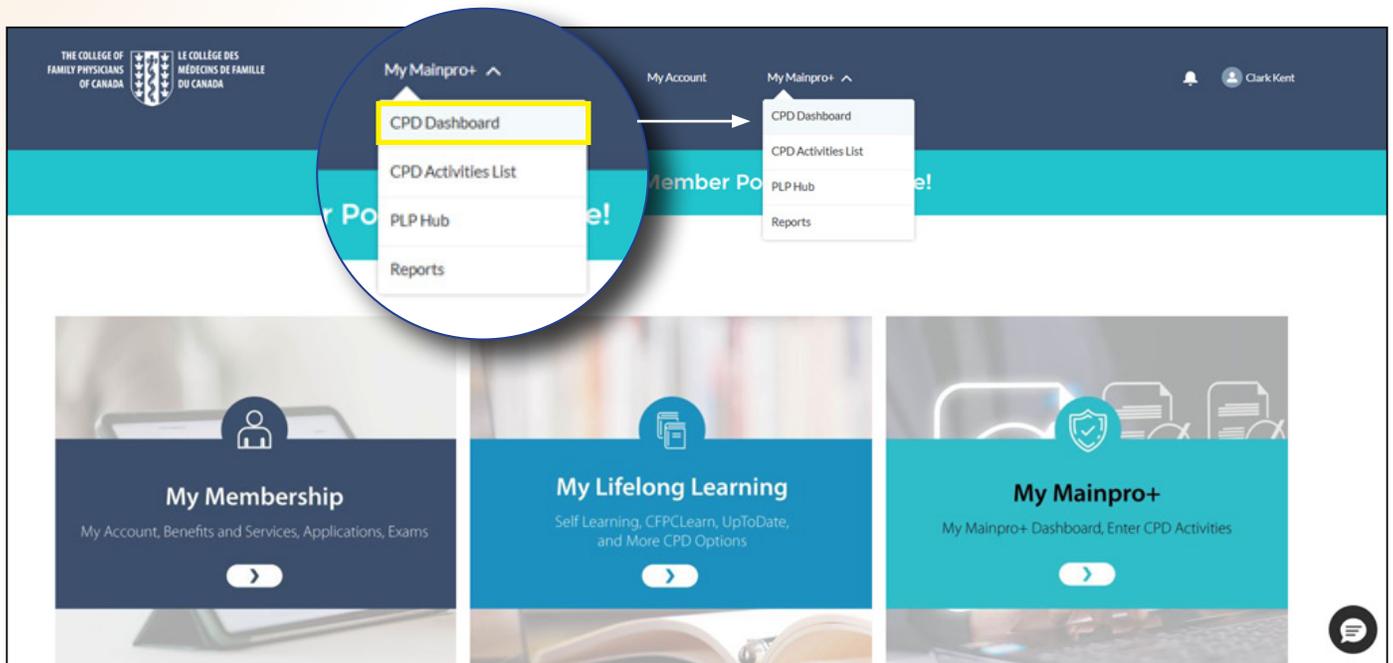




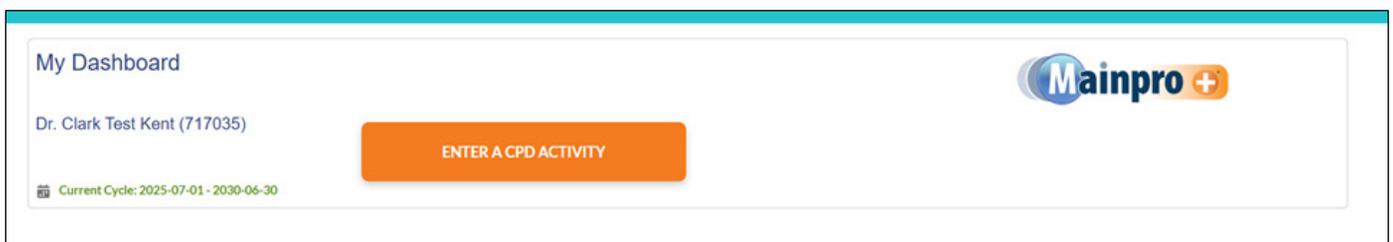
Here are step-by-step instructions on how to search for and claim activities in Mainpro+®.

If you have a nine-digit session ID (given by the program provider):

- 1 Log in to your Mainpro+ account at www.cfpc.ca
- 2 Go to your **Mainpro+ Dashboard**



- 3 Click "Enter A CPD Activity" on your CPD dashboard



- 4 If you have a certificate with a nine-digit session ID, simply enter it in the search bar, and click "Claim Credits" in the "Actions" tab

The screenshot shows the 'Search for CPD Activities' page. The search bar contains '185353-001'. A magnifying glass highlights the search bar and the 'Claim Credits' button in the 'Actions' column of the results table. The table has columns for 'Activity Name/Type', 'Type', 'Session ID', 'Date', and 'Credit Category'. The results show a 'CERT+ Program' for 'Family Physicians and Cancer Control Workshop' on '2017-04-22' with 'Certified' credits.

Activity Name/Type	Type	Session ID	Date	Credit Category
Family Physicians and Cancer Control Workshop	CERT+ Program	185353-001	2017-04-22	Certified

- 5 Verify the information on the form and click Submit

If you don't have a session ID, you can search for activities using keywords like reading, teaching, publication, etc.

- 6 Click "Enter A CPD Activity" on your CPD dashboard
- 7 Type "Teaching" (or any other term) in the search bar
- 8 Browse the results and find the relevant activity
- 9 Click "Claim Credits" to manually fill out the form

The screenshot shows the 'Search for CPD Activities' page with 'teaching' entered in the search bar. A magnifying glass highlights the search bar and the 'Claim Credits' button in the 'Actions' column of the results table. The table has columns for 'Activity Name/Type', 'Type', 'Session ID', 'Date', and 'Credit Category'. The results show two activities: 'Linking Learning to Teaching' (Mainpro+ Eligible Activity, Certified Assessment) and 'Teaching and curriculum planning' (Mainpro+ Eligible Activity, Non-certified).

Activity Name/Type	Type	Session ID	Date	Credit Category
Linking Learning to Teaching	Mainpro+ Eligible Activity			Certified Assessment
Teaching and curriculum planning	Mainpro+ Eligible Activity			Non-certified

- 10 Fill in the required information; be sure to read the instructions carefully
- 11 For non-certified activities you can claim one credit per hour of participation



Helpful tips

▶ Need to attach a document?
Click Upload at the bottom
of the page.

▶ You always have the option to click
"save for later" to keep your work
in your CPD Activities list, or click
"Delete" or "Cancel" if needed

Search using the filters:

- 1 Click "Search by Activity Type" beside the search bar

Search for CPD Activities

Have a certificate or email with a CFPC Session ID

Enter the 9-digit Session ID (e.g., 123456-001)

Search By Activity Type

Search By Activity Type

- 2 You can select a credit category to view all of the eligible options. For example, clicking "Certified Assessment" will show you the full list of activities that you can do to claim Certified Assessment credits.

Activity Type Filter

Select a credit category to see what types of activities are available within that category.

Still unsure? See the [Mainpro+ Activity Grid](#) for examples of activities by category.

Credit Category
Select one or more credit categories.

Certified Certified Assessment Non-certified

Activity Type
Select an activity type and then hit Apply

Filtered by 1 category: Certified Assessment

- Advanced Life Support courses
- CFPC Accreditation Surveyor
- CFPC Certified Mainpro+ Activities
- Clinical Supervisor for Medical Regulatory Authority
- EM or ABEM Exam
- Examiner for major medical examinations
- Linking Learning to Administration
- Linking Learning to Assessment
- Linking Learning to Practice
- Linking Learning to Research
- Linking Learning to Teaching
- Medical Council of Canada MCC 360
- MRA QI/PI Programs

Cancel Apply

Chat with our virtual assistant for quick answers and support,

- 3 Once you've selected your filters, click "Apply" to view your results