



## Mainpro+® CPD Report 2019–2020

How are your peers earning continuing professional development (CPD) credits? We've analyzed Mainpro+data to report the most popular types of activities, uptake of College of Family Physicians of Canada (CFPC) programs, and more to provide a snapshot of what Mainpro+ participants are doing across the

country. The data refer to the period of July 1, 2019, through June 30, 2020, unless otherwise stated. **Note:** Due to the COVID-19 pandemic, annual CPD credit requirements were waived for the 2019–2020 cycle year. All cycles were extended for one year. Therefore, no cycles ended on June 30, 2020.

Total number of Mainpro+ participants reporting credits: **40,575** 

Total number of participants in the 2015–2021 cycle cohort: **6,409** 



Total number of credits submitted between July 1, 2019, and June 30, 2020: **1,460,479**. This is an average of 36 credits (certified and non-certified) per member.

# **Top five Mainpro+** activities based on the number of credits claimed:

**1.** CFPC Certified Group Learning Mainpro+ Activities: **376,166** 

2. UpToDate: 219,248

3. Journal reading: 98,031

4. Teaching/presenting: 88,704

5. Foundation for Medical Practice Education: 82,031

# Five most popular Mainpro+ activities based on the number of submissions:

**1.** CFPC Certified Group Learning Mainpro+ Activities: **62,095** 

**2.** Canadian Family Physician (CFP) Mainpro+articles: **15.779** 

**3.** Self Learning Program SLP: **14,587** 

**4.** Journal reading: **14,517** 

**5.** Non-certified Group Learning Activities: **11,375** 





FMF 2016 Vancouver **3,920**  FMF 2017 Montreal **4,138**  FMF 2018 Toronto **4,931**  FMF 2019 Vancouver **3,560** 

#### **Top three certified Mainpro+ activities**

Activity	Number of Submissions	Program Link
CFPC Live Clinical Webinar Series	7,712	https://cfpc.ca/clinicalwebinars
Family Medicine Forum (FMF) 2019	1,962	https://fmf.cfpc.ca
CFPC Contemporary Topics in Early Antenatal Care: A practical course for providers (e-learning)	1,893	https://maternityelearning.cfpc.ca

### **Number of Linking Learning submissions by category**



#### **COVID-19 CPD**

The CFPC's **COVID-19 Pivot webinars** had 11,000 live viewers, and more than 7,300 claimed certified Mainpro+ credits. The recordings, which are eligible for non-certified CPD credits, have been viewed over 57,000 times.

The CFPC certified **62 programs about COVID-19** by June 30, 2020.

In response to member feedback, a **COVID-19 Learning on the Go** activity was launched in July 2020. It is located under certified Self Learning activities on the Mainpro+ portal. The exercise is eligible for two certified Mainpro+ credits.



#### Did you know...

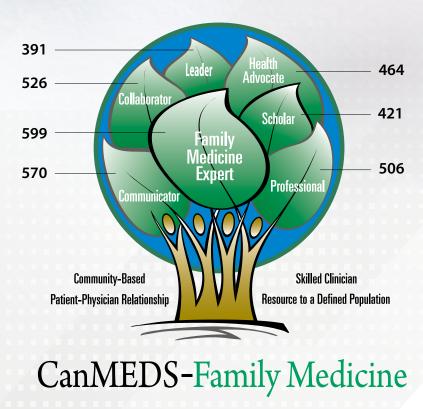
- Results of the 2019 membership survey show that Mainpro+ tracking has been cited as the top benefit of membership in 2015, 2017, and 2019.
- Understanding of Mainpro+ credit requirements continues to increase: 70 per cent in 2019, up from 67 per cent in 2018 and 56 per cent in 2017.

The College certified 1,664 CPD programs by the CFPC National office, provincial Chapters, and CACME accredited university CPD offices (Committee on Accreditation of Continuing Medical Education).

#### **Certified programs by credit per hour**

	One Credit Per Hour	Two Credits Per Hour	Three Credits Per Hour	Total
CFPC National Office	175	64	53	292
Provincial Chapters	431	Not Applicable	Not Applicable	431
CACME-accredited University CPD Offices	927	10	4	941
Grand totals	1,533	74	57	1,664

#### Mainpro+ certified programs according to the CanMEDS-FM Roles they address\*

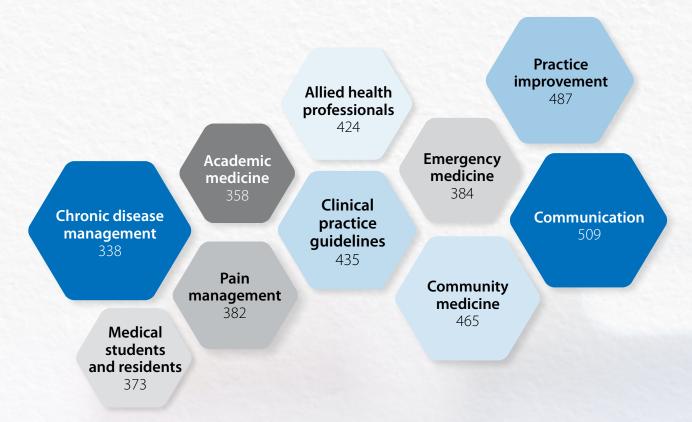


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Image adapted from the CanMEDS Physician Competency Diagram with permission from the Royal College of Physicians and Surgeons of Canada.

<sup>\*</sup>Some programs cover multiple CanMEDS-FM Roles.

#### Mainpro+ certified programs according to the top 10 keywords they address\*



<sup>\*</sup>Some programs cover multiple keywords.

Mainpro+ participants must complete 250 credits in a five-year cycle, out of which 125 must be certified credits. The annual cycle credit requirement is 25 credits, certified or non-certified.

### Mainpro+ activity submissions by category



**Group Learning: 87,151**Activites that provide an opportunity to learn with others



## Self-Learning: 106,611

Activities planned and implemented by the individual, outside the context of a group



#### Assessment: 6,348

Activities that stimulate learning and practice or performance improvement through the analysis of data and the provision or receipt of feedback about an individual, group, or materials.