The CRAFFT Screening Interview

Begin: “I’m going to ask you a few questions that I ask all my patients. Please be honest: I will keep your answers confidential.”

Part A

1. During the past 12 months did you:  
   - Smoke any marijuana or hashish?  □ No □ Yes
   - Drink any alcohol (more than a few sips)?  □ No □ Yes

Part B

For clinic use only: Did the patient answer “yes” to any questions in Part A?

Part A

For clinic use only: Ask CAR question only, then stop.

Risk Assessment: If you answered yes to 2 or more of these questions, you can be very confident that he or she does not have a gambling problem. A score of 2 may indicate that he or she is developing a problem, but currently does not have a problem. If the person scores 3 or more you can be very confident that he or she does have a problem; over 97% of people who do not have a problem score less than 2 on these items. A score of 2 is a judgment call; the majority of people who do not have a problem score less than 2, but the majority of people who do have a problem score more than 2. This score may indicate a person that is in transition. Question 7 is used to adjust a person’s score. If a person scored 3 or above, but responded once only to question 7, then he or she may be at risk or in transition, but probably does not currently have a gambling problem.

Internet addiction – signs of possible addiction

Spending hours online

Becoming irritable when interrupted when using the internet

Feeling guilty about time spent on line

Isolation due to excessive time spent online

Euphoria when online and panic when offline

CAMH Short Gambling Quiz

In the past 12 months have you gambled more than you intended to?  Yes No

In the past 12 months have you claimed to be winning money when you were not?  Yes No

In the past 12 months have you felt guilty about the way you gamble or about what happens when you gamble?  Yes No

In the past 12 months have people criticized your gambling?  Yes No

In the past 12 months have you money arguments centred on gambling?  Yes No

In the past 12 months did you feel you had to persist until you won?  Yes No

Q7 – Risk Assessment: If you answered yes to 2 or more of these questions, how often has it happened?

once  only sometimes  often

Scoring

If a person answers no to all questions, you can be very confident that he or she does not have a gambling problem. A score of 2 may indicate that he or she is developing a problem, but currently does not have a problem. If the person scores 3 or more you can be very confident that he or she does have a problem; over 97% of people who do not have a problem score less than 2 on these items. A score of 2 is a judgment call; the majority of people who do not have a problem score less than 2, but the majority of people who do have a problem score more than 2. This score may indicate a person that is in transition. Question 7 is used to adjust a person’s score. If a person scored 3 or above, but responded once only to question 7, then he or she may be at risk or in transition, but probably does not currently have a gambling problem.

Harms of Cannabis use

9% who try it become addicted

Can cause health, social or legal problems

Use is associated with failed expectations

Association with development of psychosis,
- odds ratio of 1.41 for ever used and 2.09 for frequent users

Respiratory and cardiovascular harms including doubling the risk of lung cancer

Problems with learning, attention, problem solving & decision making
- For up to 3 weeks after abstinence

Driving risks

In pregnancy, associated with neuro-developmental and other possible effects on the fetus

Patient resources for substances and addictions

www.camh.ca/en/hospital/health_information (alcohol, marijuana, tobacco, cocaine, gambling)

www.canada.ca/en/publications/health/childdomesticviolence.html (drugs)

www.quitnow.ca/tools-and-resources/e-cigarettes.php (e-cigarettes)


www.vch.ca/media/TakeCarewithCannabis.pdf (marijuana)

www.hc-sc.gc.ca/fn-an/produits/caf-drink-boissons-eng.php (caffeinated energy drinks)

www.problemgambling.ca (gambling)