Medical Abortion Training

1. Accredited program created through collaboration between:
   • Society of Obstetricians and Gynecologists of Canada
   • College of Family Physicians of Canada
   • Canadian Pharmacists Association
     • [https://sogc.org/online-courses/courses.html](https://sogc.org/online-courses/courses.html)
     • 6 modules, 1.5 - 3 hours to complete, $50

2. National Abortion Federation
   • [www.prochoice.org](http://www.prochoice.org)

3. Celopharma Training Program
Abortion Resources for Family Physicians

Approximately one in three women in Canada has an abortion in her lifetime, according to a 2012 report.\(^1\) Family physicians play a crucial role in supporting patients who need abortion care. Currently many Canadian communities, particularly in rural or remote regions, lack abortion services, which forces patients to travel long distances for care. With the availability of mifepristone, a drug used in combination with misoprostol under the brand name Mifegymiso to induce an abortion, family physicians have an opportunity to extend their practices to incorporate this care and improve access to this service for their patients and communities. The following are links to resources for family physicians who want to provide or refer their patients for abortion care.

Resources for physicians

- **Health Canada approves updates to Mifegymiso prescribing information: Ultrasound no longer mandatory.**
  Health Canada is informing Canadians that the prescribing and patient information for Mifegymiso has been updated to reflect that an ultrasound is no longer required before the drug is prescribed. Mifegymiso is a combination product containing two drugs (mifepristone and misoprostol) that are taken in sequence for the medical termination of a pregnancy.
  
  Please click on the link below regarding Mifegymiso prescribing from Health Canada for more information.

- **Canadian Abortion Providers Support:**
  This online community of practice provides a broad range of information for providers and is supported by the College of Family Physicians of Canada (CFPC). The site includes Protocols, Ask an Expert, Academic Resources, Tools, Frequently Asked Questions, Locate a Pharmacy, etc. Users must register to access the site, but membership is free: [https://www.caps-cpca.ubc.ca/index.php/Main_Page](https://www.caps-cpca.ubc.ca/index.php/Main_Page)
Other Resources:

**Medical Abortion Guidelines:**
Society of Obstetricians and Gynecologists of Canada with CFPC members:
JOGC April 2016 38(4): 366-389

**National Abortion Federation**
NAF membership for MA providers - $125

**Reproductive Health Access Project (US)**
https://www.reproductiveaccess.org
Join Canada’s online community for health professionals certified to provide Mifepristone.

- Exchange tips, resources, and best practices
- Gain feedback from experts
- Locate pharmacies in your region

LEARN MORE
Helpful Resources

Below are the Canadian Resources in CAPS members may be most interested in becoming familiar with. You can search by name, date last edited, and last editor.

Uploaded Files

<table>
<thead>
<tr>
<th>Page Title</th>
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<tbody>
<tr>
<td>Consent form provided by the SOGC training</td>
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<tr>
<td>Consent form shared by Kensington Clinic</td>
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<td>Consent form shared by The Bay Centre for Birth Control</td>
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<td>Consent form shared by Willow Clinic</td>
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<tr>
<td>Mifegymiso Patient Consent Form</td>
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<tr>
<td>Patient information sheet shared by Kensington Clinic</td>
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<tr>
<td>Patients Mifegymiso Guide</td>
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“Locate a Pharmacy”
68 on the map (as of 2018/03/05)

- AB = 10 (5 Urban, 5 Rural)
- BC = 23 (15 Urban, 7 Rural)
- MB = 3 (Urban)
- NB = 1 (Rural)
- NFL = 0
- NWT = 0
- NS = 5 (2 Urban, 3 Rural)
- NU = 0
- ON = 20 (18 Urban, 2 Rural)
- PEI = 0
- QC = 0
- SK = 7 (5 Urban, 2 Rural)
- YK = 0
# Medical Abortion Charting Form

**Patient Name:** [Name]

**Tel:** [Number]

**DOB:** [Date]

**Age:** [Age]

**Health Card:** [Number]

## 1. Counselling
- [ ] Pregnancy options counselling provided
- [ ] Surgical vs. medical abortions discussed
- [ ] Medical abortion protocol explained
  - [ ] Reviewed timing of ultrasound, lab tests, medications, follow-up appointment
  - [ ] Reviewed effectiveness, side effects and potential complications
- [ ] Contraception plan: __________________________ start date: __ / __ / __

## 2. Determine Eligibility for a Medical Abortion

**Confirm All Inclusion Criteria**
- [ ] Expresses clear decision to have an abortion
- [ ] No indication of being coerced into abortion
- [ ] Informed consent process completed
- [ ] Understands expected side effects (bleeding, cramping)
- [ ] Agrees to comply with the visit schedule
- [ ] Agrees to a surgical abortion should pregnancy continue
- [ ] Understands when and where to consult in case of emergent complications
- [ ] Has access to a telephone, transportation, and emergency medical care
- [ ] Review of current medications
- [ ] Allergies: 

**Absolute Contraindications (exclude all)**
- [ ] Chronic adrenal failure
- [ ] Inherited porphyria
- [ ] Uncontrolled asthma
- [ ] Allergy to mifepristone or misoprostol
- [ ] Ectopic pregnancy
- [ ] Coagulopathy or current anticoagulant therapy

**Consider and Manage Relative Contraindications:**
- [ ] Pregnancy of unknown location or gestational age
- [ ] Long term corticosteroid use
- [ ] Anemia with hemoglobin Hb < 95 g/L
- [ ] IUD in situ (no longer a contraindication if removed)

## 3. Physical Exam, Gestational Age, Pregnancy Location
- [ ] LMP: ___ / ___ / ___ (date)
- [ ] Vital signs: BP ___ HR ___
- [ ] Gestational age on / ___ / ___ is: ___ weeks ___ days
  - [ ] confirmed clinically and with urine test
  - [ ] confirmed by ultrasound
- [ ] βhCG done or planned (see section 4, Labs) or
- [ ] βhCG not done
- [ ] Follow-up appointments scheduled ___ / ___ / ___ (date)

## 4. Initial Labs and Imaging

**Lab tests completed:**
- [ ] ABO RH
- [ ] Antibody Screen
- [ ] 120 or 300 µg Rho(D) Ig given

**Hemoglobin:**
- [ ] Baseline βhCG ___ IU on / ___ / ___
- [ ] Gonorrhea and chlamydia

**Imaging**
- [ ] Dating ultrasound requisition, appointment on ___ / ___ / ___

## 5. Provision of Mifeprisno®
- [ ] Review U/S and lab results with the patient and agree to proceed
- [ ] Prescribe Mifeprisno® (indicate on prescription a “dispense before” date appropriate for gestational age)
Ask an Expert

Do you have a question for one of our medical abortion experts? Click below to begin your question.
- Please do not include any personal or identifying information about your patients.
- You will receive a response from an expert within two days.
- If you have been matched up with an expert, the “Matched?” column should change to “Yes.”

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<tr>
<th>Problem</th>
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<td>General guidance</td>
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<td>questions conerning prescription and dispensing</td>
<td>Regulatory/Health Systems</td>
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<tr>
<td>re: expected drop in bhcg at 24 hrs post miso in 9 wk pregnancy</td>
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