



## ADDICTION MEDICINE PROGRAM COMMITTEE SUMMER 2015

### CPD OPPORTUNITIES

[Ontario College of Family Medicine \(OCFP\), Medical mentoring in Addiction and Pain \(MMAAP\) network](#)

[Atlantic Mentorship Network for Pain and Addiction](#)

### UPCOMING CONFERENCES/MEETINGS

[November 12–14, 2015: Canadian Society of Addiction Medicine XXV Annual Meeting & Scientific Conference 2015, Banff, AB](#)

Including Fundamentals of Addiction Medicine, a full-day primer/review course on November 12<sup>th</sup>

[November 11–14, 2015: Family Medicine Forum, Toronto, ON](#)

Various presentations and workshops related to addiction medicine including youth concurrent disorders, medical marijuana, pregnancy and chemical dependence, and alcohol use disorders

[November 16–18, 2015: Canadian Centre for Substance Abuse \(CCSA\) Conference, Montreal, QC](#) Issues of Substance Conference

[November 18, 2015, 2–5 pm EST: Technologies for Implementing Alcohol SBIR in Primary Health Care](#)

Greetings Addiction Medicine Program members!!!!

We, the members of the AM Program Committee, hope that you have had a pleasant and restful summer.

We have some exciting updates to share with you:

1. The spring announcement by Dr Francine Lemire, Executive Director and CEO of the CFPC, for the development of a Certificate of Added Competence (CAC) in Addiction Medicine

<https://www.youtube.com/watch?v=0oEbAyWqAco&feature=youtu.be>

We are excited about the opportunity to develop a certification stream for family physicians to increase their competence in the broad scope of addiction medicine care. The need for enhanced clinical skills in delivering care to patients and communities with alcohol and substance use, misuse, and disorders is critical. Across the country, we are seeing the effects of prescription opioid over-prescribing and diversion for recreational use and the impact of opioid dependence including overdose-related deaths. In the meantime, alcohol remains the most common substance of use and abuse. Alcohol-related morbidity and mortality continues to have a huge impact for our patients, their families, and the health care system. Marijuana use for recreational purposes is a ubiquitous issue for adolescents and youth and leads to many office visits by young people and their concerned parents. The recently legislated prescribing of dried cannabis is a new challenge for our members. Tobacco smoking cessation remains a major individual patient and public health issue. Other substance and behavioural addictions also present in our offices. The co-occurrence of mental health issues continues to increase the complexity of patient care in family medicine.

Our Committee believes that a CAC in Addiction Medicine will provide the opportunity for practicing physicians who face a community need or those with an interest in addiction medicine, to enhance their skills. The CAC will also offer the opportunity for academic and community physicians involved in resident training to provide enhanced education in addiction medicine for our future practising physicians.

We are now awaiting the invitation to form a working committee for the development of the CAC in Addiction Medicine. We foresee a group of



## TOOLS FOR PRACTICE

[Authorizing Dried Cannabis for Chronic Pain and Anxiety: Preliminary Guidance, September 2014, CFPC](#)

[Alcohol Screening, Brief Intervention, & Referral: Helping patients reduce alcohol-related risks](#)

[Canada's Low-Risk Alcohol Drinking Guidelines](#)

[Canadian Journal of Addiction, Canadian Society of Addiction Medicine \(CSAM\)](#)

[Canadian Guideline for Safe and Effective Use of Opioids for Chronic Non-Cancer Pain](#)

## COMMITTEE MEMBERS

Dr Sharon Cirone, Chair  
Dr Niloofer Baria, BC/AB  
Dr Peter Butt, SK/MB  
Dr Kingsley Watts, ON  
Dr David Luckow, QC  
Dr John Fraser, Atlantic Canada  
Dr Eric Cattoni, Resident Rep  
Dr Yelena Chorny, First Five Years in Practice  
Dr Mel Kahan, Key Area of Expertise—Education  
Dr Lisa Lefebvre, Observer, Canadian Society of Addiction Medicine

## CFPC STAFF

Dr Victor Ng, Physician Advisor  
Ms Lily Oeur, Manager, Practice Support Programs  
Ms Maureen Desmarais, CPM  
Program Coordinator

family physicians from both comprehensive care and focused practices and with representation from across the country, both rural and urban, to be involved with the working group and with the subcommittees that will most certainly arise. Anyone interested in involvement with the CAC development please contact me by email at [addictionmedicine@cfpc.ca](mailto:addictionmedicine@cfpc.ca).

## 2. FMF 2015 – Toronto, ON

The Addiction Medicine Program hosts a half day on Friday, November 13, 2015, on various topics including primary care approaches to youth alcohol and substance use, primary care approaches to alcohol use disorders, primary care management of benzodiazepine use and misuse, and opioid use disorders.

A collaborative Mental Health and Addictions Networking Breakfast on Concurrent Disorders in Family Practice will be held on Thursday, November 12, 2015, from 07:00 to 08:00.

Other workshops include:

Pan-Canadian Models of Care for Pregnant Substance-Using Women:  
Primary care-based approach  
Session # T101345, Thursday, November 12, 2015, from 11:15 to 12:15

Concurrent Disorders in Youth  
Session # T102616, Thursday, November 12, 2015, from 15:15 to 17:00

Reefer Madness From Cradle to Grave: Considering medical marijuana  
Session # F101343, Friday, November 13, 2015, from 15:15 to 16:15

Pre-conference course: Pain and Addiction Primer  
Wednesday, November 11, 2015, from 08:00 to 16:00

We look forward to seeing many of you at FMF and welcome any correspondence or involvement in the program.

Sincerely,  
Sharon Cirone, MD, CCFP  
Chair