DDPCI Transition readiness checklist and transition toolkit

Developmental Disabilities Primary Care Initiative (DDPCI)
Transition Working Group

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Transition vs Transfer

Transition
• Occurs over time
• Purposeful planned movement of youth from child-centered to adult-centered care

Transfer
• One-time event
• Responsibility of care moves from child-centered to adult-centered provider

Transition Readiness Checklist

• A questionnaire that assesses the health care skills of the youth with developmental disabilities (DD) and their caregivers.
• The youth and primary caregiver should complete the questionnaire together.
• The tool looks at four different health skill areas:
  • Knowledge of Health Condition(s), Medication and Treatment
  • Taking Charge of Health Condition(s), Medication and Treatment
  • Taking Charge at the Doctor’s Office
  • Daily Living Skills and Thinking About the Future
Transition Toolkit

- Builds on the Transition Readiness Checklist
- Explains the skills needed in each area of readiness
- Suggests tools that will help the person with DD and their caregivers to achieve each skill.

Creating The Transition Toolkit

Using the Transition Readiness Checklist

Examples of Tools
The Readiness Checklist and Toolkit

Strengths
- Provides a method of assessment of skills and the tools to build the skills
- Brief listing of 1-2 tools per skill
- Tools are available and accessible (many online, free)
- Many tools are designed specifically for the youth or adults with DD to complete themselves
- Some tools are designed for caregivers of people with DD
- Many tools are Canadian
- Tools are evidence based or based on best clinical practice

Limitations
- Very health oriented
- Not exhaustive
- Has not yet been evaluated in a primary health care setting

Strengths and Limitations of Transition Readiness Checklist

- Developmental Disabilities Primary Care Initiative (DDPCI) Transition Working Group
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Readiness Checklist and Toolkit are Available at:

- FMF website
- Surrey Place Website: www.surreyplace.on.ca/Primary-Care/Pages/Tools-for-care-givers.aspx
- mdtransition@gmail.com

Other Examples of Tools

- Portable Patient Profile
  - www.docnplace.on.ca/Primary-Care/Tools-for-care-givers.aspx
- My Health - 3-Sentence Summary
  - www.docnplace.on.ca/Primary-Care/Tools-for-care-givers.aspx
- My Health - 3-Sentence Summary
  - www.docnplace.on.ca/Primary-Care/Tools-for-care-givers.aspx
- Canadian Health Assessment
  - www.docnplace.on.ca/Primary-Care/Tools-for-care-givers.aspx
- MedicAlert alternates - www.medicalert.ca