

# **Key Messages From the Fall 2020 Section of Residents Council Meeting**

## Welcome to the new/incoming Section of Resident executive members:

Meet your 2020–2021 <u>Section of Residents (SoR) representatives</u>! Elections were held for resident positions on various CFPC committees and for four executive-elect positions on the SoR Council. Please welcome:

- Dr. Yipeng Ge (R1), University of Ottawa: Chair-elect
- Dr. Ateeya Vawda (R1), Western University: Vice Chair-elect
- Dr. Jian Feng Sun (R1), University of Montreal: Executive Lead External-elect
- Dr. Adam Neufeld (R1), University of Calgary: Executive Lead Internal–elect

### **Current SoR executives:**

- Dr. Bilal Akil (R2), Western University: Chair
- Dr. Aimée Bouka (R2), University of Calgary: Vice Chair
- Dr. John Schulte (R2), University of Saskatchewan: Executive Lead External
- Dr. Joyce Ching (R2), University of British Columbia: Executive Lead Internal

## Update on Guide for Improvement of Family Medicine Training (GIFT) Tools

The 2019 GIFT Tool on chronic (non-cancer/non-palliative) pain management with patients already on opioid therapy has been released. The package consists of a <a href="mailto:one-pager">one-pager</a> and <a href="mailto:lanyard card">lanyard card</a>.

The 2020 GIFT survey on climate change education in family medicine residency is being finalized and the survey will be issued to all residents and program directors shortly. Once the survey has been completed the 2020 GIFT working group will review the data and start working on its full guide and one pager.

The medical use of cannabis has been selected as the 2021 GIFT topic. Working group members will conduct an environmental scan and develop a survey that will be sent to residents and program directors in the late spring/summer of next year to help narrow the focus of this project. A one-pager outlining recommendations for curriculum improvements will be developed and disseminated widely.

Be sure to check out our library of previous GIFT one-pagers.

### **Open forum**

Members were asked to identify key educational issues and other timely topics facing residents at this time. The following items were raised:

• Implications of COVID-19 for family medicine residency training in Canada and the certification exam

COVID-19 has clearly had an impact on how family medicine residency training is delivered across the country. The COVID-19 pandemic also forced significant changes in the delivery of the Certification Examination in Family Medicine. The CFPC's priorities continue to be ensuring everyone's safety, fairness to candidates, validity of the examination instrument, and feasibility of the administration of the exam. The SoR will be working closely with CFPC leaders to represent resident voices across the country as developments affecting resident safety, experiences, and training outcomes continue to evolve.



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SECTION OF RESIDENTS - SECTION DES RÉSIDENTS

#### • Racism in medicine

The importance of supporting our peers and patients from racialized communities was raised by residents. Leaders at the CFPC are also having discussions about this topic. A webinar entitled "Courageous Conversations: Shining a light on racism in medical education" was hosted in July with our very own SoR Vice Chair Dr. Aimée-Angélique Bouka as one of the presenters, and it has been viewed more than 1,800 times. The CFPC has also just released the CanMEDS—Family Medicine Indigenous Health Supplement. This important new resource, which the CFPC's Indigenous Health Committee developed, complements CanMEDS—Family Medicine 2017 and aims to improve health outcomes for Indigenous people by supporting health care providers' commitment to lifelong learning which includes gaining knowdelge in the provision of culturally safe care. The supplement is available in English and French. Additional work is being done in this area:

- An <u>Emerging Topics Bulletin for Educators</u> with resources for teachers is being developed for release in 2021.
- Anti-racism was one of the discussion topics at this year's Knowledge Café at FMF.
- Expansion of the webinar into a Courageous Conversations series that moves beyond teaching and into practice is being considered.

#### Virtual care

Since much health care is now being delivered virtually, the importance of how to provide virtual care in multiple settings was raised. The CFPC has developed a resource for <u>teachers supervising</u> <u>learners in providing virtual care</u> and another called <u>Pearls for Writing a Virtual Care Field Note</u>, and discussions continue on how to support learners in virtual care settings.

## The new Practice Management Prep tool

When family physicians transition from residency to independent practice, the business side of practice, or practice management, is an area in which new family doctors want more training in residency programs across the country. The CFPC and partner organizations have responded to this need with the launch of Practice Management Prep (PM Prep), an online tool for residents that includes self-reflection exercises, learning plans, and a repository of practice management resources. The SoR Council members have been asked to promote the PM Prep tool among their faculty, program directors, and fellow residents. A subcommittee of R1s from the SoR Council was constituted to serve as ambassadors and help champion the tool.

## **Virtual Family Medicine Forum 2020**

This year's Family Medicine Forum (FMF), featuring new and emerging topics in family medicine, was held virtually from November 4 to 7, 2020, and included interactive breakout sessions for participants and various networking opportunities. FMF 2020 saw the third edition of the Student and Resident Lounge, and students and residents were encouraged to visit the virtual booth to ask questions and find out how to obtain various educational resources, including our excellent collection of GIFT documents.

## Joyce Ching, CFPC SoR Council, Executive Lead Internal

Questions or concerns should be directed to your SoR Council representatives, whose names can be found on the <u>SoR web page</u>.