

THE COLLEGE OF
FAMILY PHYSICIANS
OF CANADA



LE COLLÈGE DES
MÉDECINS DE FAMILLE
DU CANADA

Your **Section of Residents**





Congratulations

on your entrance into family medicine residency, and welcome to your new family medicine home, the College of Family Physicians of Canada (CFPC).

What is the CFPC? More than the CCFP exam!

- We are leaders in family medicine.
- We are the professional organization, at more than 45,000 members strong, responsible for establishing standards for the training, certification, and lifelong education of family physicians in Canada.
- We advocate on behalf of the specialty of family medicine.
- We provide **special designations**, such as **Certification in the College of Family Physicians of Canada (CCFP)**, **Fellowship in the College of Family Physicians of Canada (FCFP)**, and **Certificates of Added Competence (CACs)**.
- The SoR Council has an influential voice regarding the future of family medicine in Canada.

How do you benefit from being a CFPC member?

- **Mainpro+®:** The CFPC helps you track your continuing professional development (CPD) and maintain your certification through Mainpro+. Residents can carry over 40 credits into their first active Mainpro+ cycle. Find out more at <https://www.cfpc.ca/en/education-professional-development/Mainpro/mainpro-for-resident-members>.
- **Learning resources:** Receive a complimentary *Canadian Family Physician* print subscription, among other learning resources like webinars and podcasts, and enjoy discounted rates to access **CFPCLearn** and the **Self Learning™ Program**. **Note:** You can create a free CFPCLearn account and access all content (except FMF videos) but won't be able to claim credits.
- **Family Medicine Forum:** Participate in Family Medicine Forum, the largest gathering of family physicians in Canada. Residents receive discounts at registration: <https://fmf.cfpc.ca>.
- **Awards and grants:** CFPC members are eligible for grants and awards each year, including resident-specific awards and scholarships, through the CFPC's and the **Foundation for Advancing Family Medicine (FAFM)**'s joint Honours and Awards Program.
- **Practice Management (PM) Prep:** The CFPC's free and easy-to-use online tool highlights what you need to know about financial management, medico-legal issues, practice options, and work-life balance. Go to <https://pmprep.firstfiveyears.ca>.
- **Professional Learning Plan (PLP):** Free access to the **PLP tool**. The tool provides step-by-step guidance to address key needs, offers new opportunities for practice improvement, and helps you plan CPD goals at any stage in your professional practice.
- **Member Interest Groups Section:** Explore particular areas of interest in family medicine and interact with like-minded colleagues across Canada: <https://www.cfpc.ca/migs>.
- **Discounts on financial services:** Enjoy preferred rates on home and auto insurance and on financial services for business and personal accounts: <https://www.cfpc.ca/en/member-services/value-of-membership/group-benefits>.

What is the Section of Residents (SoR)?

Your voice at the CFPC!

- The SoR consists of all residents from Canada's 18 family medicine programs—you are automatically a member.
- The SoR is represented by the SoR Council, a national committee composed of R1 and R2 representatives elected or selected by their programs.
- Take a look at our website to learn more: <http://www.cfpc.ca/SectionofResidents>.



What is the purpose of the SoR Council?

To represent family medicine residents from across Canada!

- We shape the national discussion on family medicine education and training from the resident point of view.
- The full council meets three to four times per year. Meetings are typically held virtually, with the occasional in-person meeting.
- The SoR offers guidance and information to assist you throughout this exciting stage of your career.
- Residents develop and help inform resources and tools, such as the [Guide for Improvement of Family Medicine Training \(GIFT\)](#).

Topics:

- Guide to Providing a Practical Approach to Addressing Obesity Management in Family Practice
- Guide to Integrating Planetary Health in Family Medicine Training
- Guide to Effective Feedback in Family Medicine Residency
- Guide to Periodic Reviews in Family Medicine Residency

How do you get involved?

Connect with us!

- Join the SoR Council! [Contact your local representative](#) or email education@cfpc.ca to get in touch. Elections take place each summer and the first meeting is held in the fall.
- Get involved in teaching or mentorship by contacting the CFPC's Section of Medical Students and Family Medicine Interest Groups online (<http://www.cfpc.ca/medicalstudents>) or email education@cfpc.ca.
- Connect with the First Five Years in Family Practice Committee as you transition to practice for invaluable support and networking opportunities: <http://www.cfpc.ca/FirstFiveYears>.

Connect with the College!



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Threads



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For more information about **membership**,
contact membership@cfpc.ca

For more information about the **Section of Residents**,
go to <https://www.cfpc.ca/sectionofresidents>
or contact education@cfpc.ca

