

MIGS Annual Performance Report

March 1, 2024, to February 28, 2025

Member Interest Groups Section



22

member interest groups

MIGS Membership



12,092 (26%)

CFPC's **46,000+** members belong to at least one member interest group, an increase of **735** members

MIGS Member Engagement



MIGS Forum

- **19 (54%)** MIGS leaders attended the MIGS Forum in June 2024

MIGS at FMF

- **6 sessions** presented on behalf of MIGS at FMF 2024
- **32 members** attended the MIGS Networking Event on November 8, 2024

MiGroups (online platform hosted by TimedRight)

- **5,308 (44%)** MIGS members were registered on the MiGroups platform, an increase of 122 members
- **2,933 monthly content interactions** (page views, file downloads, new discussions, replies, etc.) on average across all groups each month over the past 12 months



MIGS Activity

- **10** projects submitted for MIGS support
- **5** submissions approved and supported by the MIGS Council
- **10** projects completed in the four MIGS focus areas (Thought Leadership, Practice Support, Education and Training, Policy and Advocacy) including projects approved in previous years
- **220** Mainpro+® credits claimed for MIGS content
- **26,237** views on MIGS content released this year



MIGS Project Highlights

- Resources developed through MIGS projects
 - **1** eBook
 - **11** webinars
 - **3** podcasts
 - **1** position statement
 - **1** guideline
 - **4** infographics for patients and providers



Conjoint Committees Highlights

- **Collaborative Working Group on Shared Mental Health Care (CWGSMHC):**
 - Includes the CFPC and the Canadian Psychiatric Association
 - The committee hosted two meetings over the year and is continuing work on disseminating their recently published position paper and commentary paper on collaborative mental health care to key stakeholders
- **Collaborative Advisory Group for General and Family Practice Anesthesia (CAGA):**
 - Includes the CFPC, the Society of Rural Physicians of Canada, and the Canadian Anesthesiologists' Society
 - The committee hosted two meetings over the year and is continuing their work focusing on raising the profile of Family Practice Anesthetists (FPAs), supporting mentorship programs, creating a network of support for FPAs, and increasing the capacity to train FPAs across the country



Appreciation for our exceptional MIGS leaders

We would like to extend our sincere gratitude for the remarkable commitment, passion, and expertise each leader brings to MIGS.

Their dedication and leadership significantly contributes to our collective efforts in improving family medicine. The progress we've achieved this year reflects their exceptional contributions.

We are fortunate to have such exceptional leaders driving our member interest groups' endeavors.

Dr. Andrew Organek, Co Chair, 2SLGBTQ+ Health

Dr. Thea Weisdorf, Co Chair, 2SLGBTQ+ Health

Dr. Mandy Manak, (past) Chair, Addiction Medicine

Dr. Andrew Lodge, (past) Vice-Chair,
Addiction Medicine

Dr. Genevieve Chaput, Chair, Cancer Care
and MIGS Council member

Dr. Jeanette Boyd, (past) Vice-Chair, Cancer Care

Dr. Pierre-Paul Tellier, Chair, Child
and Adolescent Health

Dr. Lori Montgomery, Vice-Chair, Chronic Pain
and MIGS Council Vice-Chair

Dr. Karen Appel, Vice-Chair, Chronic Pain

Dr. Olusoji Adewole, Chair, Dermatology

Dr. Saadia Hameed Jan, Vice-Chair, Dermatology

Dr. Alicia Thatcher, Chair, Developmental Disabilities

Dr. Jock Murray, Chair, Emergency Medicine

Dr. Sarah Foohey, (past) Vice-Chair,
Emergency Medicine

Dr. Jun Hee Lee, Chair, Enhanced Surgical Skills

Dr. Nadia Alam, Chair, Family Practice Anesthesia

Dr. Val Ginzburg, Chair, Gastrointestinal
and Digestive Health

Dr. Joel Kroeker, Vice-Chair, Gastrointestinal
and Digestive Health

Dr. Mona Haidar, Chair, Global Health

Dr. Yasmin Majeed, Vice-Chair, Global Health

Dr. Domenica Tambasco, Chair, Health
and Environment

Dr. Larry Barzelai, (past) Vice-Chair, Health
and Environment

Dr. Riina Bray, Vice-Chair, Health and Environment

Dr. Sid Feldman, Chair, Health Care of the Elderly

Dr. Vivian Ewa, Vice-Chair, Health Care of the Elderly

Dr. Ovie Albert, Chair, Hospital Medicine
and MIGS Council member

Dr. Eddy Malouf, Vice-Chair, Hospital Medicine

Dr. Milena Forte, Chair, Maternity and Newborn Care

Dr. Sanja Kostov, Vice-Chair, Maternity
and Newborn Care

Dr. Javed Alloo, Chair, Mental Health

Dr. Burton McCann, Chair, Occupational Medicine
and MIGS Council member

Dr. Alfredo Tura, Vice-Chair, Occupational Medicine

Dr. Carmen Johnson, Chair, Palliative Care

Dr. Herag Hamboyan, Vice Chair, Palliative Care

Dr. Erin Bearss, Chair, Physician Wellness
and Resilience

Dr. Sarah Kim, Vice-Chair, Physician Wellness
and Resilience

Dr. Nooshin Nikoo, Chair, Prison Health
and MIGS Council member

Dr. Margaret E. Thomson, Vice Chair, Prison Health

Dr. Lisa Liang, Chair, Sport and Exercise Medicine

Dr. Nitai Gelber, Vice-Chair, Sport
and Exercise Medicine

Dr. Ben Schiff, MIGS Council Chair

Dr. Naila Kassam, MIGS Council member (past)




Dr. Muna Chowdhury, MIGS Council member

Annex 1: List of tools and resources developed by the MIGS from March 1, 2024, to February 28, 2025

Member Interest Group Name	Title	Description	Link	Views/ attendees/ downloads	MainPro+ certification/ number of credits claimed
 2SLGBTQ+ Health	CFPC Statement on Gender-Affirming Care	A position statement released by the CFPC in support of family physicians providing gender-affirming care to their patients.	Position statement	904 page views	Not certified
	CFPC Pride	A web page highlighting the work family physicians have done to support people in 2SLGBTQ+ communities including resources for family physicians looking to expand their knowledge and ability to make sure all patients feel welcome and safe.	Web page	7,158 page views	Not certified
	Pride Stories	A collection of stories from family physicians who belong to the 2SLGBTQ+ community or who provide care to patients who belong to the community.	Actionable advocacy in support of gender-diverse patientst	1,749 page views	Not certified
			Tales from the 2SLGBTQ+ family medicine community and supporters	1,163 page views	
	Caring for 2SLGBTQ+ Patients Experiencing Homelessness	Part of the Family Medicine Rounds Series podcast, this episode reviews the ways that 2SLGBTQ+ patients can experience homelessness differently than those in the general population and how to best support 2SLGBTQ+ patients in your practice.	CFPCLearn Podcast	595 views	Certified: 15
 Cancer Care	Cancer Care Oncology Briefs	Quarterly articles published in <i>Canadian Family Physician (CFP)</i> to support family physicians treating patients with cancer.	Cancer survivorship roadmap	1,752 page views	Not certified
			Melanoma crash course	2,532 page views	
			Cardiotoxicity of cancer treatment	1,164 page views	
	Project Better Health	A collection of resources to help patients adopt healthier habits, including hydration, healthy food choices, sleep, and mental health.	Project Better Health	Not available	Not certified
 Child and Adolescent Health					



Continued on page 5

Continued from page 4

Member Interest Group Name	Title	Description	Link	Views/ attendees/ downloads	MainPro+ certification/ number of credits claimed
 Developmental Disabilities	The Health Check for Adults with Intellectual and Developmental Disabilities (IDD): Multi-stakeholder engagement to develop educational and practice resources for family physicians	This report describes the use of qualitative data on barriers and facilitators to the comprehensive Health Check for adults with IDD to identify strategies for improved uptake.	Full report Summary of results for patients Summary of results for providers	Not available	Not certified
	Developmental Disabilities Webinar Series	A three-part webinar series in which each episode was case-based, chosen and presented by a family physician and, in some cases, supported by other specialists, as appropriate to the topic.	Respiratory issues in adults with IDD GI issues in adults with IDD Gynecologic issues in women with IDD	20 attendees 19 attendees 16 attendees	Certified: 7 Certified: 10 Certified: 7
	Health and Environment Webinar Series	A 10-part webinar series where subject matter experts use the SEAM approach (source, exposure and effects, assessment, and management) to evaluate the health impacts of common toxicant exposures.	Benzene Lead Wildfire Smoke Solvents Heat/Humidity Pesticides	416 views 414 views 631 views 223 views 76 views 88 views	Certified: 12 Certified: 8 Certified: 8 Certified: 10 Certified: 6 Certified: 8
	National Dementia Guidelines for disclosing a diagnosis	The guidelines help family physicians, nurse practitioners, and specialists discuss dementia with patients and care partners.	National Dementia Guidelines	Not available	Not certified
 Health Care of the Elderly	Decision-Making Capacity Assessment in people living with dementia	Part of the Family Medicine Rounds Podcast Series, this episode discusses the pivotal role family physicians play not only in diagnosing and managing dementia, but also in evaluating decision-making capacity.	CFPCLearn podcast	1,413 views	Certified: 47
	Interesting cases in hospital medicine	Part of the Family Medicine Rounds Podcast Series, this episode reviews a case of an older adult with cryptic abdominal pain.	CFPCLearn podcast	1,290 views	Certified: 32
 Hospital Medicine					

Continued on page 6

Continued from page 5

Member Interest Group Name	Title	Description	Link	Views/ attendees/ downloads	MainPro+ certification/ number of credits claimed
 Physician Wellness and Resilience	CFPC Physician Wellness Retreat 2024	A four-day retreat in Kananaskis, Alberta, that provided family physicians an environment in which to learn and apply principles of wellness to their day-to-day lives.	Event summary	144 attendees	Not applicable
 Sport and Exercise Medicine	Clinical Evaluation of the Musculoskeletal System: A Guide for Family Physicians	An eBook developed by Dr. Teresa De Freitas and Dr. Constance Lebrun with over 200 videos focused on musculoskeletal practical examination techniques.	Link to download the eBook	4,391 downloads	Not certified

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