

# Roop B. Conyers, Hons. BSc, PhD, MD, CCFP, FCFP

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## EDUCATION:

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| 1997-2001 | • <b>Doctor of Medicine (MD)</b><br>University of Toronto, Toronto, Ontario, Canada                                              |
| 1990-1996 | • <b>Doctor of Philosophy (Ph.D.)</b> ( <i>Physiology &amp; Pharmacology</i> )<br>McMaster University, Hamilton, Ontario, Canada |
| 1990      | • <b>Bachelor of Science - Honours (Hons.BSc)</b> ( <i>Biology</i> )<br>McMaster University, Hamilton, Ontario, Canada           |

## *Postgraduate Training:*

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|------------------------|-------------------------------------------------------------------------------------------------|
| Oct. 2006 - Oct. 2007  | • Family Medicine, PGY2<br>McMaster University, Kitchener-Waterloo, Ontario                     |
| Aug. 2002 – Sept. 2006 | • Urology Residency Program, PGY2-PGY5<br>McMaster University, Hamilton Health Sciences         |
| July 2001 – July, 2002 | • General Surgery Residency Program, PGY1-PGY2<br>McMaster University, Hamilton Health Sciences |

## *Postgraduate Training - Examinations/Certifications:*

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|------|---------------------------------------------------------------------------------|
| 2023 | • Fellowship of the College of Family Physicians of Canada                      |
| 2007 | • Medical Council of Canada<br><br>• The College of Family Physicians of Canada |
| 2005 | • Principles of Surgery Examination                                             |

## EXPERIENCE:

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|----------------|----------------------------------------------------------------------------------------------------------------------------------------------------|
| 2007 - present | • Family and Emergency Medicine Physician<br>Annapolis Collaborative Practice and Annapolis Community Health Center<br>Annapolis Royal, NS, Canada |
| 2012 - 2024    | • Postgraduate Site Director, Annapolis Valley Site, Dalhousie University<br>Family Medicine Residency Program                                     |

- 2019 - present • Medical Site Lead, Annapolis Community Health Center, NS, Canada
- 2020 - present • COVID Site Lead, Annapolis Community Health Center, NS, Canada

## TEACHING EXPERIENCE:

- 2007 – present • Assistant Professor, Department of Family Medicine, Dalhousie University
- 2014 – present • Primary Resident Preceptor, Department of Family Medicine, Dalhousie U.
- 2012 - present • Presenter/Lecturer  
Academic Day, Residents' Education Weekend  
Department of Family Medicine, Dalhousie University
- 1998-99 • Lecturer, Sessional Instructor (Anatomy & Physiology)  
Department of Kinesiology, McMaster University
- 1996-97 • Chair-Medical Sciences, Lecturer (*Anatomy, Pathology*)  
Canadian Therapeutic College, Burlington, Ontario
- 1995-96 • Lecturer, Sessional Instructor (*Pharmacology*)  
Northern Clinical Skills Programme, School of Nursing, McMaster Univ.
- 1993-95 • Lecturer, Sessional Instructor (*Pharmacology, Histology and Anatomy*)  
School of Nursing, McMaster University

## AWARDS:

- 2018 • Nova Scotia College of Family Physician (NSCFP)  
Physician of the Year
- 2018 • College of Family Physicians of Canada (CCFP), Dr. Reg L. Perkin Award  
Canada's Family Physician of the Year Award
- 2016 • Annapolis Valley Site, Dalhousie University  
Teacher of the Year Award

## ADMINISTRATIVE / COMMITTEES:

- 2025 (pending) • **Medical Council of Canada**  
Standard Setting Exercise
- 2024 - present • **CFPC – Family Medicine Specialty Committee (FMSC)**

2024	<ul style="list-style-type: none"> <li>• <b>Internal Reviewer - PGME, Dalhousie University, Department of Family Medicine</b></li> </ul>
2023 - present 2023	<ul style="list-style-type: none"> <li>• <b>Education Advisory Board, PGME, Dalhousie University</b></li> <li>• <b>OurCare - Nova Scotia Priorities Panel on Primary Care</b> Panel Expert</li> </ul>
2022 - present	<ul style="list-style-type: none"> <li>• <b>Nova Scotia College of Family Physicians (NSCFP)</b> Board, External Relations Representative</li> </ul>
2022 – 2024	<ul style="list-style-type: none"> <li>• <b>Annapolis Valley Chamber of Commerce</b> Community Physician Representative</li> </ul>
2021 - 2024	<ul style="list-style-type: none"> <li>• <b>International Congress of Academic Medicine (ICAM)</b> <b>Medical Education Committee</b></li> </ul>
2021 - present	<ul style="list-style-type: none"> <li>• <b>Annapolis West Health Foundation</b> Community Physician, Annapolis Community Health Center</li> </ul>
2019 - 2022	<ul style="list-style-type: none"> <li>• <b>Nova Scotia College of Family Physicians (NSCFP)</b> Board, Rural Representative</li> </ul>
2017 - 2022	<ul style="list-style-type: none"> <li>• <b>Section of Teachers (SOT)</b> College of Family Physicians of Canada</li> </ul>
2017 - present	<ul style="list-style-type: none"> <li>• <b>College of Physicians and Surgeons of Nova Scotia (CPSNS)</b> Peer Reviewer</li> </ul>
2014 - 2022	<ul style="list-style-type: none"> <li>• <b>Post-Graduate Education Committee (PGEC)</b> College of Family Physicians of Canada</li> </ul>
2012 - present	<ul style="list-style-type: none"> <li>• <b>Residency Program Committee (RPC)</b> Department of Family Medicine, Dalhousie University</li> </ul>
2012 - 2020	<ul style="list-style-type: none"> <li>• <b>Curriculum Coordinator, Annapolis Valley Site</b> Department of Family Medicine, Dalhousie University</li> </ul>
2012 - present	<ul style="list-style-type: none"> <li>• <b>Selection Committee</b> Department of Family Medicine, Dalhousie University</li> </ul>
2012 - present	<ul style="list-style-type: none"> <li>• <b>Annapolis Community Health Center, CEC/ER Lead</b> Annapolis Valley, NSHA</li> </ul>
2001-2002	<ul style="list-style-type: none"> <li>• Residency Education Committee, General Surgery, McMaster University</li> <li>• Principle of Surgery Executive Committee, General Surgery, McMaster U</li> </ul>
2000	<ul style="list-style-type: none"> <li>• Associate Editor, MCCQE Review Notes University of Toronto</li> </ul>

- 1998-99           • Vice-President Finance (elected)  
University of Toronto Medical Society
- 1996-97           • Curriculum Committee & Academic Misconduct Committee  
Canadian Therapeutic College, Burlington, Ontario
- 1993-96           • Hall Director, Hedden Hall Residence, McMaster University
- 1993-94           • McMaster University Senate  
Faculty of Health Science Graduate Representative
- McMaster University Senate Committee on Appointments
- McMaster University Senate Committee on Student Affairs

## PROFESSIONAL DEVELOPMENT:

- 2017 - 2018       • **Doctors Nova Scotia/Joule-Physician Leadership Institute (PLI)**  
**Physician Leadership Development Program**
- 2014              • Physician Leadership Institute  
Annapolis Valley District Health Authority

## RESEARCH:

### (i) Presentations, Abstracts & Posters:

- **SRPC, Mini Rural and Remote Medicine Conference**, 2024. Podium Presentation  
*Emergency Medicine Papers to Change Your Practice.* J. Murray, **R.B. Conyers**
- **CFPC-Family Medicine Forum**, 2024. Podium Presentation  
*Top 10 Family Medicine Articles to Change Your Practice.* **R.B. Conyers**, J. Murray, D. Field, K. Clory, A. Neumann
- **Patient Medical Home Symposium**, PEI Health and CFPC, 2022. Podium Presentation  
*The Patient Medical Home – Nova Scotia Experience.* **R.B. Conyers**
- **Family Medicine Forum**, 2019. Podium Presentation  
*Establishing a residency site – The future of residency program design.* **R.B. Conyers**, K. Dufour, D. Field
- **Family Medicine Forum**, 2019. Podium Presentation  
*Longitudinal residency curriculum – The future of residency training.* **R.B. Conyers**, K. Dufour
- **Family Medicine Forum**, 2014  
*Dalhousie University Family Medicine residents' perspective – Comparison between longitudinal and rotational based programs.* S. Masalmeh, **R.B. Conyers**

- **Society for Rural Physician of Canada, 2014**  
*The Road to Competency. R.B. Conyers*
- **Family Medicine Forum, 2013**  
*Implementing Triple C Curriculum in a new Dalhousie University Family Medicine Residency Site. R.B. Conyers*
- **Canadian Urological Association, June 2005**  
*Laparoscopic training course for practicing urologists: Impact analysis. R.B. Conyers, A. Hussain, K. Piercey, A. Kapoor*
- *London University Resident Research Day, April 2005*
- *McMaster University General Surgery Resident Research Day, August 2004*
- **Canadian Urological Association, June 2004**  
*An innovative and simple method for the placement of chronic peritoneal dialysis catheters in children. R.B. Conyers, B. Steele, J. DeMaria*
- **McMaster University Residence Leadership Training Programme, 1995-96**
- **XIIth International Congress of Pharmacology, July 1994**  
 *$\beta$ -adrenoceptors in the spontaneously hypertensive rats. R.B. Conyers, E.S. Werstiuk, R.M.K.W. Lee*
- **XIIth International Congress of Pharmacology, July 1994**  
*Calcium responses to angiotensin II and norepinephrine in smooth muscle cells from SHR and WKY rats. E.S. Werstiuk, R.B. Conyers, R.M.K.W. Lee*
- **Canadian Federation of Biological Societies, June 1993**  
*Alterations of  $\beta$ -adrenoceptors in cultured aortic smooth muscle cells from different age-groups of spontaneously hypertensive rats. R.B. Conyers, R.M.K.W. Lee and C.Y. Kwan*
- **Canadian Hypertension Society, Ontario Chapter, 1993**  
*Alterations in  $\beta$ -adrenoceptors and polyploidy in cultured aortic smooth muscles cells from different age groups of SHR and Wistar-Kyoto rats*
- **Canadian Hypertension Society, Ontario Chapter, 1992**  
*Incidence of multinucleated and polyploidy in SMC cultured from different age groups of SHR rats*

**(ii) Doctoral Thesis:**

- 1990-1996      • *Graduate Studies (Ph.D.), Dept. of Anaesthesia, McMaster University*  
Thesis:  $\beta$ -adrenoceptors, cAMP and Polyploidy in SHR and WKY rats

**(iii) Publications:**

**Conyers, R.B.,** Werstiuk, E.S., Lee, R.M.K.W. Expression of functional  $\beta$ -adrenoceptors and polyploidy development in cultured vascular smooth muscle cells from spontaneously hypertensive rats. *Can. J. Physiol. Pharmacol.* 75(5):375-82, 1997.

**Conyers, R.B.,** Kwan, C.Y., Lee, R.M.K.W. Alterations in  $\beta$ -adrenoceptors and polyploidy in cultured aortic smooth muscles cells from different age groups of spontaneously hypertensive rats and Wistar-Kyoto rats. *Journal of Hypertension.* 13(5):507-515, 1995.

Lee, R.M.K.W., Conyers, R.B., Kwan, C.Y. Incidence of multinucleated and polyploid aortic smooth muscle cells cultured from different age groups of spontaneously hypertensive rats. *Can. J. Physiol. Pharmacol.* 70(11):1496-1501, 1992.

#### **MEMBERSHIPS / ASSOCIATIONS / CERTIFICATION:**

- Fellowship College of Family Physicians of Canada (FCFP)
- College of Family Physicians of Canada (CFPC)
- The College of Physician and Surgeons of Nova Scotia (CPSNS)
- Canadian Medical Association (CMA)
- Doctors Nova Scotia (DNS)
- Society of Rural Physicians of Canada (SRPC)
- Canadian Medical Protective Association (CMPA)
- Advanced Cardiac Life Support (ACLS)
- Advanced Trauma Life Support (ATLS)
- Nova Scotia Rural Trauma Team Development Course (RTTDC)
- Pediatric Advance Life Support

#### **COMMUNITY ENGAGEMENT:**

- Board Member, Annapolis West Health Foundation
- Volunteer, Annual Paint the Town Weekend, Annapolis Region Community Arts Council
- Volunteer, Annual Bridgetown River Festival, Clean Annapolis River Project
- Volunteer and Instructor, Annapolis Valley Karate Club
- Volunteer/Organizer, Annapolis Valley Climbing Club