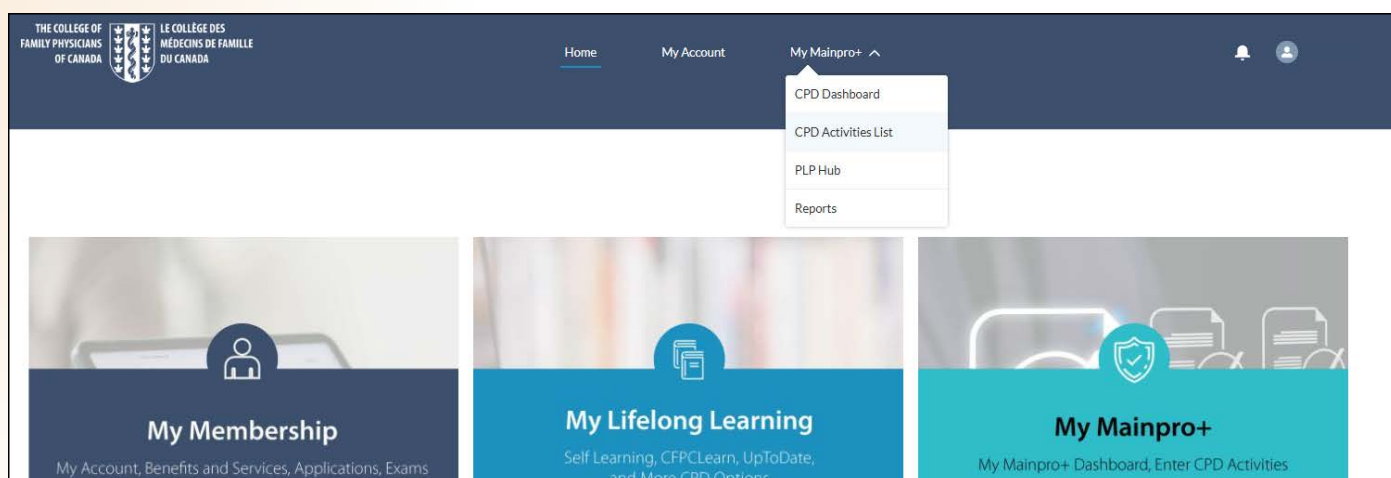




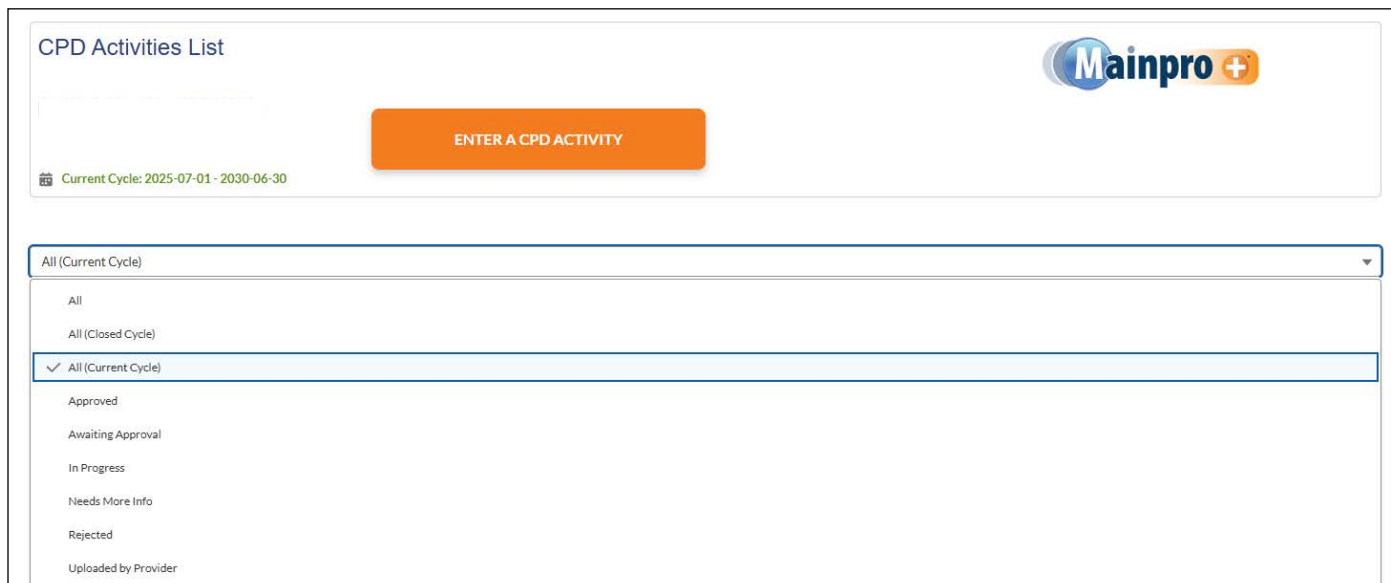
This step-by-step guide will show you how to access and navigate your CPD Activities List to view activities in your Mainpro+® account.

Click the downward arrow beside the My Mainpro+ tab and select **CPD Activities List**.



At the top of the page, you can choose the list of credit submissions you want to see. Some of your options include:

- ▶ All
- ▶ All (current cycle)
- ▶ Approved
- ▶ Awaiting Approval
- ▶ In Progress (note: these are saved activities)
- ▶ Needs More Info
- ▶ Rejected



Each activity in the list includes various columns with key information, such as:

- ▶ Credit Submission number, which is a unique number for your submission
- ▶ Activity Type
- ▶ Activity Completion Date
- ▶ Status

You can change the order your activities are displayed by selecting a column (e.g., Activity Completion Date) and sorting it in ascending or descending order.

To view the details of an activity, simply click on the **Credit Submission Number**.

Credit ...	Activity Type	Member	Se...	To...	Activit...	Activit...	Status
1	MRA QI/PI Programs	Dr. Clark Ke...		99.00	2026-01-...	2026-01-...	Approv...
2	Advanced Life Support cours	Dr. Clark Ke...		14.00	2026-01-...	2026-01-...	Approv...
3	Linking Learning to Administra	Dr. Clark Ke...		5.00	2025-12-...	2025-12-...	Approv...

If you're looking for a specific submission, use the search bar. Type in the name of the activity or a keyword such as "University" to see a list of your submitted or in-progress activities.

Credit ...	Activity Type	Activity Title	Member	Se...	Status
1	MRA QI/PI Progra...	Western University Dept of Family Medicine Grand	Dr. Clark Ke...		approv...