Indigenous Health Committee One Pager for The Unforgotten Movie Screening Event

## About the movie

<u>The Unforgotten</u> is a 35-minute film about the health and well-being of Indigenous people in Canada and features personal first-hand accounts of First Nations, Inuit, and Métis individuals. The film provides a snapshot of Indigenous health in Canada—it is intended to "raise awareness about the inequities Indigenous peoples face, inspire compassion and drive conversations to close the health gap between Indigenous and non-Indigenous communities." (theunforgotten.cma.ca).

## Resources to review before watching the movie

- <u>The Residential School System</u>
- Maclean's article <u>What Joyce Echaquan Knew</u>
  - Article about Joyce Echaquan's tragic death and pervasive systemic anti-Indigenous racism in the health care system
- Inuit Tapiriit Kanatami's <u>National Inuit Suicide Prevention Strategy</u>
  - Pages 11 to 25 provide an overview of risk factors for suicide specific to Inuit in Canada
- Forced and Coerced Sterilization of Persons in Canada
  - Pages 17 to 22 in the Standing Senate Committee on Human Rights report provides an overview of the history of sterilizations of Indigenous women in Canada

## Resources to use after watching the movie

- <u>The Unforgotten Toolkit</u>
  - $\circ~$  The CMA tool kit has additional educational resources, including a workbook with questions for reflection
- <u>CanMEDS-Family Medicine Indigenous Health Supplement</u>
  - This CFPC resource outlines critical knowledge and skills needed for effective therapeutic interactions and culturally safe care of Indigenous patients, families, and communities
- Health and Health Care Implications of Systemic Racism on Indigenous People in Canada
  - A fact sheet prepared by the Indigenous Health Working Group of the College of Family Physicians of Canada and Indigenous Physicians Association of Canada
  - For personal stories from survivors of residential schools, explore the Legacy of Hope's <u>"Our Stories... Our Strength"</u>