

Ian Gordon Young

Medical Education

Memorial University of Newfoundland, St. John's, Newfoundland
08/1999 - 05/2003
Doctor of Medicine, 05/2003

University of Ottawa, Sudbury, Ontario
07/2003 – 07/2005
Postgraduate Medical Program - Family Medicine

University of Toronto/CAMH, Toronto, Ontario
09/2021 – 08/2023
Opioid Dependence Treatment Certificate Program

University of Alberta, Edmonton, Alberta
09/2023 – 06/2026
Foundation Course in Occupational Medicine (*Parts A, B, and C*)

Undergraduate Education

Memorial University of Newfoundland, St. John's, Newfoundland
09/1987 - 05/1992
Bachelor of Science (Pharmacy)

Medical School Honours/Awards

- College of Family Physicians of Canada – Resident Leadership Award, University of Ottawa (2005)
- The Rusted Scholarship Avalon Health Care Institutions Board, Carbonear, Newfoundland (2001)
- Dean's List, Faculty of Medicine, Memorial University of Newfoundland (2001)
- The Isidor Epstein Memorial Scholarship, Memorial University of Newfoundland (2001)
- Kirkland and District Medical Society Bursary, Kirkland Lake, Ontario (2001)
- The John M. and Elsa S. Morgan Memorial Scholarship, Memorial University of Newfoundland (2000)

Undergraduate Awards

- The Rusted Scholarship - Avalon Health Care Institutions Board (1991)
- The L. J. Lawton Memorial Award for Pharmacy, Memorial University of Newfoundland (1991)
- The Novopharm Limited Scholarship for excellence in Pharmacokinetics, Memorial University of Newfoundland (1991)
- Twice recipient of the Medical Research Council of Canada's Farquerson Scholarship (1989 and 1990).
- The Memorial University of Newfoundland Endowment Fund Scholarship, Memorial University of Newfoundland (1989)
- The Elsa S. Morgan Memorial Scholarship, Memorial University of Newfoundland (1989)

Employment

12/2005 - present
Dana & Ian Young Medicine Professional Corporation
Family Physician / Director

11/2022 – present
Royal Canadian Mounted Police
Designated Physician (11/2022-12/2023)
Health Services Officer (12/2023-present)

02/2017 – present
Central York Fire Service
Medical Director

03/2017 – present
Innisfil Fire Rescue Services
Medical Director

08/2019 – present
Rama Fire Rescue Services
Medical Director

04/2021 – present
Sarnia Fire and Rescue Services
Medical Director

11/2021 – present
Sault Ste. Marie Fire Services
Medical Director

01/2022 – present
Richmond Hill Fire and Emergency Services
Medical Director

10/2023 – present
Caledon Fire and Emergency Services
Medical Director

12/2025 – present
East Gwillimbury Fire and Emergency Services
Medical Director

09/2013 – 09/2026
Barrie Fire and Emergency Services
Medical Director

05/2023 – 12/24
MacKenzie Health
Vaughan & Richmond Hill
Associate Professional Staff – Surgical Assist

05/2023 – 12/2025

Orillia Soldiers' Memorial Hospital

Orillia

Associate Professional Staff – Surgical Assist

09/2022 – 12/2025

Stevenson Memorial Hospital

Alliston

Associate Professional Staff – Hospital Medicine

06/2017 – 10/2019

Canadian Forces Health Services

Canadian Forces Base –Borden

Medical Officer

01/2006 – December 2012

Royal Victoria Hospital

Emergency Room Physician / Hospitalist

07/2003 – 12/2005

Notre-Dame Medical Centre

Family Physician / Co-Owner and Operator

07/2003 – 07/2005

University of Ottawa

Family Medicine Resident

01/1994 – 06/2004

Locum Pharmacist

05/1997 – 09/1999

Englehart and District Hospital

Support Services Leader – Senior Administrator, Pharmacist

09/1996 – 04/1997

Walmart Pharmacy

Pharmacy Manager

01/1996 – 09/1996

Highland View Regional Hospital

Director of Pharmacy

08/1993 – 01/1996

Versa Services / ARAMARK

Director of Pharmacy

02/1993 – 08/1993

Dr. G.B. Cross Memorial Hospital

Staff Pharmacist

07/1992 – 02/1993

Cabot Pharmacy

Staff Pharmacist

Research Experience

05/1991 - 09/1991

School of Pharmacy, Memorial University of Newfoundland

Research Assistant

Under supervision of Dr. Chris Loomis and Dr. D. Beiger, studied rhythmic fictive swallowing as an index of naloxone-precipitated morphine withdrawal in the rat. See presentations below.

05/1990 - 09/1990

School of Pharmacy, Memorial University of Newfoundland

Research Assistant

Recipient of MRC Farquerson Research Scholarship (1990). Under supervision of Dr. Chris Loomis, studied the recovery from opioid tolerance following continuous intrathecal infusion in the rat. See presentations below.

05/1989–09/1989

School of Pharmacy, Memorial University of Newfoundland

Research Assistant

Recipient of MRC Farquerson Research Scholarship (1989). Under supervision of Dr. Chris Loomis, worked on the development of a double lumen spinal catheter for acute intrathecal injection during continuous intrathecal infusion in the Rat. See presentations below.

Publications

01/1991

Recovery From Tolerance Following Continuous Intrathecal Morphine Infusion in the Rat

I.G. Young, C.W. Loomis, S.E. Sherman Proceedings from Canadian Federation of Biological Societies 34, 154

Research Presentations

I.G. Young, *From Quality Assurance to Continuous Quality Improvement – A survey of Canada's Post Graduate Family Medicine Programs*; NOME Research Days, Sudbury, Ontario, January 2005

D. Beiger, C.W. Loomis, I.G. Young, *Rhythmic Fictive Swallowing as an Index of Naloxone-Precipitated Morphine Withdrawal in the Rat*; Society for Neuroscience, New Orleans, Louisiana, November 1991

I.G. Young, C.W. Loomis, D. Beiger, *Naloxone-Precipitated Rhythmic Fictive Swallowing as an Index of Supraspinal Exposure to Intrathecal Morphine in the Rat*; Memorial University of Newfoundland's Medical Research Forum, October 1991

C.W. Loomis, I.G. Young, S.E. Sherman; *Recovery From Tolerance after Continuous Intrathecal Morphine Infusion in the Rat*; Association of Faculties of Pharmacy of Canada, St. John's, May 1991

C.W. Loomis, I.G. Young, S.E. Sherman; *Recovery From Tolerance to Continuous Intrathecal Morphine Infusion in the Rat*; Memorial University of Newfoundland's Scientific Day, May 1991

I.G. Young; *A Study of the Recovery From Opioid Tolerance Following Continuous Intrathecal Infusion in the Rat*; Memorial University of Newfoundland's Medical Research Forum, September, 1990

I.G. Young; *The development of a Double Lumen Spinal Catheter for Acute Intrathecal Injection During Continuous Intrathecal Infusion in the Rat*; Memorial University of Newfoundland's Medical Research Forum, September, 1989

Presentations

"Rampart This is Squad 51", Fire Department Medical Oversight and Medical Direction; Ontario Association of Fire Chiefs, Toronto, May 2017

Opioid Overdose and Fire Department Naloxone Administration, Chief Bill Boyes, Deputy Chief Cory Mainprize, Dr. Ian Young, Medical Director, Barrie Fire and Emergency Service; Ontario Association of Fire Chiefs, Toronto, May 2017

Fire Department Medical Oversight and Medical Direction; Ontario Association of Fire Training Officers, Virtual Meeting, January 2021

Medical Direction for Sarnia Fire and Rescue; Council Meeting, City of Sarnia, Virtual Meeting, April 2021

Panelist - Medical Liability in a POST-COVID World: Has The Legal Standard of Care Changed?; Medico-Legal Society of Toronto, Virtual Conference, October 26, 2022

Panelist - Community Perspectives on Anaphylaxis Preparedness as a Public Health Tool; Ontario Anaphylaxis Summit, Toronto, April 30, 2026

Volunteer / Committee Experience

- Board Member, Occupational and Environmental Medical Association of Canada (2026 to present)
- Lead Physician, Barrie and Community Family Health Organization (2016 to July 2023)
- Associate Lead Physician, Barrie and Community Family Health Organization (2008 to 2016)
- Medical Director, RBC Canadian Open Golf Championships, Oakville, Ontario (2015)
- Medical Director, RBC Canadian Open Golf Championships, Oakville, Ontario (2013)
- Finance Committee, Timothy Christian School, Barrie, Ontario (2011 to 2014)
- IT Committee, Timothy Christian School, Barrie, Ontario (2012 to 2014)
- Medical Director, RBC Canadian Open Golf Championships, Oakville, Ontario (2009)
- Medical Director, RBC Canadian Open Golf Championships, Oakville, Ontario (2008)
- IT Committee, Barrie and Community Family Health Team (2006-2008)
- Co-Chief Resident, Northeastern Ontario Family Medicine Program, University of Ottawa (03/2004 – 03/2005)
- Board of Representatives, Section of Residents, College of Family Physicians of Canada (CFPC) representative for University of Ottawa (07/2003 – 06/2005)
- Chair, Board of Representatives, Section of Residents, CFPC (09/2004 – 06/2005)
- Director, Board of Directors, CFPC (09/2003 – 06/2005)
- Director, Board of Directors, Northeastern Ontario Medical Education Corporation (NOMECE) (04/2004 - 03/2005)
- Member of Palliative Care Advisory Committee, NOMECE (09/2004 – 12/2005)
- Director, Board of Directors, Northern Ontario School of Medicine (09/2003 – 09/2005)
- Building and Acquisitions Committee, Northern Ontario School of Medicine (11/2003 – 09/2005)
- Quality Assurance Committee, Northern Ontario School of Medicine (02/2005 – 11/2007)
- Volunteer for annual Monte Carlo Night Charity Gala and Auction (for 1999 and 2000, Medical Student)
- Director, Board of Directors, Central Timiskaming Regional Airport Authority, Earleton, Ontario. (01/1999 - 08/1999)
- Director, Board of Directors, Temiskaming District Lung Association (09/1993 – 12/1995)

Other Accomplishments

- Certified Opioid Use Disorder Treatment Physician (CAMH - June 2023)

- Mental Health First Aid Certificate (2025)
- EMR certification
- BLS certification
- Standard First Aid & CPR
- ACLS certification
- NRP certification
- ATLS certification
- WHMIS Certification (2023)
- Pharmacy and Medicine Related Short Courses (C.E.'s, professional conferences, etc.)
- Leadership Foundations - Walmart Management Development Seminar (1997)
- Red Cross Certified EMR trainer

Professional Affiliations

- Certification in the College of Family Physicians of Canada (CCFP)
- Associate of the Canadian Board of Occupational Medicine (ACBOM)
- Licentiate Medical Council of Canada (LMCC)
- Registrant – Pharmacy Examining Board of Canada No. 15212 (RPEBC)
- Member of the Ontario Medical Association
- Member of College of Physicians and Surgeon of Ontario (CPSO)
- Member of American Academy of Family Physicians (AAFP)
- Member of Occupational and Environmental Medical Association of Canada (OEMAC)
- Member of Canadian Society of Medical Evaluators (CSME)