD, CCFP, FCFP, DipSportMed, CTH, McPL, CCPE, ICD.D

Dear CFPC colleagues

INTRODUCTION: I humbly present myself as a nominee for the College of Family Physicians of Canada Board. The CFPC is our Family Physician Medical Home for education, research, and advocacy. It is our College that has thrived and led over the last 68 years most notably during this recent pandemic. Our future success involves more than training high quality Family Doctors and promoting the brand of Family Medicine. We need to think about empowering EDI issues, accentuating Joy in Medicine, strengthening quintuple aim within the Patient Medical Home, and directly negotiating investments in team based Primary Care for healthier populations. I am excited to join this skills based board that focuses on bigger strategic goals.

PATH: I would like to start with some background on myself, share my leadership education and experience and finish with what I can offer to you and this incredible organization.

BACKGROUND: I am the eldest son of Ismaili Muslims from Tanzania. I am a first generation immigrant living in the world of BIPOC. My father is a retired architect and my mother is a retired teacher. My brother was a massage therapist, my sisters are occupational therapist and optometrist. I have supported my sisters (and many others) to achieve gender parity in their careers. I went to medical school at University of Calgary and completed my Family Medicine training at the University of Toronto. I work in comprehensive Family Medicine in small town Manotick doing house calls, long term care, palliative care, addictions and sports medicine. I have been fortunate to be awarded the Outstanding Family Physician of Eastern Ontario from the CFPC. I have taught, coached and mentored medical students and family medicine residents over 20 years as Assistant Professor from the University of Ottawa. I have been fortunate to be awarded the Advocate for Students and Residents from the OMA.

EDUCATION: I have speciality designations from the Canadian Academy of Sports and Exercise Medicine, the International Society of Travel Medicine, Canadian Society of Physician Executives, the Institute of Corporate Directors, Leadership training from Schulich Executive Centre at York University, and LEAP from Pallium Canada. I have strong knowledge in finances, governance, strategic thinking, networking, and risk management.

EXPERIENCE: I have earned my experience over 15 years in leadership as Chairman of the Section of General and Family Practice in the OMA, Chair of OMA District 8, President of the Academy of Medicine of Ottawa, Chair of the OMA Audit Committee, Medical Director for The Kingsway Health Centre, Revita Medical Clinics, Canadian Chief Medical Officer for Gymnastrada, Peer Leader at OntarioMD and CPSO, Co-Chair of Connecting Ontario Eastern Ontario, Vice Chair of Champlain LHIN and member of various Not for Profit (NPO) boards including by not limited to Bruyere Foundation, Ottawa Regional Cancer Foundation, Eastern Ontario Regional Lab Association, ESO Ontario Health Team, and Shepherds of Good Hope. I have NOT been involved in any CFPC committees but this is a valuable “outside the box” perspective which will benefit the CFPC.

WHAT DO I BRING? I bring authenticity, passion, ability to listen and act collaboratively, and forward thinking leadership. My authenticity humbly acknowledges my personal struggles with mental health and how this has helped me find joy in work and work/life balance. My passion for family medicine is grounded in consistent full time family medicine practice for 29 years and my history of over 150 written publications and 100 media interviews. My ability to listen and collaborate has been finely tuned through years of successful projects and collaboration. And finally my forward thinking leadership is all about finding opportunities within perceived threats.

ADDITONAL STRENGTHS: I have worked hard to understand the power of social media, to develop interprovincial medical, political and industry networks, empower business and philanthropic knowledge and lean into high level board experiences.

PLEDGE: I offer you my fidelity, my commitment to hard work and my desire to help the CFPC succeed for the future.

Thank you for your VOTE.

Alykhan Abdulla