Helen L Cuddihy

CITIZENSHIP: Canadian

LANGUAGES: English, French, and Spanish

EMPLOYEMENT:

2006-present Lead Physician Saint Thomas Community Health Center, Edmonton AB

2012-present Senior Medical Advisor, Physician Health Monitoring, College of Physician and

Surgeon of Alberta

2012-2014 Senior Medical Advisor, Competency and Clinical Assessment, CPSA

2013-present Director, President of Saint Thomas Medical Group NPO

2021- AMACC board member

2014-2021 June Board member, Southside PCN 2020-2021 June Vice Chair, Southside PCN

2008-present National (2008) and Provincial (2010) Continuous professional development

program reviewer, CFPC, ACFP

EDUCATION:

2021 CanReach Patient Centered Mental Health Pediatric Primary Care mini

Fellowship Program

2014-present AMA board education series , Joules Leadership series , ICD courses

2011- Fellowship of the Canadian College of Family Physicians

2002-2005 PhD Candidate, «Assessment of Clinical Competence in Medical Trainees »

Department of Epidemiology and Preventive Medicine, Centre for Medical and Health Sciences Education

Monash University, Australia

2001- 2004 Research Fellow

Department of Epidemiology and Preventive Medicine, Monash University,

Melbourne, Australia

2001. Fellow Royal Australian College of General Practice, Ad Eund Gradum

2000. Canadian College of Family Physicians Certification,

Dalhousie University, Nova Scotia, Canada

2000. ATLS (Advanced Trauma Life Support)

2001. Intensive Short-Term Dynamic Psychotherapy

Seminars and group supervision, Dr Allan Abbass, RCPSC

Dalhousie University, Nova Scotia, Canada

1998. Medicinae Doctor, Université de Sherbrooke, Quebec, Canada

1999. Licentiate Medical Council of Canada

ALSO (Advanced Life Support in Obstetrics) ACLS (Advanced Cardiac Life Support)

1996 Unité de recherche et de développement en éducation médicale

Seminars preparing health professionals to teach health sciences

Université de Sherbrooke, Quebec, Canada

1992 Collegiate Diploma in health sciences

Collège André-Grasset, Quebec, Canada

HONORS AND AWARDS:

2001 Monash International Scholarship

Department of Epidemiology and Preventive Medicine

Monash University, Australia

2000. Resident Leadership Award

Canadian College of family Physicians

1996 Whitehall Robbins Medical Student Leadership Award

Université de Sherbrooke, Quebec, Canada

1992 Academic French Award.

Collège André-Grasset, Quebec, Canada

CLINICAL EXPERIENCE:

2019- Assistant Clinical professor

Department of family medicine, University of Alberta

2007-2018 Clinical Lecturer

Departement of Family medicine, University of Alberta,

November 2006- Centre de Sante Communautaire Saint-Thomas Community Health Centre

Family medicine office

October 2006- Lead Physician Saint-Thomas ARP

July 2005-2006 Clinical Lecturer,

Department of General Practice, Sydney University,

Sydney, Australia

July 2005-2006 University Health Services, Sydney University, Australia

Family Medicine private office

2001- June 2005 Parkville Medical Centre, Melbourne, Australia

Family Medicine private office (Shared care Obstetric, Women's Health, Travel

Medicine and Mental Health)

2001. Medicentre (walk-in family medicine and minor emergency)

Edmonton, Alberta, Canada

2000-2001 Clinical instructor

Faculty of Pharmacy, University of Alberta, Edmonton, Alberta

2000-2001 Medical Staff, Misericordia Hospital, Edmonton, Alberta, Canada:

Family Medicine private office Family Medicine admitting priviledges

Emergency Room priviledges

Courtesy priviledges: Capital Health, home care services

2000-2001 Family Medicine Hospital Care Team Physician, University of Alberta Hospital,

Edmonton, Alberta, Canada

2000. Family Medicine Residency, Dalhousie University, Nova Scotia, Canada

Queen Elizabeth Hospital,

Grace Maternity and child care Hospital, Halifax, Nova Scotia (12months)

• St-John Regional Hospital, St John, New Brunswick (6 months)

• Kings County Hospital, Montague, Prince Edward Island (3 months

rural family medicine)

International health elective (community medicine and epidemiology)

San Jose de Ocoa, Dominican Republic (2 months)

PUBLICATIONS:

1993

1. Cuddihy, H. Residents' page. Canadian Family Physician 1999 Sept; 45: 2149.

- 2. Cuddihy, H. Residents' page editorial. Canadian Family Physician 1999 Oct; 45: 2423.
- 3. Cuddihy, H. Residents' page editorial. Canadian Family Physician 1999 Nov; 45: 2707.
- 4. Cuddihy, H. Residents' page editorial. Canadian Family Physician 1999 Dec; 45: 2935.
- 5. Cuddihy, H. Residents' page: Welcome to the new millenium. Canadian Family Physician 2000 Jan; 46: 150.
- 6. Cuddihy, H. Residents' page: Making choices. Canadian family Physician 2000 Feb; 46:395.
- 7. Cuddihy, H. Residents' page: Taking examinations. Canadian Family Physician 2000 Mar; 46:668.
- 8. Cuddihy, H. Residents' page editorial. Canadian Family Physician 2000 Apr;46:899.
- 9. Cuddihy, H. Residents' page editorial. Canadian Family Physician 2000 May;46:1133.
- 10. Cuddihy, H. Residents' page: Farewell. Canadian Family Physician 2000 Jun; 46:1332.
- 11. Hamdy, H., Prasad, K., Anderson, B., Scherpbier, A., Williams, R., Zwierstra, R., Cuddihy, H. "BEME systematic review: Predictive value of measurements obtained in medical schools and future performance in medical practice" Medical Teacher 2006 Mar;28(2):103-16.
- 12. Dent AW, Crotty B, Cuddihy HL, Duns GC, Benjamin J, Jordon CA, Satchell JF, Farish S, Weiland TJ, Jolly BC., "Learning Opportunities for Australian Prevocational Hospital Doctors: Exposure, Perceived Quality and Desired Methods of Learning". Med J Aust. 2006 May 1;184(9):436-40.
- 13. Duns G, Weiland T, Crotty B, Jolly B, Cuddiny H, Dent A. "Self-rated preparedness of Australian prevocational hospital doctors for emergencies". Emerg Med Australas. 2008 Apr;20(2):144-8.

ABSTRACTS/INVITED PRESENTATIONS:

2012-2014 Training the trainer, motivational interviewing (for IMG assessors)

CPSA

2008 Recrutement and rétention

panelist

Societe Sante en Français annual meeting, Edmonton, Alberta

February 2003 «InTraining Assessment »

« Portfolio Assessment»

« When Students Go Off the Rails »

University of Tasmania Medical School, Hobart, Tasmania, Australia

February 2003 « Professionalism in Medicine »

University of Tasmania Medical School, Launceston, Tasmania, Australia

October 2000 Effective Residency Training Workshop (panelist)

National Family Medicine Forum, Ottawa, Ontario, Canada

August 2000 Involving Residents in Recruitement and Retention for Rural Communities

World Rural Health Conference, Calgary, Alberta, Canada.

March 2000 A Canadian approach to Well Being: Students and Residents working

together(workshop)

International Conference on Physician Health, Seabrook Island, South

Carolina, U.S.A.

December 1995 Evaluation of interdisciplinary teaching in Problem Based Learning during the

2nd year of the medical curriculum at the Université de Sherbrooke.

Club de pédagogie du Québec, Knowlton, Québec.

April 1995 International health electives: a pedagogical success, fact or

fantasy?

Annual meeting, North Eastern Group, Ottawa, Ontario.

February 1995 Outcomes of International Health Electives in Medical Trainees.

Bi-annual meeting of the NETWORK, Madras, India.

PROFESSIONAL AFFILIATIONS:

2005- 2006 Medical Board of New south Wales

2001- Royal Australian College of General Practice

Medical Board of Victoria, Australia

2000-2001

2006-present College of Physicians and Surgeons of Alberta,

Alberta College of Family Physicians

1998- College of Family Physician of Canada,

Canadian Medical Association

1998-2000 Medical Society Prince Edward Island

Medical Society Nova Scotia Medical Society New Brunswick

College of Physicians and Surgeons of Nova Scotia and New Brunswick

1994-1998 Student member of the American Psychiatric Association

1992-1998 Corporation professionnelle des médecins du Québec

Association des médecins de langue française du Canada

MEMBERSHIPS AND COMMITEES:

2021- ACFP- CPD committee board member

2015-2016 PLP Steering committee member, University of Alberta

2008- College of Family Physicians of Canada

National Mainpro programs accreditor (CPD) Alberta Chapter College Family Physician of Canada Provincial Mainpro programs accreditor (CPD) 2010

2005-2006 Royal Australian College of General Practice

Membership Committee Fellowship Committee

2004-2006 Royal Australian College of General Practice

Quality of Care Network : Immunisation and Women's Health

International Medical Graduates Working Group

Women in General Practice Committee

Curriculum Review working group

2003-2005 Reviewer: Medical Education Journal

2001-2004 Monash University

Interviewer, Medical School Admissions

Examiner, Medical School clinical exams (OSCE)

2000. 2001 Canadian Medical Association

Well being working group

College of Family Physicians of Canada

Key Features for the Certification exam working group

1999-2000 Canadian Association of Interns and Residents

Member at large (executive committee) Chair of the Well being committee

1998-2000 Professional Association of Residents and Interns (PARI-MP)

Member at large (executive committee)

Member of the Medical Society board of P.E.I.

Member of the Postgraduate committee Chair of the Well being committee

College of Family Physicians of Canada Chair of the Section of Residents

Canadian Family Physician Journal

Member of the Editorial Advisory Board

2000. Dalhousie Family Medicine Department

Member of the **Postgraduate committee**

Member of the Curriculum planning committee

Member of the Selection committee

Member of the Conflict resolution committee

1995-1997 Medical Council of Quebec; medical student representative

1996. Faculty of Medicine, Université de Sherbrooke

Voting Member: Faculty Council, Undergraduate evaluation Committee,

Accreditation Committee

Medical students council of the Université de Sherbrooke President 95-96 and vice-president of academic affairs 92-94

References on request.