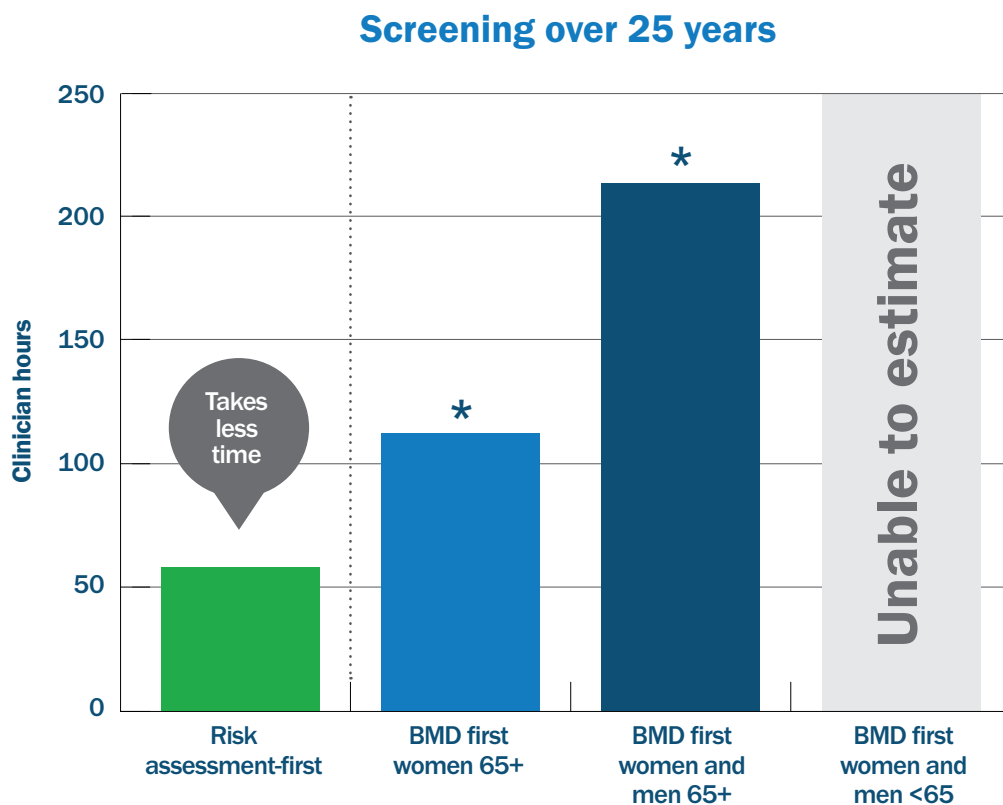


Figure 1. Clinician time required to implement screening strategies to prevent fragility fractures for a sample practice population over 25 years: *Estimates assume a practice population of 1200 adult patients. Estimated times needed to screen and treat are based on data from a convenience survey distributed in April 2023.*



* No evidence this prevents more fractures

BMD - bone mineral density

Reproduced with permission of the Canadian Task Force on Preventive Health Care. Copyright 2023. *Screening to prevent fragility fractures. How much time does it take?* Ottawa, ON: Canadian Task Force on Preventive Health Care; 2023. Available from: https://canadiantaskforce.ca/wp-content/uploads/2023/05/CTFPHC_FF_ClinicianCommunication_Tool_v15_FINAL.pdf. Accessed 2024 Apr 11.

The correct answer is 3.

Overuse Alert!

This practice question aligns with the College of Family Physicians of Canada’s Choosing Wisely Canada [recommendation](#): **Don’t order Dual-Energy X-ray Absorptiometry (DEXA) screening for osteoporosis on low-risk patients. Use “risk-assessment first” screening before ordering DEXA.**

Reference: Grad R, Reynolds DL, Antao V, Bell NR, Dickinson JA, Johansson M, et al. Screening for primary prevention of fragility fractures: How much time does it take? *Can Fam Physician*. 2023 Aug;69(8):537-541.

Link: <https://www.cfp.ca/content/cfp/69/8/537.full.pdf>

PMID: 37582590