

Olushola Keripe, MD, MRCS, MRCP, CCFP

I completed my medical degree in Nigeria where I obtained my Bachelor of Medicine, Bachelor of Surgery (MBBS) in 1996. I subsequently proceeded to the United Kingdom (UK) where I undertook his residency in both General Surgery and then in Family Medicine. I obtained my Membership of the Royal College of Surgeons, Glasgow (MRCS) in 2002 and Membership of the Royal College of General Practitioners (MRCP) in 2008. During my training, I completed courses in sexual and reproductive health obtaining a Diploma of the Faculty of Sexual & Reproductive Health, UK (DFSRH). I am passionate about medical education; so, I completed a postgraduate certificate in General Practice education at the University of Lancaster, UK in 2013. I moved to Canada in 2013, where I obtained my Certificate of the College of Family Physicians of Canada (CFPC).

I have practiced in a variety of clinical settings; I have been involved in group practice as well as solo practice. I also work as a Hospitalist physician. My practice includes seeing patients in the addiction clinic once a week. I undertake minor surgical procedures as well. I am passionate about medical education and has been involved in medical education both in the United Kingdom and in Canada. I have been involved in teaching medical students as well as residents for about 10 years and understand how to bring the best out of our future Physicians. I am an Associate Professor in the Department of Medicine at the Dalhousie University, as well as the Memorial University, Newfoundland. In 2018, I was awarded the Dalhousie Family Medicine Postgraduate Community Preceptor of the Year – Ted Atkinson Award, and in 2019 I was the Asclepian Torch Award winner - Medical Education Award for Excellence in Clinical Teaching, Saint John Regional Hospital, NB.

In addition to my teaching and clinical experience, I bring along my experience as an internationally trained physician who has practiced medicine in Nigeria, United Kingdom and Canada; I am a visible ethnic minority and understands some of the challenges that both groups of people face. In 2019, 30% of family physicians practicing in Canada were international graduates (Canadian Institute of Health Information). I truly believe that Canada is genuinely prepared to embrace equality and diversity and I feel that by contributing my voice and my experience to the issues we all face, we can together make our profession and our country a better place.

I bring along the following strengths to the board, I will by nature live up to the commitments I make, I work persistently to deliver promises I make, my work ethic is as much a matter of conscience as it is a matter of completing tasks. I undoubtedly will do what I know is right, honest, true, correct, proper, and accurate. I am a measured clinician who carefully considers the things I say and do. I am a good listener.

I am a very reflective person who continues to consider both my personal and professional priorities. I am instinctively determined to share my knowledge and skills with the people I coach, mentor, or train. Driven by my talents, I can mentally zero in on tasks for hours at a time when I have a goal to reach; because of my strengths, I will labor

tirelessly on whatever needs to be accomplished. I am quite comfortable being honest about myself with others, I harbour no illusions about who I really am and I am happy to acknowledge my shortcomings and mistakes. I prefer to work with individuals who grasp the need for consistency and uniformity from one day, week, month, or year to the next; having a detailed game plan and implementing it with precision frees me to produce desired outcomes again and again. I instinctively, regularly create structured processes to reach goals and handle everyday chores. To some extent, these routines free me to concentrate my mental or physical energy on immediate challenges, opportunities, events, problems, assignments, joys, or beauty.

I also bring experience from being on the board of a Not-for-profit organization, where I am involved in the governance of the organisation; I am involved in strategic planning, budgeting, communication, employment, legal and management matters.

In my spare time, I enjoy working out, running, cycling, hiking, and travelling. I am married and have two grown up children.

Shola Keripe