

It is with great professional pride and humility, that I submit my name to be your representative as a Member-at-large on the CFPC Board of Directors. I am a proud Family Physician with a focused practice in emergency medicine, and have been in practice for over 15-years. I currently live in Ottawa with my wife and 11-year old daughter. I have lived a very privileged life and feel grateful to care and advocate for those less fortunate in our community. Working in the emergency department has allowed me to see the failings of our health care system first hand: lack of primary care; gaps in our system that affect our most vulnerable populations; burnout of colleagues and friends; and an unsustainable administrative burden that detracts from patient care.

As a mid-career practicing physician, I have worked in tertiary and community settings in Ontario. I have experience on national committees working with the CFPC and feel i have the necessary leadership and clinical experience to advocate for your concerns. My experiences have allowed me to gain an understanding of current issues facing primary care across Canada. Furthermore, i have worked collaboratively with CFPC Leadership and other stakeholders to build consensus, and implement change.

As a CAC holder who believes strongly in my identity as a family physician, I aim to bring a different perspective as your representative. I hope the experiences I have outlined demonstrate my abilities as a leader, team player and advocate, and instill confidence in my aptitude to serve you well in this role.

Avik Nath