

CPD in Focus

FALL 2018

NEW DEVELOPMENTS

CFPC CONTINUING PROFESSIONAL DEVELOPMENT PROGRAM (CPD) AWARD WINNERS

The CFPC CPD Program Award recognizes a Mainpro+® certified educational program that has provided an exceptional learning experience to either practising or practice-eligible members of the College of Family Physicians of Canada (CFPC). The award is presented to the individual or group responsible for the design, development, and implementation of the winning CPD program.

Nominations for this award come from our members who have attended the CPD activity, our own Mainpro+ program reviewers, or members who have been on the planning committees of the nominated programs. The CFPC's National Committee on Continuing Professional Development (NCCPD) reviews and ranks eligible programs. Post-program evaluations, completed by physicians who have participated in the program, are also used to help determine the overall score of the program. The CFPC's Honours and Awards Committee provides final approval of the winning programs. We are pleased to announce that two winners were chosen to receive the award in 2018. The winning programs are as follows.

1. **CanREACH: Patient-Centered Mental Health in Pediatric Primary Care (PPP) Program.** The program was created by CanREACH, Alberta Health Services. The Patient-Centered Mental Health in Pediatric Primary Care (PPP) training is a six-month mini-fellowship in effective and evidence-based mental health assessment and intervention aimed at transforming primary care practices, increasing productivity, and improving work satisfaction. The full fellowship includes a dynamic three-day (15-hour) in-person course that uses a combination of intensive face-to-face teaching and hands-on practice, followed by six months of ongoing case-based coaching using distance learning methods including twice-monthly peer-learning conference calls.

2. **CPD eCoach.** This program was developed collaboratively by the University of British Columbia (UBC) Division of Continuing Professional Development and the British Columbia College of Family Physicians. The CPD eCoach guides family physicians through self-directed assessments and supports them in creating and following quality improvement (QI) plans for their identified areas of learning need. The increasing focus on QI in health care has highlighted the limited supports available to physicians in their practice QI efforts. As a low-stakes, accessible online tool, the CPD eCoach is a novel and invaluable addition to family physicians' CPD activities. The tool provides a logical, step-by-step pathway for physicians to use to identify gaps in their practices, conduct an intentional self-assessment, develop a practical QI plan, and evaluate the impact of their improvement activities. In addition to individual use, the CPD eCoach can be used to support team-based QI and incorporated into small group CPD activities.

We congratulate the teams behind these award-winning programs for their excellent contributions to innovative CPD for family physicians.

Would you like to nominate a program for the CFPC CPD Program Award?

Nominations are invited from CFPC members in good standing who have done any of the following:

- Registered and participated in the nominated CPD program
- Participated actively in the development and/or delivery of the nominated CPD program
- Acted as the CFPC Mainpro+ reviewer for the nominated CPD program

The nomination window opens on **December 7, 2018**.

Nominations must reach the CFPC National Office by **4:00 p.m. (ET) on March 1, 2019**.

Nominations must be submitted online. For more information please visit the [CFPC Honours and Awards website](#).



Pictured from left: **Dr. Brady Bouchard**, Director-at-Large, CFPC Board of Directors, presents the CFPC CPD Program Award to UBC Faculty of Medicine representatives of CPD eCoach **Dr. Bob Bluman**, Executive Medical Director, CPD, and **Dr. Brenna Lynn**, Associate Dean and Medical Director of Program Standards, CPD.

IN THIS ISSUE

01 | NEW DEVELOPMENTS

02 | HIGHLIGHTS FROM NATIONAL COMMITTEE ON CONTINUING PROFESSIONAL DEVELOPMENT MEETINGS

03 | PROGRAMS AND PRACTICE SUPPORT DEPARTMENT NEWS

03 | WHAT WE ARE READING: A CPD BIBLIOGRAPHY

MAINPRO+ CERTIFICATION APPLICATIONS

Effective August 26, 2018, the **CERT+ platform** now accepts applications for provincially delivered asynchronous online learning activities. Applications for this activity type must demonstrate that the target audience is limited to a single province. When developing Mainpro+ certified online learning activities it is important to remember the following requirements outlined in the **Mainpro+ Certification Standards**:

- Participants must be able to register and receive a receipt or record of registration
- There must be a definitive period during which the program is available; this time should be made clear to program participants
- For activities seeking certification in the Group Learning category there must be an opportunity for participants to interact with faculty and other participants (directly or asynchronously); when a discussion has closed, a summary of the discussion points, conclusions, and recommended additional readings should be provided
- Activities designed for the Self-Learning category require interactivity only with the learning materials and the facilitator
- The number of assigned credits should be based on a best estimate of the time required to complete the CPD program (including reading time, discussion board entries, etc.)

HIGHLIGHTS FROM NATIONAL COMMITTEE ON CONTINUING PROFESSIONAL DEVELOPMENT MEETINGS

NEW ELIGIBLE TOPIC FOR CERTIFIED CPD

The NCCPD approved removing programs related to the teaching of aesthetic procedures from the list of ineligible topics for certified CPD. Aesthetic medicine programs will be eligible for application and review provided the programs meet the Mainpro+ certification standards and the **National Standard for Support of Accredited CPD Activities**. These programs will be subject to full content review and will be reviewed by the CFPC National Office. As this change in policy requires changes to the CERT+ platform, the new policy will be implemented effective spring 2019.

FORMATION OF A WORKING GROUP TO RECOMMEND CERTIFICATION CRITERIA FOR THE ASSESSMENT CREDIT CATEGORY

The NCCPD has approved terms of reference for a working group that will take on the task of developing and recommending certification criteria for Mainpro+ Assessment category activities. The working group will include representation from the NCCPD, CFPC members, university CPD offices, CFPC Chapters, the CFPC's Division of Academic Family Medicine, and CPD providers experienced in developing assessment activities. Invitations will be extended to potential working group members in the next few months. The working group is expected to present initial recommendations for NCCPD approval at the NCCPD's October 2019 meeting.

PROGRAMS AND PRACTICE SUPPORT DEPARTMENT NEWS

CFPC FOCUSES ON INCREASING THE VALUE OF MEMBERSHIP

The CFPC's commitment to adding to the value of membership includes delivering more clinical practice guidelines and high-quality CPD opportunities to members. We look forward to working closely with our partners across the country to understand family physicians' evolving needs and how we can best respond. In the coming months the Programs and Practice Support (PPS) Department will be announcing a webinar series and new online learning opportunities. If you have suggestions about how PPS could best contribute to the national CPD landscape and ways we could collaborate, please email us at: pps@cfpc.ca.

CHOOSING WISELY CANADA INTRODUCES NEW TOPICS

Choosing Wisely Canada (CWC) is a campaign to help clinicians and patients engage in conversations about tests, treatments, and procedures that may be unnecessary. As a partner organization, the CFPC has input into the materials targeted at primary care providers. Watch for a new campaign on using antibiotics wisely to be added to the current suite of CWC tools, such as the Rethinking the Annual Physical and Opioids Wisely [tool kits](#). For more information about CWC, go to choosingwiselycanada.org.

WHAT WE ARE READING: A CPD BIBLIOGRAPHY

Below is a list of scholarly literature that has recently come to our attention. These publications have attracted our interest because they address recent trends in CPD, support the principles of Mainpro+ certification guidelines, or introduce unique concepts in adult learning. We hope you will find this information helpful as you develop CPD activities.

Berkhout JJ, Helmich E, Teunissen PW, van der Vleuten CPM, Jaarsma ADC. Context matters when striving to promote active and lifelong learning in medical education. *Med Educ*. 2017;52(1):34-44. doi: 10.1111/medu.13463

Davis DA, McMahon GT. Translating evidence into practice: Lessons for CPD. *Med Teach*. 2018;1-4. doi: 10.1080/0142159x.2018.1481285

Kjellström S, Andersson AC. Applying adult development theories to improvement science. *Int J Health Care Qual Assur*. 2017;30(7):617-627.

Manley K, Martin A, Jackson C, Wright T. A realist synthesis of effective continuing professional development (CPD): A case study of healthcare practitioners' CPD. *Nurse Educ Today*. 2018;69:134-141. doi: 10.1016/j.nedt.2018.07.010

Micallef R, Kayyali R. Factors affecting a face-to-face learning event. *Int J Pharm Pract*. 2018;26(2):183-190.

Rezaiefar P, Forse K, Burns JK, Johnston S, Muggah E, Kendall C, Archibald D. Does general experience affect self-assessment? *Clin Teach*. 2018;May. doi: 10.1111/tct.12797

Sargeant J, Wong BM, Campbell CM. CPD of the future: a partnership between quality improvement and competency-based education. *Med Educ*. 2017;52(1):125-135. doi: 10.1111/medu.13407

Stephenson CR, Wittich CM, Pacyna JE, Wynia MK, Hasan O, Tilburt JC. Primary care physicians' perceptions of practice improvement as a professional responsibility: a cross-sectional study. *Med Educ Online*. 2018;23(1):1474700. doi: 10.1080/10872981.2018.1474700

MEET THE CONTINUING PROFESSIONAL DEVELOPMENT TEAM

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