How are your peers earning continuing professional development (CPD) credits? We’ve analyzed Mainpro+ data to report the most popular types of activities, uptake of College of Family Physicians of Canada (CFPC) programs, and more to provide a snapshot of what Mainpro+ participants are doing across the country. The data refer to the period of July 1, 2019, through June 30, 2020, unless otherwise stated. **Note:** Due to the COVID-19 pandemic, annual CPD credit requirements were waived for the 2019–2020 cycle year. All cycles were extended for one year. Therefore, no cycles ended on June 30, 2020.

**Top five Mainpro+ activities based on the number of credits claimed:**
1. CFPC Certified Group Learning Mainpro+ Activities: 376,166
2. UpToDate: 219,248
3. Journal reading: 98,031
4. Teaching/presenting: 88,704
5. Foundation for Medical Practice Education: 82,031

**Five most popular Mainpro+ activities based on the number of submissions:**
1. CFPC Certified Group Learning Mainpro+ Activities: 62,095
2. Canadian Family Physician (CFP) Mainpro+ articles: 15,779
3. Self Learning Program SLP: 14,587
4. Journal reading: 14,517
5. Non-certified Group Learning Activities: 11,375

Total number of Mainpro+ participants reporting credits: **40,575**

Total number of participants in the 2015–2021 cycle cohort: **6,409**

Total number of credits submitted between July 1, 2019, and June 30, 2020: **1,460,479**. This is an average of 36 credits (certified and non-certified) per member.
The CFPC's COVID-19 Pivot webinars had 11,000 live viewers, and more than 7,300 claimed certified Mainpro+ credits. The recordings, which are eligible for non-certified CPD credits, have been viewed over 57,000 times.


In response to member feedback, a COVID-19 Learning on the Go activity was launched in July 2020. It is located under certified Self Learning activities on the Mainpro+ portal. The exercise is eligible for two certified Mainpro+ credits.

Did you know...

- Results of the 2019 membership survey show that Mainpro+ tracking has been cited as the top benefit of membership in 2015, 2017, and 2019.
- Understanding of Mainpro+ credit requirements continues to increase: 70 per cent in 2019, up from 67 per cent in 2018 and 56 per cent in 2017.
The College certified 1,664 CPD programs by the CFPC National office, provincial Chapters, and CACME accredited university CPD offices (Committee on Accreditation of Continuing Medical Education).

### Certified programs by credit per hour

<table>
<thead>
<tr>
<th></th>
<th>One Credit Per Hour</th>
<th>Two Credits Per Hour</th>
<th>Three Credits Per Hour</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>CFPC National Office</td>
<td>175</td>
<td>64</td>
<td>53</td>
<td>292</td>
</tr>
<tr>
<td>Provincial Chapters</td>
<td>431</td>
<td>Not Applicable</td>
<td>Not Applicable</td>
<td>431</td>
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<tr>
<td>CACME-accredited</td>
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<tr>
<td>University CPD Offices</td>
<td>927</td>
<td>10</td>
<td>4</td>
<td>941</td>
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<td>Grand totals</td>
<td>1,533</td>
<td>74</td>
<td>57</td>
<td>1,664</td>
</tr>
</tbody>
</table>

*Some programs cover multiple CanMEDS-FM Roles.*

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**Mainpro+ certified programs** according to the CanMEDS-FM Roles they address*

Image adapted from the CanMEDS Physician Competency Diagram with permission from the Royal College of Physicians and Surgeons of Canada.

*Some programs cover multiple CanMEDS-FM Roles.*
Mainpro+ participants must complete 250 credits in a five-year cycle, out of which 125 must be certified credits. The annual cycle credit requirement is 25 credits, certified or non-certified.

**Mainpro+ certified programs according to the top 10 keywords they address***

- **Chronic disease management** 338
- **Academic medicine** 358
- **Pain management** 382
- **Medical students and residents** 373
- **Allied health professionals** 424
- **Emergency medicine** 384
- **Clinical practice guidelines** 435
- **Practice improvement** 487
- **Communication** 509
- **Community medicine** 465
- **Practice improvement** 487

*Some programs cover multiple keywords.*

**Mainpro+ activity submissions by category**

**Group Learning: 87,151**
Activities that provide an opportunity to learn with others

**Self-Learning: 106,611**
Activities planned and implemented by the individual, outside the context of a group

**Assessment: 6,348**
Activities that stimulate learning and practice or performance improvement through the analysis of data and the provision or receipt of feedback about an individual, group, or materials.