Key Messages from the Fall 2019 Section of Residents Council Meeting

Update on Guide for Improvement of Family Medicine Training (GIFT) Tools
The GIFT 2019 survey on opioid education in residency has now closed. Thank you to the more than 400 residents who completed the survey. The GIFT 2019 working group will now review the data and start working on its full guide and one pager. Be sure to check out our library of previous GIFT one pagers.

Climate change has been selected as the GIFT 2020 topic. Working group members will conduct an environmental scan and develop a survey that will be issued to residents and program directors in the late spring/summer of next year to help narrow the focus of this project. A one pager outlining recommendations for curriculum improvements will be developed and disseminated widely.

Get involved with the Outcomes of Training Project
The Outcomes of Training Project aims to ensure that residency training prepares family physicians for comprehensive practice anywhere in Canada, in alignment with the College of Family Physicians of Canada (CFPC)’s Family Medicine Professional Profile (FMPP). The FMPP is a CFPC position statement that describes family physicians’ collective commitment, roles, and approach to care in the Canadian health care system. It clarifies that our “comprehensive” scope of training goes beyond primary care to include other responsibilities—including home and long-term care, maternal and newborn care, emergency care, and hospital care—along with important roles in leadership, advocacy, and scholarship. Are Canadian residency programs successfully preparing residents according to the FMPP? How would we know—that is, what evaluation would inform this? What educational strategies, including length of training, will best support these goals?

This project aims to involve key stakeholder groups, including residents, in addressing these questions. The project will culminate in late 2020 with educational recommendations being produced based on the findings. Together with CFPC senior project leadership, the SoR executive will consult residents to collect their perspectives on current and future training. Interested residents are invited to email academicfm@cfpc.ca for more information or to submit their thoughts.

The new Practice Management Project has launched
Many family physicians struggle with the business side of practice when they are just starting out, and this has been identified as a gap in training among residency programs across the country. The CFPC is responding to this need with the launch of the Practice Management Project, which includes the creation of an online self-reflection tool for residents. The SoR Council has been asked to promote the Practice Management Prep tool among their faculty, program directors, and fellow residents. A subcommittee of one R1 and two R2s from the SoR Council was constituted to help collect feedback and input from residents.

Help promote the Triple C Curriculum Family Medicine Longitudinal Survey
An update on the results of the Family Medicine Longitudinal Survey was provided. This survey provides residents with opportunities to contribute to the only pan-Canadian source of information about family medicine residency training available. It helps the CFPC identify gaps and improve training, advocate with government, develop relevant policies, and make informed decisions. Residency programs also use the survey results for local curriculum and training improvements. Findings have shown that more than 90 per cent of graduating residents report feeling confident going into practice; however, the survey has also identified some important domains of care for which future practice intentions are lacking, such as
hospitalist care, home care, and serving Indigenous communities. Furthermore, a stark shift has been observed in responses from the end of residency and first three years of practice, with fewer respondents including intrapartum care and emergency care in their practices after they complete training. Residents should be strongly encouraged to participate at all time points of the survey to help ensure we are best prepared to enter practice.

See you at Family Medicine Forum 2019
The second edition of the Student and Resident Lounge at Family Medicine Forum will feature charging stations, popcorn, comfy chairs, selfie frames, and various educational resources, including our excellent collection of GIFT documents. On Friday, November 1st, don’t miss out on our Student and Resident Social at Steamworks Brew Pub. Please join us at the Medical Student and Family Medicine Resident Luncheon on Saturday, November 2nd, for a chance to network with SoR Council members, other residents, and medical students and to enjoy a delicious lunch, take part in a raffle, and sign up for informal mentoring. Participants are encouraged to get social using the hashtag #myFMF.

Get to know the new Member Interest Groups Section
After a 16-month review process, the Section of Communities of Practice in Family Medicine has been relaunched as the Member Interest Groups Section (MIGS). The Section’s new name marks the first stage of its transition, which includes the goal of expanding the Section beyond its existing 19 programs. Visit the MIGS web page for information on how to get involved and benefit from the many resources available. Over the next few months the MIGS will roll out more information showcasing additional changes.

Feedback wanted on Rural Road Map Implementation
The SoR was asked to provide feedback to the Rural Road Map Implementation Committee about rural residency, gaps between urban and rural training, and challenges of practising in rural settings. For more information see the Rural Road Map and the CFPC’s Priority Topics for Competence in Rural and Remote Family Medicine.

Welcome to the new/incoming SoR executive members (2019–2021):
- Dr. Alexei Berdnikov (R2), University of Manitoba: Vice-chair (completing the remainder of the vacant term: September 2019 to June 2020)
- Dr. Bilal Akil (R1), Western University: Chair-elect
- Dr. Aimée Bouka (R1) University of Calgary: Vice-chair–elect
- Dr. John Schulte (R1) University of Saskatchewan: Executive Lead External–elect
- Dr. Joyce Ching (R1), University of British Columbia: Executive Lead Internal–elect

Current SoR executives (2018–2020):
- Dr. Mark Woo (R2), University of Ottawa: Chair
- Dr. McKenzie Lim (R2), University of Saskatchewan: Executive Lead External
- Dr. David Galiano (R2), McGill University: Executive Lead Internal

David Galiano, CFPC SoR Council, Executive Lead Internal
Further questions or concerns should be directed to your SoR Council representative, the names of whom can be found on the SoR website.