



ACTIVITY CATEGORIES

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CERTIFIED ACTIVITIES

Mainpro+® participants must earn at least 125 certified credits during a reporting cycle.

NON-CERTIFIED ACTIVITIES

All non-certified activities are eligible for one non-certified credit per hour of participation.



Group Learning

- CFPC certified Mainpro+ Group Learning activities (e.g., conferences, medical rounds, interactive webinars, journal clubs)
- Advanced Life Support programs (including ALARM)
- American Academy of Family Physicians (AAFP) Formal Prescribed credits
- American Medical Association (AMA) PRA Category 1 credits (maximum 50 credits per cycle*)
- Foundation for Medical Practice Education Practice Based Small Group (PBSG) Learning Program
- MOREOb Plus program
- Quebec Category 1 credits
- Royal College of Physicians and Surgeons of Canada Maintenance of Certification Accredited Section 1 activity credits (maximum 50 credits per cycle*)
- Other certified Group Learning activities

- AAFP Elective credits
- Royal College of Physicians and Surgeons of Canada Section 2 credits
- Other (non-certified) educational conferences, medical rounds, webinars
- Other (non-certified) small group activities

INDUSTRY-SPONSORED (E.G., PHARMACEUTICAL) MEETINGS THAT DO NOT BEAR THE CFPC CERTIFICATION STATEMENT ARE NOT ELIGIBLE FOR ANY TYPE OF MAINPRO+ CREDITS.



Self-Learning

- CFPC certified Mainpro+ Self-Learning activities
- CFPC Self Learning™ Program
- *Canadian Family Physician (CFP)* Mainpro+ articles
- AAFP Formal Prescribed credits (self-study activities)
- AMA PRA Category 1 credits
- Formal clinical traineeship/fellowship
- Formal studies/university degree
- Linking Learning to Administration
- Linking Learning to Practice
- Linking Learning to Research
- Linking Learning to Teaching
- Online CPD (e.g., InfoPOEMs, UpToDate)
- Quebec Category 1 credits
- Other certified Self-Learning activities

- Committee participation
- Curriculum development
- Educational planning
- Journal reading
- Preparing for and presenting at conferences, speaking engagements, lectures
- Preparing/submitting manuscripts for publication
- Self-study using enduring materials (e.g., podcasts, monographs, videos, e-learning modules)
- Teaching activities (clinical or academic)



Assessment

- CFPC accreditation surveyor
- CFPC certified Mainpro+ Assessment activities
- CFPC Examination of Added Competence in Emergency Medicine
- CFPC peer tutor (e.g., ARC or Pearls.ce tutor)
- American Board of Emergency Medicine Certification or Recertification Examination
- American Board of Family Practice (ABFP) Certification or Recertification Examination
- Examiner for major medical examinations such as the Certification Examination in Family Medicine, Examination of Added Competence in Emergency Medicine, or Medical Council of Canada Qualifying Examination
- Linking Learning to Assessment
- Medical Council of Canada MCC 360 multi-source feedback program
- Pearls™
- Pearls.ce
- Practice audits/quality assurance programs
- Provincial practice review and enhancement programs
- Royal College of Physicians and Surgeons of Canada MOC Accredited Section 3 activity credits (maximum of 50 credits per cycle*)
- Quebec Category 1 credits
- Other certified Assessment activities

- Family medicine curriculum review
- Manuscript review for medical journals
- Review of clinical practice guidelines
- Review of learning materials

CPD = continuing professional development

*Certified credits that exceed the category maximums can be entered as non-certified activities.

The CFPC will consider credit requests, via the Request for Individual Consideration form, for learning opportunities or CPD activities held outside Canada that the participant believes to be aligned with the CFPC's certification requirements. Please note that the CFPC reserves the right to award non-certified credits for activities that do not meet the minimum certification requirements.

MAINPRO+ SUMMARY

CYCLE Dates

- Cycle start and end dates: July 1st and June 30th, respectively

CYCLE Requirements

- Five-year reporting cycle
- During each five-year cycle you must earn and report a minimum of 250 credits, and at least 125 must be certified
- Minimum 25 credits earned and reported each year
- Mandatory online credit reporting

ACTIVITY Categories



Group Learning

Activities that provide opportunities to learn with others



Self-Learning

Activities planned and implemented by the individual, outside the context of a group



Assessment

Activities that stimulate learning through the analysis of data or provision of feedback about an individual's or group's performance

CREDIT Categories

CERTIFIED CPD

Activities that have been reviewed and approved by the College as meeting standards for certified CPD

NON-CERTIFIED CPD

Activities that have not been formally reviewed by the College but comply with the College's definition of CPD, are non-promotional in nature, and provide valuable professional learning opportunities

CARRY-OVER credits

In Mainpro+ up to 40 certified credits can be carried over to the next cycle. Carry-over credits are applicable only if extra credits are reported beyond the required 125 certified (and 250 total) credits from the last completed cycle.

LINKING LEARNING exercises

With our expanded Linking Learning program, Mainpro+ participants can now earn certified credits by completing reflection activities such as Linking Learning to Practice, Teaching, Assessment, Research, and Administration.