Dear members,

Preparing our annual report gives us a sense of pride as we reflect on everything we achieved as a community over the past year.

The highlights that follow showcase new resources that support family physicians’ work, activities that strengthen education and research in our field, and advocacy efforts that promote the importance of family medicine.

This year we are also observing a notable milestone for our profession: the 50th anniversary of the Certification Examination in Family Medicine and the Certification in the College of Family Physicians of Canada (CCFP) Special Designation.

The exam was introduced in 1969 to provide a rigorous assessment of the knowledge and skills required for effective patient care in family medicine. Just 12 candidates successfully completed the exam that year and earned the first CCFP Special Designation. More than 1,600 candidates now sit the exam each year. We are proud of the certification process and the CCFP, which reflect the highest standards for the training, assessment, and lifelong learning of family physicians in Canada.

Our work would not be possible without you. Thank you for your contributions to all our successes!
Timeline of CFPC Activities and Achievements

**JUNE 2018**

► The CFPC adopted a statement of acknowledgement of Indigenous land that is read at all major CFPC meetings and special events.

► The Board received the final report from a two-year evaluation of Mainpro+® and CERT+. Feedback from members and continuing professional development (CPD) providers helped enhance the programs and platforms.

► The Education Evaluation and Research Unit was established to strengthen the CFPC’s capacity for assessing its education initiatives, such as the Triple C evaluation and the Family Medicine Longitudinal Survey, and to develop a pan-Canadian approach to data stewardship and analysis.

► The Knowledge Experts and Tools Program was created to develop family physician-led guidelines, point-of-care tools, podcasts, Mainpro+ certified webinars, and e-learning courses to provide timely and practical resources and opportunities to CFPC members.

► For the Prescribing Safely Canada initiative the College contributed to the development of accredited, online, case-based modules that focus on Canadian physicians’ prescribing competencies.

**JULY 2018**

► The updated Standards of Accreditation for Residency Programs in Family Medicine (the Red Book) was released.

► A new goal was added to the College’s five-year strategic plan: to strengthen our member-based organization.

**AUGUST 2018**

► An advocacy initiative was launched with leadership from the Research Department and the Health Policy and Government Relations Department to support the creation of an institute of integrated primary, home, and community health care research as part of the Canadian Institutes of Health Research.

► The CFPC introduced Continuous Reflective Assessment for Training, a competency-based assessment tool that supports postgraduate training programs and their teachers.

► The quarterly First Five Years section in Canadian Family Physician (CFP) was established.
SEPTEMBER 2018

► As part of our new Practice Improvement Initiative, the College co-hosted the Invitational Canadian Family Medicine Quality Improvement (QI) Symposium, which had more than 200 attendees.

Practice Improvement Initiative

► Joining dozens of other national and provincial organizations, the College endorsed a statement of consensus principles for a Canadian universal pharmacare program.

► The application window for the new Certificate of Added Competence (CAC) in Addiction Medicine closed, with 288 applications submitted through the Leader route.

► The CFPC hosted a delegation from Japan’s Federation of Democratic Medical Institutions to discuss addressing social determinants of health.

OCTOBER 2018

► The Best Advice guide Recovery-Oriented Mental Health and Addiction Care in the Patient’s Medical Home was released jointly with the Mental Health Commission of Canada.

► Priority Topics for the Assessment of Competence in Rural and Remote Family Medicine was published to advance rural education and support the development of family physicians who are ready to practise in rural and remote areas of Canada.

► The CFPC celebrated the 10-year milestone of the National CPD Accreditation Conference, which is offered in partnership with the Royal College.

► Besrou Centre representatives attended the Global Conference on Primary Health Care in Astana, Kazakhstan. The Besrou Centre’s commitment to primary health care was highlighted on the WHO’s commitment tracker.

► Progress was made in postgraduate residency accreditation with the launch of the new Canadian Accreditation Management System (CanAMS) in partnership with the Royal College of Physicians and Surgeons of Canada and the Collège des médecins du Québec.
NOVEMBER 2018

► The CFPC Clinical Live-Stream Webinars launched in response to member interest in having more family physician-led CPD opportunities. More than 1,000 people participated in the live sessions offered by May 31, 2019, and more than 5,400 viewed the webinar recordings. Popular topics covered this year included osteoarthritis, advance care planning, depression, and medical assistance in dying.

► The Foundation for Advancing Family Medicine (FAFM) presented 191 grants, scholarships, and awards through the Honours and Awards Program, including funding in the amount of $445,036. Learn more about how CFPC members are using donor-funded opportunities to improve patient care on the FAFM website.

► Family Medicine Forum (FMF) 2018 delivered 45,546 Mainpro+ certified credits to more than 5,000 participants.

► More than 1,000 people attended the 2018 Convocation ceremony at FMF to celebrate recipients of CFPC Special Designations.

► The first Mentorship Meet and Greet event was hosted at FMF, with more than 120 members participating.

► The inaugural National Orientation on Leadership in Family Medicine Education was offered at FMF to support new program directors in their roles.

► The Section of Teachers launched its 40th anniversary celebrations at FMF as part of a year-long campaign to engage all family medicine teachers, preceptors, and educational leaders.

► The Section of Communities of Practice in Family Medicine marked its 10th anniversary at FMF.

► The Best Advice guide Advanced and Meaningful Use of EMRs was released jointly with Canada Health Infoway.

► The CFPC partnered with Choosing Wisely Canada on the Using Antibiotics Wisely campaign, which offers useful resources for patients and primary care providers on safe options for managing antimicrobial stewardship initiatives.

DECEMBER 2018

► Canadian astronaut and family physician Dr. David Saint-Jacques went to space and took a CFPC pin with him! Dr. Saint-Jacques is shown below taking photographs in the International Space Station.

Photos: Canadian Space Agency/NASA
JANUARY 2019

► We kicked off the new year celebrating the 50th anniversary of the Certification in the College of Family Physicians of Canada (CCFP) Special Designation and the Certification Examination in Family Medicine.

► The Management of Relationships With the Health Care/Pharmaceutical Industry report was released.

► After Part 1 of the Practice Improvement Essentials (PIE) workshop launched successfully in 2018, this work continued with Part 2 to introduce residents, family doctors, and family practice teams to QI.

► The application window for CACs in Care of the Elderly, Palliative Care, and Sport and Exercise Medicine through the Added Competence Verification route closed, with 248 applications submitted.

► The Board of Examinations and Certification updated the CFPC Examination Standing Reconsideration and Appeal Policy and Procedure to clarify this process and the options available to examination candidates.

FEBRUARY 2019

► The College and its provincial Chapters released The Patient's Medical Home Provincial Report Card—February 2019. It evaluated each province's performance in 10 key areas, or pillars, of family medicine.

► The CFPC Board approved expanding the mandate of the Section of Communities of Practice in Family Medicine to support more practice interests of family doctors working across the full spectrum of comprehensive and focused practices.

► The College highlighted the role of family physicians in the diagnosis and management of concussions in a presentation to the House of Commons Standing Committee on Health's Subcommittee on Sport-Related Concussions in Canada.

MARCH 2019

► The Patient's Medical Home 2019—a vision for the future of family practice in Canada—launched. It serves as a foundation for the CFPC and its Chapters when advocating for health care system improvements.

► The Outcomes of Training Project, an implementation activity of the Family Medicine Professional Profile, officially kicked off. It will define expected outcomes of residency training in family medicine and develop a system for evaluating whether training programs are meeting current community requirements and preparing for future needs.

► The Besrou Centre provided consultative services to the Ministry of Health of Argentina to align the country's medical education system with its national primary health care reform strategy. In the photo below, Argentina’s Minister of Health, Dr. Adolfo Rubinstein (second from left), meets with CFPC representatives (left to right), Dr. Louise Nasmith (a past president of the CFPC, second from right), and Dr. Nancy Fowler (Executive Director, Academic Family Medicine, right) and other ministry staff.

► The College met with members of Parliament and senators to advocate for improved support for primary, community, and home care research as well as greater access to electronic medical record data for research and QI.

► We supported the Declaration Calling for the Family Doctors of the World to Act on Planetary Health, a World Organization of Family Doctors (WONCA)—led effort to address the effects of environmental change on human health.

► The 2019 nomination window for Fellowship closed in March, with 438 nominations received.
The College was one of seven organizations to co-lead a report on the Future of Medical Education in Canada Continuing Professional Development (FMEC CPD) Project. It outlines a plan for transitioning to a new national system that supports physician learning and practice improvement.

The CFPC and the Alberta Chapter held an invitational Opioid Symposium that brought together key delegates to discuss ways to help family doctors better navigate the opioid crisis in Canada.

The computerized short-answer management problem (SAMP) component of the spring 2019 Certification Examination in Family Medicine was delivered by a new vendor. Other SAMP component changes included: candidate self-registration, shortened examination length, and exam delivery at 44 centres across Canada.

The College supported the 2019 Indigenous Health Education Symposium, which engaged Indigenous physician educators across medical organizations to develop a national approach to Indigenous health education training for medical students, residents, and practising physicians. This is one way we’re responding to the 2015 Truth and Reconciliation Commission of Canada’s Calls to Action.

A new issue of Innovation in Primary Care was produced: Integration of Pharmacists Into Interprofessional Teams. It highlights successful collaborations involving family physicians and pharmacists.

In the 10 days following the Contemporary Topics in Early Antenatal Care e-learning program’s launch in May, 125 viewers claimed a total of 376 Mainpro+ credits for the course.

CFPC President Dr. Paul Sawchuk visited with eight medical school Family Medicine Interest Groups between November 2018 and May 2019, including the group at Queen’s University (below).

The CFPC and its Chapters administer First Five Years in Family Practice Facebook groups for peer support in each province and territory, plus a national group with almost 4,500 members.
► The Section of Residents released its annual Guide for Improvement of Family Medicine Training (GIFT), which in 2018 focused on QI. Dr. Kelsi Cole presented the 2018 GIFT Tool at the Canadian Conference on Medical Education (above).

► The Section of Teachers collaborated with the American Society of Teachers of Family Medicine on its Annual Spring Conference, at which CFPC members presented nine joint seminars and 40 sessions.

► CFP published its second special issue on intellectual and developmental disabilities.

► CFP received three nominations for National Magazine Awards.

► As part of National Volunteer Week, the CFPC honoured the more than 3,500 member volunteers who make the College's work possible.

► New secure payment technology was implemented to enhance the protection of financial information provided by phone and ensure compliance with Payment Card Industry standards.

► We celebrated Family Doctor Day on May 19th.

► Our Annual Forum brought 160 participants together to discuss the impact of artificial intelligence and virtual care on the practice of family medicine; the Outcomes of Training Project; and the challenges and opportunities we face in providing care close to home.

► CFP published new opioid use disorder clinical practice guidelines as part of a CFPC collaboration with the Patients, Experience, Evidence, Research (PEER) Group.

► The Section of Teachers produced its first webinar, “Your Day With a Learner: Let’s talk tips,” to support new teachers in their educational work.

► We launched the Contemporary Topics in Early Antenatal Care: A Practical Course for Providers e-learning program—a Mainpro+ certified online course that focuses on the first 20 weeks of pregnancy care.

► The College’s Cancer Care Program Committee released the Breast Cancer Survivorship Tool to help family physicians manage the care of patients who have completed curative therapy.

► The CFPC issued a position statement calling on the federal government to limit the detention of immigrants.
Chapter Highlights

Alberta College of Family Physicians

- Held the Practical Evidence for Informed Practice Conference in October 2018 with more than 600 multidisciplinary primary care providers from across Canada (375 in person and 260 as virtual attendees).
- Co-led the Primary Health Care Opioid Response Initiative for the province, working with Alberta Health Services, Alberta Health, the Alberta Medical Association, PEER, and the five Primary Care Network zone partnerships to increase access to opioid dependency treatment.
- Continued to build public awareness about the value of family physicians in the provision of continuous and comprehensive primary care to Albertans through the Family Docs Rock campaign and Family Doctor Day celebrations.

New Brunswick College of Family Physicians

- Hosted a successful Family Medicine Conference in May 2019, which included an excellent keynote on opioid addiction and recovery.
- Continued to collaborate with the New Brunswick Medical Society (NBMS) on work related to the province’s opioid crisis task group.
- Promoted the Poverty Tool in collaboration with the NBMS and the province (right).

British Columbia College of Family Physicians (BCCFP)

- Expanded the November 2018 Family Medicine Conference to two full days for the first time and focused on “The Future of Family Medicine—Caring for Patients Now and in the Future.”
- Presented the April 2019 Family Medicine Conference under the theme “Family Doctors: Standing Up and Standing Out”; the BCCFP partnered with the BC Society of General Practitioners on the conference program to address the many roles of today’s family physician.
- Made progress in developing a plan to formalize the BCCFP’s commitment to supporting culturally safe health care by signing the First Nations Health Authority’s Declaration of Commitment on Cultural Safety and Humility in Health Services.

Newfoundland and Labrador College of Family Physicians

- Created the My NL Family Doctor Award, for which patients can nominate exceptional family physicians.
- Introduced a new government liaison staff position to assist the Chapter in government outreach efforts and partner engagement.
- Supported the development of the Newfoundland and Labrador Family Physician Profile, a unique database of family physicians in the province that includes practice-related information such as clinical areas of interest, payment model, university appointments, and whether house calls are provided.

Manitoba College of Family Physicians

- Introduced Periodic Member Forums, with three held so far: One sought feedback from members about what they see as important health care issues; one focused on the College of Physicians and Surgeons of Manitoba (CPSM)’s new QI initiative, with the CPSM as a guest; and one was about health care system transformation, with Shared Health (a new provincial health organization) as a guest.
- Transitioned successfully to a two-year presidency in its governance model.
- Participated in a community-initiated workshop with medical and community leaders in Winkler, Manitoba, on the topic of addiction and mental health approaches/resources.

My NL Family Doctor Award
Nova Scotia College of Family Physicians

- Launched “We Specialize in You”—an online marketing campaign highlighting family medicine as a certified medical specialty that focuses on treating the whole patient
- Released the position paper, The Backbone of Primary Health Care: The Role and Value of Family Physicians in Nova Scotia in collaboration with Doctors Nova Scotia to define the unique role and value of family physicians in Nova Scotia’s health care system
- Overhauled the Chapter’s governance model to better reflect the diversity of its membership, which included adding new roles such as a rural representative and an international medical graduate representative

Prince Edward Island College of Family Physicians

- Received a grant from the Department of Agriculture and Fisheries to fund a research project on making local food more accessible for low-income patients with diabetes
- Created a working group to develop a collaborative care model for the Island; participants met with the provincial health minister and deputy minister about challenges caused by current physician staffing numbers and ideas for collaborative care
- Hosted a CPD day called “Spring Into Action” that focused on inspiring change in collaborative care teams; one theme was using QI to enhance communication among health care workers to improve patient care

Quebec College of Family Physicians

- Asked the major political parties in the October 2018 provincial election to answer questions about five essential issues and made their full responses available to members
- Hosted the second edition of the Innovation Symposium in May 2019, bringing together decision-makers, clinical leaders, and innovators to highlight exciting projects that support primary care and to facilitate their implementation or expand their reach
- Introduced the inaugural Mentor of the Year Award in May 2019 to recognize exceptional support provided to family physicians colleagues

Ontario College of Family Physicians (OCCP)

- Launched the Strategic Plan: 2018-2021, with the refreshed vision “Family Physicians—Leaders for a Healthy Ontario”; it commits to helping members thrive by delivering relevant education and practice supports, advocating for the central role of the family physician, and leading health system change in alignment with the PMH vision
- Hosted the inaugural Sharing Tools for Excellence in Practice (STEP) conference in June 2018, modelled on the Alberta Chapter’s successful Practical Evidence for Informed Practice conference; this was the first live-stream conference the OCFP has offered
- Created the Clinical Tools and Resources Advisory Committee to review third-party practice supports (such as guidelines, tools, and webinars) for potential inclusion on the OCFP website to ensure they are evidence-based and free of bias

Saskatchewan College of Family Physicians

- Co-hosted the PMH Symposium with the Saskatchewan Medical Association (SMA) in June 2018; it brought together thought leaders to discuss and unify the province’s approach to improving patient health via implementation of the PMH vision
- Supported the provincial branch of the First Five Years in Family Practice Committee in hosting monthly webinars on topics relevant to Saskatchewan physicians
- Collaborated with the SMA and Department of Academic Family Medicine to work with the Saskatchewan Health Quality Council to create Primary Care Panel Reports (left), which are voluntary reports that provide physicians who request them with data such as the age distribution of their patient population, how many patients have filled prescriptions for opioids, and how often their patients use an emergency room
Having already moved to a smaller, skills-based board, the Foundation for Advancing Family Medicine (FAFM) continued to evolve over the past year. A new executive director post was created and a search was launched to fill it. Plans have also been developed to enhance the FAFM’s fundraising abilities. This will allow the FAFM to continue to support the Honours and Awards Program, recognize the excellent work family physicians are engaging in across the country, and fulfill its mission to expand the capacity of family medicine in Canada and abroad. The financial contributions of CFPC members are essential to the FAFM’s work, and we thank you for your engagement.
The CFP Board of Directors extends its sincere gratitude to the many members who chair our committees and sections. Thank you for your commitment and dedication.

The following chairs will complete their terms at the time of the Annual Meeting of Members (AMM) on October 31, 2019, or have completed them since the 2018 AMM:

- **Sarah Cino** (Ontario), Section of Medical Students Council
- **Dr. Clayton Dyck** (British Columbia), Global Health Program Committee
- **Dr. Sabrina Dzafovic** (Ontario), Section of Residents Council
- **Dr. Martin Fortin** (Quebec), Section of Researchers Council
- **Dr. David Gass** (Nova Scotia), Advisory Committee on Family Practice
- **Dr. Stephen Hawrylyshyn** (Ontario), First Five Years in Family Practice Committee and Practice Management Working Group
- **Dr. Ed Kucharski** (Ontario), Cancer Care Program Committee
- **Dr. Suzanne Levitz** (Quebec), Respiratory Medicine Program Committee
- **Dr. Roxanne MacKnight** (New Brunswick), Child and Adolescent Health Program Committee
- **Dr. David Ponka** (Ontario), Besrour Centre Advisory Council
- **Dr. Anthony Wiens** (Manitoba), Collaborative Advisory Group for General and Family Practice Anesthesia

**One-year committee chair positions held in 2018–2019:**

- **Dr. Catherine Cervin** (Ontario), Finance and Audit Committee
- **Dr. Paul Sawchuk** (Manitoba), CFPC Board of Directors

Committee chairs whose terms will be renewed for a second term or extended for one year at the time of the 2019 AMM:

- **Dr. Joel Andersen** (Ontario), Occupational Medicine Program Committee
- **Dr. Ian Casson** (Ontario), Developmental Disabilities Program Committee
- **Dr. Sharon Cirone** (Ontario), Addiction Medicine Program Committee
- **Dr. Anne DuVall** (Ontario), Governance Advisory Committee
- **Dr. William Ehman** (British Columbia), Maternity and Newborn Care Program Committee
- **Dr. Sidney Feldman** (Ontario), Health Care of the Elderly Program Committee
- **Dr. John Foote** (Ontario), Emergency Medicine Program Committee
- **Dr. Christie Freeman** (Ontario), Dermatology Program Committee
- **Dr. Pierre Frémont** (Quebec), Sport and Exercise Medicine Program Committee
- **Dr. Brian Geller** (Saskatchewan), Enhanced Skills Surgery Program Committee
- **Dr. Ritika Goel** (Ontario), Social Accountability Working Group
- **Dr. Lisa Graves** (Ontario), Committee on Examinations – Family Medicine
- **Dr. Leslie Griffin** (Nova Scotia), co-chair, Family Medicine Forum Committee
- **Dr. Stephen Hawrylyshyn** (Ontario), co-chair, Family Medicine Forum Committee
- **Dr. David Henderson** (Nova Scotia), Palliative Care Program Committee
- **Dr. Fiona Kouyoumdjian** (Ontario), Prison Health Program Committee
- **Dr. Kathy Lawrence** (Saskatchewan), Postgraduate Education Committee
- **Dr. Andrew MacPherson** (British Columbia), Committee on Examinations – Emergency Medicine
- **Dr. Patricia Mirwaldt** (British Columbia), Mental Health Program Committee
- **Dr. Lori Montgomery** (Alberta), Chronic Pain Program Committee
- **Dr. Benjamin Schiff** (Quebec), Hospital Medicine Program Committee
Other section and committee chairs who are continuing their terms:

Dr. Marie-Dominique Beaulieu (Quebec),
Foundation for Advancing Family Medicine,
Board of Directors

Dr. Marc Bilodeau (Quebec),
Patient's Medical Home Steering Committee

Dr. Robert Boulay (New Brunswick),
Nominating Committee

Dr. Jeanette Boyd (British Columbia),
Honours and Awards Committee

Dr. Jean Chen (Ontario),
Patient Education Committee

Dr. Douglass Dalton (Quebec),
500 Group, Committee on Examinations - Family Medicine

Dr. Sarah de Leeuw (British Columbia),
co-chair, History and Humanities in Family Medicine Committee

Dr. Sarah Funnell (Ontario),
co-chair, Indigenous Health Working Group

Dr. James Goertzen (Ontario),
Section of Teachers Council

Dr. Lee Green (Alberta),
co-chair,
Triple C Data Oversight Committee

Dr. Michelle Greiver (Ontario),
Practice-Based Research Network Action Group

Dr. Jennifer Hall (New Brunswick),
Family Medicine Specialty Committee

Dr. Curtis Handford (Ontario),
Editorial Advisory Board, Canadian Family Physician

Kerry Howell (Alberta),
Section of Medical Students Council

Dr. Maria Hubinette (British Columbia),
Undergraduate Education Committee

Dr. Brian Hutchinson (Ontario),
Action Group for Advocacy in Research

Dr. Darlene Kitty (Ontario),
co-chair, Indigenous Health Working Group (on behalf of the Indigenous Physicians Association of Canada)

Dr. Sudha Koppula (Alberta),
Faculty Development Education Committee

Dr. Leonora Lalla (Quebec),
National Committee on Continuing Professional Development

Dr. Charles Leduc (Alberta),
co-chair, Triple C Data Oversight Committee

Dr. Frank Martino (Ontario),
Member Interest Groups Section (formerly the Section of Communities of Practice in Family Medicine)

Dr. Matthew Meneer (Quebec),
Research Community of Practice Action Group

Dr. Dominique Piion (Quebec),
Board of Examinations and Certification

Dr. Michael Rondilla (Ontario),
Self Learning Committee

Dr. James Rourke (Newfoundland and Labrador),
co-chair, Rural Road Map Implementation Committee (on behalf of the Society of Rural Physicians of Canada)

Dr. Karen Schultz (Ontario),
Certification Process and Assessment Committee

Dr. Kevin Shi (British Columbia),
SAMP Group, Committee on Examinations - Family Medicine

Dr. Ross Upshur (Ontario), Ethics Committee

Dr. Ruth Wilson (Ontario),
co-chair, Rural Road Map Implementation Committee

Dr. Keith Wycliffe-Jones (Alberta),
Residency Accreditation Committee

Dr. Joyce Zazulak (Ontario),
co-chair, History and Humanities in Family Medicine Committee

And thank you to:

Dr. Michael Lee-Poy (Ontario),
chair from November 2018 to April 2019,
Membership Advisory Committee

Dr. Yan Yu (Alberta), interim chair
from June 2018 to June 2019,
Patient’s Medical Home Steering Committee
2018–2019 Financial Information

The CFPC is committed to prudent financial planning and management as well as transparency. We’re pleased to provide our financial results for the year ended May 31, 2019.

Please visit www.cfpca.ca to view the audited financial statements.

2018–2019 REVENUES
$43,329,307
- Certification and Assessment
- Programs Not Supported by Member Fees
- Member Core and Enhanced Programs

2018–2019 EXPENSES
$41,646,548
- Staff Travel Cost Savings
- Various Operating Savings
- Net FMF Surplus
- Staggered Hiring
- Virtual Committee Meetings

Surplus for the year ended May 31, 2019
(to be transferred to reserves for future projects)
WHAT CONTRIBUTED TO THE SURPLUS

$1,682,759
12%
14%
17%
24%
33%

This represents approximately 3.7% of the total 2018-2019 operating budget.

Certification Examination in Family Medicine

The average fee for the Certification Examination in Family Medicine per candidate was $2,923 for the 2018–2019 fiscal period.

The Candidate fee covers only the cost of the design, development, and delivery of the exam.

The Certification Examination in Family Medicine costs the CFPC $3,700 PER CANDIDATE.