

Meenakshi Natarajan, B.Sc. (Hons), M.Sc., MD, CCFP

EXAMS

- 2019** ACLS, PALS, BLS certificate
- 2012** Certificat of the College of Family Physicians
- 2011** Licentiate of the Medical Council of Canada (LMCC I and II)

APPOINTMENTS

- 2021 – Present** Lecturer, Department of Family and Community Medicine, Temerty Faculty of Medicine, University of Toronto
- 2017 – 2023** Assistant Professor (Clinical), Department of Family Medicine at Dalhousie and Memorial University
- 2012 - Current** Medical Staff, Family Medicine – Horizon Health, Saint John New Brunswick

EDUCATION

- 2015** One Year Foundation Course in Occupational Medicine (jointly offered by Dalhousie and University of Alberta)
- 2012** Family Medicine Residency Program Dalhousie University School of Medicine
- 2010** Doctor of Medicine Dalhousie University School of Medicine
- 2003** ICT Schools Teacher Education Modules (350hr theory and teaching practicum)
- 1998** Master of Science, Physiology and Biophysics, Dalhousie University, Halifax, NS
- 1993** Bachelor of Science Hons (Biology), St. Francis Xavier University Antigonish, NS
- 1989** High School Diploma, First Class Honors, Dr. JHGillis Regional School, Antigonish, NS

SCHOLARSHIPS AND AWARDS

- 2006-2008** Dr JJ Carroll \$4,500 Entrance Scholarship Dalhousie Medical School
- 2008** Norah Stephens Oncology Scholar Award
- 2007** Gosse Scholarship for Medical Humanities, Faculty of Medicine, Dalhousie U.
- 1989** MED I “Rock Solid” award
- 1989** Canada Scholarship \$2,000 Entrance Scholarship
 - Jack R Longstaffe \$5,000 Entrance Scholarship at Dalhousie University
 - Harris-Chase Memorial \$5,000 Entrance Scholarship, University of King’s College

WORK EXPERIENCE

- 2022 – present** **Locum Hospitalist - Weenebayko Health Authority, Moose Factory, Ontario**
- 2022 – present** **Locum Hospitalist - Meno-Ya Win Health Center, Sioux Lookout First Nations Health Authority, Ontario**
- 2022 – present** **Locum Physician, OR assist, Grey Bruce Health Authority Owen Sound, Ontario**
- 2020 – present** **Family/Walk-in Physician – Onyx Urgent Care, Kitchener**
- 2020-2022** **Family/Walk-in Physician - Village Square Medical, Mississauga**
- 2012-2020** **Family Physician - Charlotte County, NB**
 - Solo general practice in St. George, NB
 - Weekly shifts at Fundy Health Center Urgent Care
 - Daily Hospitalist and Inpatient care at Charlotte County Hospital
 - Committee Member CPSNB Complaints and Registration Committee
 - Preceptor for Nursing Students (NB Community College)
 - Surgical Assist Saint John Regional Hospital
 - Faculty Appointment, Assistant Professor, Dalhousie university and Memorial University, Department of Family Medicine
- 2004 - 2006** **Research Team Member**
 - Initiated and published research with St. Mary's University Business and Psychology Departments on massage therapy for stress management
- 2003 - 2009** **Private Tutor - Dalhousie University Post-Secondary Support Services/ Rehabilitation Programs and Services (NS Department of Education)**
 For students in Nursing, Sociology, Political Science, History, Theater, Microbiology, Anatomy and Physiology
- 2003 - 2006** **Faculty/School Director – ICT Northumberland College Massage Therapy Diploma Programme**
 Directing all activities, academic, financial, and administrative including:
 - Articulation agreements between ICTNorthumberland College and Atlantic Canadian Universities
 - developing "Health and Wellness" initiatives with community groups
 - Assisting students with securing Field Placement opportunities and career counseling.
 - Organizing Community Outreach Clinics and Special Events
 - Working with College Registrar, Provincial Government Associations
 - Prepared lectures for human anatomy, physiology and pathology and learning strategies for students of varying academic backgrounds
- 1998 - 2003** **Faculty - ICT Northumberland College Massage Therapy**
 Prepared lectures for human anatomy, physiology and pathology and learning strategies for students of varying academic backgrounds.

Developed long-term community outreach clinics for Parkinson's Support Group, Multiple Sclerosis Group, Migraine Association and Nursing Homes

1997 - 1998 Anatomy/Physiology Instructor - Caerwyn College of Natural Health

Designing, writing, and delivering curriculum (Human Anatomy, Physiology and Pathology) for a Natural Health School, focusing on challenges posed for adult learners.

1993 - 1997 Physiology and Biophysics Teaching Assistant - Dalhousie University Faculty of Medicine

Laboratory and tutorial leader for students in Nursing, Medicine, Kinesiology, Physiotherapy and Occupational Therapy

VOLUNTEER AND COMMUNITY EXPERIENCE

2020 – Present Member Relations, Advocacy and Communications Committee, Ontario Medical Association

2017 Guest Lecturer – Fundy High School Human Sciences Course

2015 - 2020 NB College of Physicians and Surgeons - Complaints and Registration Committee

2015 - 2019 Community Anti-Poverty/Healthy Lifestyle Initiatives

- Food Buying Club brought to local community to support low cost access to fresh produce
- Initiated a community garden project with partnerships developed between St. George Town Council and Fundy high school

2015 - 2019 Teddy Bear Clinic – St. George, NB

Yearly clinics for 100+ children in my office with allied health invited to participate (Early Childhood Education, Paramedicine, Therapy Dog program)

2001 - 2004 Chair, Chebucto Community Orchestra

Management 50-piece Orchestra, overseeing finances, concert planning, hiring performers, composers, conductors, stage management and repertoire selection. I was involved in several community liaison initiatives - joint projects with the Halifax City Schools Orchestra and local composers.

ACADEMIC REVIEWS

Lippincott Williams & Wilkins (2002)

Served as peer reviewer of the textbook Pathophysiology: Concepts of altered health states, 6th Edition by Carol Mattson Porth

MEDICINE RESEARCH EXPERIENCE

Effect of Music Therapy on Neonatal Intensive Care (NICU) Nurses Department of Pediatrics, IWK Health Centre, Dalhousie Medical School Halifax, Nova Scotia, Canada

Youth facing end-of-life: Listening and Learning Department of Pediatrics, IWK Health Centre, Dalhousie Medical School Halifax, Nova Scotia, Canada

PUBLICATIONS AND ABSTRACTS IN PEER REVIEWED JOURNALS

1. Day AL, Gillan L, Francis L, Kelloway EK, and **Natarajan M.** (2009) Massage therapy in the workplace: reducing employee strain and blood pressure. *G Ital Med Lav Ergon.* Jul-Sep;31(3 Suppl B):B25-30.
2. **Natarajan, M.,** Wilkinson, M. (1997) Recovery of Hypothalamic NMDA-induced *c-fos* expression following neonatal glutamate (MSG) lesions. *Dev. Brain Res.*192:97 – 104.
3. Smyth, C., **Natarajan, M.,** Wilkinson, M. (1997) Neonatal hypothalamic *c-fos* expression in an excitotoxicity-induced model of precocious puberty. *Dev Brain. Res.* 104: 153 – 162.
4. Wilkinson, M., **Natarajan, M.,** (1996) Hypothalamic Receptor Regulation in the Neural Control of Puberty. Focus on Glutamate. In: *Receptor Dynamics in Neural Development*, C.A. Shaw, (ed). CRC press, pp159 – 175.

PAPER PRESENTATIONS

1. Bloom, S., D'Alessandro, P., Frager, G., **Natarajan, M.** Ed's Story – the Dragon Chronicles. Theatre as a Teaching Tool. Presented at International Conference for the Society for the Arts in Health Care. San Francisco, California April 13, 2011
2. **Natarajan, M.,** Frager, G. Youth At End of Life. Ed's Story – the Dragon Chronicles. Presented at Creating Space for the Arts & Humanities in the Education of Health Professionals. Univ. Toronto, Ontario. May 7th 2011
3. **Natarajan, M.,** Frager, G. (2010) Youth At End of Life. Ed's Story – the Dragon Chronicles. Poster Presentation and Panel discussion following the presentation of the original play. Presented at 18th International Congress on Palliative Care, Montreal, Canada.

4. **Natarajan, M.**, M.Sc., Randel, P., M.Sc., Cameron, D., MTA, Frager, G., RN, MD.(2008) The Effect of Music Therapy on Neonatal Intensive Care (NICU) Nurses. Poster presented at the 17th International Congress on Palliative Care, Montreal, Canada.
5. Day, A. L., Gillan, L., Francis, L., Kelloway, E. K., & **Natarajan, M.** (2007). Massage therapy in the workplace: Reducing employee strain and blood pressure. Presentation at the Annual Conference of the European Association of Work & Organizational Psychology. Stockholm, May 11, 2007 (Presenter, Dr. Arla Day)

HOSPITAL CREDENTIALING and Privileges

1. Horizon Health Authority
Saint John New Brunswick
Family Medicine 2024
2. Temiskaming Hospital,
New Liskeard Ontario
Locum Family Medicine 2020 – 2023
3. Meno-Ya Win Health Center
Sioux Lookout First Nations Health Authority, Sioux Lookout, Ontario
2022- 2023
4. Weenebayko Health Authority
Moose factory, Ontario
2022-2023
5. Courtesy Staff Physician, Trillium Health Partners
Mississauga Ontario
2022-2023
6. Grey Bruce Health Authority
Owen Sound, Ontario
2022 - 2023