CFPC ePanel #4: Mandatory CPD for Prescribing Opioids

Member Statistics

342 ePanel members completed the survey (42% response rate).

Q1. Do you prescribe opioids to adults?

Yes 96%

No 4%
Q1i. Why don’t you prescribe opioids?

- **54%**
  My practice does not involve treating pain in adults

- **0%**
  I am part of a group practice in which there is no prescribing of opioids

- **8%**
  I consider the risk of opioid prescribing outweigh the benefits

- **0%**
  Restrictions on my licence to practice prohibit my prescribing opioids

- **46%**
  Other
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Member Statistics

Q2. In a typical week in your practice, what proportion of patients would present with pain severe enough for prescribing of opioids to be considered?

Patient Name: ____________________________
Address: ____________________________ Date: __________

RX

77% 13% 2% 2% 2% 3%
0% 1%–10% 11%–20% 11%–49% 50%–79% >80%

MD: ____________________________________________
Signature: ________________________________________
Q3. What top 3 factors influence your decision to prescribe opioids for a patient?

- Patient preference/request: 0%
- Concurrent conditions: 2%
- Reported chronicity or duration of pain: 4%
- Previous prescribing by other physicians for the patient: 4%
- Patient’s previous analgesic experience: 4%
- Your comfort and knowledge about therapeutic options: 7%
- Collaborative discussion with the patient: 9%
- Patient’s current analgesic use: 11%
- Reported severity of pain: 12%
- Availability of other, non-opioid options for treatment of pain: 12%
- Cause of pain (e.g. cancer vs non-malignant): 17%
- Other: 18%
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Member Statistics

Q4. What resources would help you to prescribe opioids effectively?

- Dedicated Continuing Professional Development (CPD): 50%
- Up-to-date guides for my reference: 54%
- Electronic tools that can assist the decision-making in real time: 39%
- Solid mechanisms for connecting with other health care providers such as addiction specialists and pain management specialists for assistance: 49%
- Other: 10%
- Nothing – I am very comfortable prescribing opioids: 20%
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Member Statistics

Q5. To what extent do you believe that prescribing of opioids by family physicians is a significant contributor to the problems we now see with misuse and/or abuse of these drugs in our communities?

- Not significant: 7%
- Somewhat significant: 56%
- Very significant: 37%

Q6. Would you support mandatory CPD on appropriate prescribing of opioids?

- No: 37%
- Yes: 63%