

# CFPC Family Physicians Survey on COVID-19

April/May 2021

1) Are you currently engaged in providing clinical care?

Yes

No

2) Please describe the setting(s) where you provide care.

Check all that apply.

|  | Practised in this setting before COVID-19 | Practised in this setting during COVID-19 |
|--|---|---|
| Family medicine clinic                   | <input type="checkbox"/>                  | <input type="checkbox"/>                  |
| Hospital – ER                            | <input type="checkbox"/>                  | <input type="checkbox"/>                  |
| Hospital – ICU                           | <input type="checkbox"/>                  | <input type="checkbox"/>                  |
| Hospital – in-patient setting            | <input type="checkbox"/>                  | <input type="checkbox"/>                  |
| Hospital – outpatient setting            | <input type="checkbox"/>                  | <input type="checkbox"/>                  |
| Community clinic/community health centre | <input type="checkbox"/>                  | <input type="checkbox"/>                  |
| Long-term care home                      | <input type="checkbox"/>                  | <input type="checkbox"/>                  |
| Personal care/retirement home            | <input type="checkbox"/>                  | <input type="checkbox"/>                  |
| Virtual care from my home                | <input type="checkbox"/>                  | <input type="checkbox"/>                  |
| Patients' private residences/home visits | <input type="checkbox"/>                  | <input type="checkbox"/>                  |
| Other (please specify):                  | <input type="checkbox"/>                  | <input type="checkbox"/>                  |

**Please specify other setting(s):**

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**3) What was your main practice setting prior to COVID-19?**

- Family medicine clinic
- Hospital – ER
- Hospital – ICU
- Hospital – inpatient setting
- Hospital – outpatient setting
- Community – other setting
- Long-term care home
- Personal care/retirement home
- Virtual care from my home
- Patients' private residences/home visits
- Other specified

**4) Have you served in a COVID-19 screening, vaccination, or other dedicated COVID-19 facility during the pandemic?**

- Yes
- No

**5) With respect to your main practice setting, describe the population you primarily serve in your practice.**

- Urban/suburban
- Small town
- Rural
- Geographically isolated/remote
- Cannot identify a primary geographic population

**6) Please describe your personal experience with COVID-19.**

**Check all that apply.**

- I've been tested and/or assessed for COVID-19.
- I have, or have had, COVID-19.
- I am experiencing lasting effects of COVID-19 infection.
- I've self-isolated (self-quarantined) due to illness, close contact, travel, or for other reasons.
- I've returned to work after having had COVID-19.
- I've had patients die from COVID-19.
- None of the above.

**7) Have you received a COVID-19 vaccination (full or partial)?**

- Yes
- No

**8) In your region, do family practices/primary care clinics contribute to infectious disease tracking by reporting confirmed or suspected cases of COVID-19 to public health authorities?**

- Yes, and my practice reports cases.
- Yes, but I'm not in a practice that reports cases.
- No.
- Uncertain.

**9) Please describe the situation in your main practice regarding COVID-19 vaccination.**

**Check all that apply.**

- Vaccines have not been delivered to the practice.
- The practice will administer vaccines when they arrive.
- The practice does not have adequate cold storage equipment for vaccines.
- The practice is administering COVID-19 vaccines.
- The practice is directing patients to COVID-19 vaccination sites.

**10) Please rate your confidence in ...**

|   | <b>Not confident at all</b> | <b>Slightly confident</b> | <b>Somewhat confident</b> | <b>Fairly confident</b> | <b>Completely confident</b> | <b>Not sure</b>       |
|---|-----------------------------|---------------------------|---------------------------|-------------------------|-----------------------------|-----------------------|
| ... having conversations with patients and addressing their questions about COVID-19 vaccines | <input type="radio"/>       | <input type="radio"/>     | <input type="radio"/>     | <input type="radio"/>   | <input type="radio"/>       | <input type="radio"/> |
| ... delivering COVID-19 vaccines in your clinic, once they are more readily available         | <input type="radio"/>       | <input type="radio"/>     | <input type="radio"/>     | <input type="radio"/>   | <input type="radio"/>       | <input type="radio"/> |

**11) Has your main practice been asked to help identify patients who should be prioritized for COVID-19 vaccination?**

- Yes
- No
- Uncertain

**12) Please indicate which of the following activities are part of your practice:**

**Check all that apply.**

- Providing diagnostic tests for possible COVID-19 infection
- Performing antigen tests for past COVID-19 infection
- Counselling patients about COVID-19 vaccines

- Caring for ambulatory patients with COVID-19
- Caring for hospitalized patients with COVID-19
- Developing new programs in response to COVID-19
- Contributing to COVID-19 research and/or clinical studies
- Participating in COVID-19 advisory/planning committees, task forces, or groups
- Other actions in response to COVID-19 (please specify): \_\_\_\_\_\*
- None of the above

**13) Please indicate if you're treating or managing COVID-19 with the following patient/population groups:**

**Check all that apply.**

- Elderly patients in their homes
- People living in long-term care homes
- People living in personal care, retirement, or other residential facilities
- People with pre-existing and/or chronic conditions
- Homeless people
- Indigenous communities
- Health care workers
- Other (please specify): \_\_\_\_\_
- None of the above

**14) Since September 2020 how has your overall professional workload changed?**

- Workload has **increased** since September 2020 (please estimate by what percentage): \_\_\_\_\_\*
- Workload has **decreased** since September 2020 (please estimate by what percentage): \_\_\_\_\_\*
- Workload has **not changed** since September 2020

**15) Please estimate the average number of on-call work hours you work per month:**

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**16) Excluding on-call work, how many hours do you work in an average week?**

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**17) What best describes your current professional workload?**

- Working below desired capacity
- Working at desired capacity
- Working beyond desired capacity

**18) Approximately what percentage of your office visits or patient contacts in the past week were handled through virtual care?**

Please enter zero if none.

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**19) How frequently do you use the following technologies in your practice for virtual care?**

|                              | <b>Very frequently</b>   | <b>Often</b>             | <b>Occasionally</b>      | <b>Rarely</b>            | <b>Never</b>             |
|------------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Video                        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Telephone                    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Email                        | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Text messaging               | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Other (please specify below) | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**20) Please specify other types of virtual care you provide:**

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**21) How has virtual care affected access to and the quality of the care that you and your team provide?**

Virtual care has...

|  | <b>Worsened</b> | <b>Had no effect on</b> | <b>Improved</b> | <b>Undecided / Uncertain</b> |
|--|-----------------|-------------------------|-----------------|------------------------------|
| Access to care for patients                        | ( )             | ( )                     | ( )             | ( )                          |
| Interactions and relationships with patients       | ( )             | ( )                     | ( )             | ( )                          |
| Interactions and relationships with co-workers     | ( )             | ( )                     | ( )             | ( )                          |
| Collaborative care across the health care team     | ( )             | ( )                     | ( )             | ( )                          |
| Delivery of procedural health care services        | ( )             | ( )                     | ( )             | ( )                          |
| Chronic disease management                         | ( )             | ( )                     | ( )             | ( )                          |
| Mental health care                                 | ( )             | ( )                     | ( )             | ( )                          |
| Assessing/diagnosing new patient complaints        | ( )             | ( )                     | ( )             | ( )                          |
| Practice workflow                                  | ( )             | ( )                     | ( )             | ( )                          |
| Privacy and confidentiality of patient information | ( )             | ( )                     | ( )             | ( )                          |
| Personal work-life balance                         | ( )             | ( )                     | ( )             | ( )                          |

**22) What can the College of Family Physicians of Canada do to support the adoption of virtual care in family practice?**

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**23) Please rate your level of concern about each of the following issues related to COVID-19.**

|  | <b>Not at all concerned</b> | <b>Slightly concerned</b> | <b>Somewhat concerned</b> | <b>Moderately concerned</b> | <b>Extremely concerned</b> | <b>Not sure</b> |
|--|-----------------------------|---------------------------|---------------------------|-----------------------------|----------------------------|-----------------|
| Patients' emotional/mental stress                                  | ( )                         | ( )                       | ( )                       | ( )                         | ( )                        | ( )             |
| Patients' non-prescription substance use (e.g., alcohol, cannabis) | ( )                         | ( )                       | ( )                       | ( )                         | ( )                        | ( )             |
| Patients' prescription substance use (e.g., opioids)               | ( )                         | ( )                       | ( )                       | ( )                         | ( )                        | ( )             |
| Patients' health risks due to reduced patient-doctor contact       | ( )                         | ( )                       | ( )                       | ( )                         | ( )                        | ( )             |
| Availability of personal protective equipment                      | ( )                         | ( )                       | ( )                       | ( )                         | ( )                        | ( )             |



|   |     |     |     |     |     |     |
|---|-----|-----|-----|-----|-----|-----|
| Access to COVID-19 vaccines for patients  | ( ) | ( ) | ( ) | ( ) | ( ) | ( ) |
| Access to COVID-19 vaccines for health workers  | ( ) | ( ) | ( ) | ( ) | ( ) | ( ) |
| Fewer in-person interactions with patients  | ( ) | ( ) | ( ) | ( ) | ( ) | ( ) |
| Reduced access to electronic medical record/electronic health record information during remote work | ( ) | ( ) | ( ) | ( ) | ( ) | ( ) |
| Reduced access to practice support staff  | ( ) | ( ) | ( ) | ( ) | ( ) | ( ) |
| Ability to fulfill teaching role with medical residents/students                                    | ( ) | ( ) | ( ) | ( ) | ( ) | ( ) |
| Lost practice revenue due to fewer patient visits   | ( ) | ( ) | ( ) | ( ) | ( ) | ( ) |
| Poor remuneration for virtual care  | ( ) | ( ) | ( ) | ( ) | ( ) | ( ) |
| Possibility that I will get COVID-19  | ( ) | ( ) | ( ) | ( ) | ( ) | ( ) |

|  |     |     |     |     |     |     |
|--|-----|-----|-----|-----|-----|-----|
| Possibility that I will infect patients with COVID-19                | ( ) | ( ) | ( ) | ( ) | ( ) | ( ) |
| Possibility that I will infect family/friends with COVID-19          | ( ) | ( ) | ( ) | ( ) | ( ) | ( ) |
| Lack of clarity from governments on my role in the pandemic response | ( ) | ( ) | ( ) | ( ) | ( ) | ( ) |

**24) Please describe your current physical, mental, and emotional states.**

|  | <b>Always</b> | <b>Often</b> | <b>Sometimes</b> | <b>Seldom</b> | <b>Never/almost never</b> |
|--|---------------|--------------|------------------|---------------|---------------------------|
| How often do you feel tired?                           | ( )           | ( )          | ( )              | ( )           | ( )                       |
| How often are you physically exhausted?                | ( )           | ( )          | ( )              | ( )           | ( )                       |
| How often are you emotionally exhausted?               | ( )           | ( )          | ( )              | ( )           | ( )                       |
| How often do you think, "I can't take it anymore"?     | ( )           | ( )          | ( )              | ( )           | ( )                       |
| How often do you feel worn out?                        | ( )           | ( )          | ( )              | ( )           | ( )                       |
| How often do you feel weak and susceptible to illness? | ( )           | ( )          | ( )              | ( )           | ( )                       |

|  |     |     |     |     |     |
|--|-----|-----|-----|-----|-----|
| Do you feel worn out at the end of the working day?  | ( ) | ( ) | ( ) | ( ) | ( ) |
| Are you exhausted in the morning at the thought of another day at work?                      | ( ) | ( ) | ( ) | ( ) | ( ) |
| Do you feel that every working hour is tiring for you?                                       | ( ) | ( ) | ( ) | ( ) | ( ) |
| Do you have enough energy for family and friends during leisure time?                        | ( ) | ( ) | ( ) | ( ) | ( ) |
| Are you tired of working with patients/clients?  | ( ) | ( ) | ( ) | ( ) | ( ) |
| Do you sometimes wonder how long you will be able to continue working with patients/clients? | ( ) | ( ) | ( ) | ( ) | ( ) |

**25) Please describe your current feelings about work.**

|   | <b>To a very high degree</b> | <b>To a high degree</b> | <b>Somewhat</b> | <b>To a low degree</b> | <b>To a very low degree</b> |
|---|------------------------------|-------------------------|-----------------|------------------------|-----------------------------|
| Is your work emotionally exhausting?        | ( )                          | ( )                     | ( )             | ( )                    | ( )                         |
| Does your work frustrate you?               | ( )                          | ( )                     | ( )             | ( )                    | ( )                         |
| Do you feel burnt out because of your work? | ( )                          | ( )                     | ( )             | ( )                    | ( )                         |

|   |                          |                          |                          |                          |                          |
|---|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| Do you find it hard to work with patients/clients?                                    | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Does it drain your energy to work with patients/clients?                              | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you find it frustrating to work with patients/clients?                             | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you feel that you give more than you get back when you work with patients/clients? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**26) Overall, how would you describe your current sense of well-being/personal wellness?**

- I feel the best I've ever felt and at the top of my game professionally and personally
- Generally I feel pretty good, but there are trying days
- I'm neither excited nor exhausted; I have a job to do
- Exhausted but coping—I still derive meaning from my work
- Burned out and am thinking of, or have taken, a break from work

**27) Are you a member of an interdisciplinary team at your MAIN PRACTICE SETTING?**

- Yes
- No

**28) (If Q27=Yes) Please rate your level of agreement with the following statements related to the pandemic's impacts on interdisciplinary teamwork at your main practice setting.**

**Since September 2020** the pandemic has...

|  | <b>Strongly disagree</b> | <b>Disagree</b> | <b>Neither agree nor disagree</b> | <b>Agree</b> | <b>Strongly agree</b> |
|--|--------------------------|-----------------|-----------------------------------|--------------|-----------------------|
| Led to some members leaving the team for extended periods of time              | ( )                      | ( )             | ( )                               | ( )          | ( )                   |
| Led to important shifts in the role or scope of practice of some team members  | ( )                      | ( )             | ( )                               | ( )          | ( )                   |
| Has had a negative impact on team communication or interactions                | ( )                      | ( )             | ( )                               | ( )          | ( )                   |
| Has led to a greater sense of solidarity among team members                    | ( )                      | ( )             | ( )                               | ( )          | ( )                   |
| Changed how we work as a team, leaving a greater burden on me                  | ( )                      | ( )             | ( )                               | ( )          | ( )                   |
| Forced us to adopt new ways of working effectively as a team                   | ( )                      | ( )             | ( )                               | ( )          | ( )                   |
| Had a positive impact on the active participation of my patients in their care | ( )                      | ( )             | ( )                               | ( )          | ( )                   |
| Led to more tension or conflict among team members                             | ( )                      | ( )             | ( )                               | ( )          | ( )                   |

|  |     |     |     |     |     |
|--|-----|-----|-----|-----|-----|
| Made it more difficult to resolve tensions or conflicts among team members | ( ) | ( ) | ( ) | ( ) | ( ) |
| Made it easier to recognize the contributions of each team member          | ( ) | ( ) | ( ) | ( ) | ( ) |
| Strengthened the climate of teamwork in my practice setting                | ( ) | ( ) | ( ) | ( ) | ( ) |

**29) (If Q27=No) Please rate your level of agreement with the following statements related to the pandemic's impacts on interdisciplinary teamwork at your main practice setting.**

**Since September 2020** the pandemic has...

|   | <b>Strongly disagree</b> | <b>Disagree</b> | <b>Neither agree nor disagree</b> | <b>Agree</b> | <b>Strongly agree</b> |
|---|--------------------------|-----------------|-----------------------------------|--------------|-----------------------|
| Had a negative impact on teamwork with other professionals in my community                      | ( )                      | ( )             | ( )                               | ( )          | ( )                   |
| Led to important shifts in the role or scope of practice of other professionals in my community | ( )                      | ( )             | ( )                               | ( )          | ( )                   |
| Led to important shifts in my role or scope of practice, placing a greater burden on me         | ( )                      | ( )             | ( )                               | ( )          | ( )                   |
| Led me to adopt new ways of communicating effectively with other professionals                  | ( )                      | ( )             | ( )                               | ( )          | ( )                   |

|  |     |     |     |     |     |
|--|-----|-----|-----|-----|-----|
| Has led to a greater sense of solidarity among professionals in my community         | ( ) | ( ) | ( ) | ( ) | ( ) |
| Had a positive impact on the active participation of my patients in their care       | ( ) | ( ) | ( ) | ( ) | ( ) |
| Led to more tension or conflict with other professionals in my community             | ( ) | ( ) | ( ) | ( ) | ( ) |
| Made it more difficult to resolve tensions or conflicts with other professionals     | ( ) | ( ) | ( ) | ( ) | ( ) |
| Made it easier to recognize the contributions of other professionals in my community | ( ) | ( ) | ( ) | ( ) | ( ) |
| Strengthened the climate of teamwork in my practice setting                          | ( ) | ( ) | ( ) | ( ) | ( ) |

**30) Approximately what proportion of your professional income do you receive from these payment methods?**

**The total must equal 100 per cent.**

\_\_\_\_\_ % Fee-for-service

\_\_\_\_\_ % Salary

\_\_\_\_\_ % Capitation

\_\_\_\_\_ % Sessional/per diem/hourly

\_\_\_\_\_ % Service contract

\_\_\_\_\_ % Incentives and premiums

\_\_\_\_\_ % Other

**31) If you entered a value for “Other” in the previous question that is greater than zero, please specify the relevant payment method:**

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**32) Please tell us what support you need most as you respond to the COVID-19 pandemic.**

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**33) Please share any other thoughts you’ve not had a chance to express earlier in this survey.**

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**Thank you!**

Thank you for taking our survey. Your response is very important to us.