The 10 Most Notable Family Medicine Research Studies in Canada: a Retrospective

Authors: Eric Mang, MPA; Artem Safarov, BSc, on behalf of CFPC Health Policy and Government Relations; Alan Katz, MBChB, CCFP, MSc, FCFP; Cheryl Levitt, MBBS, CCFP, FCFP, on behalf of the CFPC Section of Researchers.

Objective: The College of Family Physicians of Canada (CFPC) in 2014 identified the 10 most notable family medicine research papers to promote the best of Canadian family medicine research.

Design: We focused on studies carried out since 2000, although studies carried out before were considered. We developed a framework for inclusion that included topics of interest, regional representation and quality of studies. We listed papers that had received awards for the CFPC Outstanding Family Medicine Research Article, the Canadian Family Physician Best Original Research Article and the Family Medicine Researcher of the Year. CFPC Section of Researchers’ (SOR) Council members and the university departments’ Research Directors suggested additional studies.

Results: 31 studies were reviewed. A short list of 16 studies was developed. From this, we chose the “The Seven Wonders of Family Medicine Research” and with the help of SOR Council executive members the “Top 10 Family Medicine Research Studies” were decided.

Conclusions: “The Seven Wonders of Family Medicine Research” and “Top 10 Family Medicine Research Studies” represent the unique value that Canadian family medicine research has had on health.