Linking learning to practice
Submission form for MAINPRO-C credits

Name: 
Address: 
City: __________________________ Province, state or country: __________________________

Upon what kind of learning activity is this MAINPRO-C exercise based (check one only)?

A. Professional development or continuing medical education activities
   [ ] Course, conference or workshop  [ ] Hospital or other rounds  [ ] Self-learning activity/program
   [ ] Other __________________________________________________________________________

B. Professional activities which can stimulate thinking about your practice and/or work
   [ ] Committee work  [ ] Development of clinical practice guidelines / practice standards
   [ ] Development of educational materials  [ ] Teaching activities  [ ] Conducting research
   [ ] Being an examiner  [ ] Preparing a manuscript for publication  [ ] Being a peer reviewer
   [ ] Other __________________________________________________________________________

Describe the nature of your practice and/or work to which this exercise applies.
____________________________________________________________________________________
__________________________________________

If you are submitting more than one form for this learning activity, which is this one?  [ ] #1  [ ] #

Step 1: Formulate your practice question.
What was your specific question and/or learning objective on which you based this exercise?
____________________________________________________________________________________

Step 2: Describe the information you reviewed.
Describe the activity which stimulated this exercise (including where and when) and the kind of information obtained from it.
____________________________________________________________________________________

What other source(s) of information or evidence did you seek to understand better the question and/or learning objective?
[ ] Peer-reviewed articles  [ ] Peer-reviewed text books  [ ] Patient feedback
[ ] Non-peer reviewed articles  [ ] Internet  [ ] Peers
[ ] Experts  [ ] Other ____________________________________________________________________
Step 3: Consider the information.

What was your assessment of the quality of the information you reviewed? Describe its validity (i.e. Is it based on appropriate scientific evidence?) and relevance (i.e. Is it applicable to your patients in your community?).

What approach or tools did you use to come to this conclusion?

Step 4: Make a decision about your practice.

Based on what you have learned, what decisions have you made about your practice and/or work?

What must you do to integrate these decisions into your practice and/or work? What kinds of barriers/difficulties do you foresee?

Please complete Step 5 after sufficient time has elapsed to allow you to assess the impact of your decision...

Step 5: Evaluate / reflect on the impact of your decisions.

Please describe your reflections on the impact this process has had on your practice and/or work. Consider questions such as:

- What impact has this process had on your practice generally?
- How do you feel now about the decision(s) you made?
- How successful have you been in incorporating them into your practice? What kinds of barriers have you confronted?
- What are you doing now that you didn't do before? What has happened to your confidence in this area?
- What kind of feedback have you received from your patients, staff or colleagues?
- What new information have you seen? How has this further modified your approach? What further changes do you intend to make?
- What further areas of practice change, reassessment an/or intervention have you identified? What plans do you have to address these?

Signature: ______________________________  Date: __________________________