

Chronic Pain and Opioid Resources

Guidelines

McMaster University Michael G. DeGroot National Pain Centre: 2017 Draft Recommendations for Use of Opioids in Chronic Non-Cancer Pain

<http://nationalpaincentre.mcmaster.ca/guidelines.html>

Clinical support and mentorship networks

The Atlantic Mentorship Network – Pain & Addiction

www.atlanticmentorship.com/

Collaborative Mentoring Networks—Collaborative Mental Health Network (CMHN), Medical Mentoring for Addictions and Pain Network (MMAP); hosted by the Ontario College of Family Physicians

<http://ocfp.on.ca/cpd/collaborative-networks>

General Practice Services Committee (BC): Practice Support Program

www.gpscbc.ca/practice-support-program

Project ECHO Ontario (Extension for Community Healthcare Outcomes); sponsored in Ontario by the Ministry of Health and Long-Term Care

www.echoontario.ca/Home.aspx

The Well—a resource for providers for accessing clinical supports and tools

<https://thewellhealth.ca/>

Women's College Hospital: META:PHI (Mentoring, Education, and Clinical Tools for Addiction: Primary Care—Hospital Integration)—a collaborative project to create new care pathways for addiction

www.womenscollegehospital.ca/programs-and-services/METAPHI

Courses

Alberta Health Services (AHS)

Email ahsinfo@albertahealthservices.ca to request details about these and other programs:

- Lunch and Learn Series: offered via the Primary Care Network; for physicians who are part of a Calgary Zone PCN
- Chronic Pain Management Seminar Series: offered to any primary care-based pain management team; for physicians who are part of a Calgary Zone PCN
- Chronic Pain Education Day: for AHS staff and physicians interested in pain management

Centre for Addiction and Mental Health (CAMH) courses

www.camh.ca/en/education/about/AZCourses/Pages/default.aspx

Mandatory safe prescribing course launched for physicians—course coming soon; developed by the Faculty of Medicine in partnership with the College of Physicians and Surgeons of Newfoundland and Labrador

<https://www.med.mun.ca/Medicine/Communications/News-at-Medicine/March-2017/Safe-prescribing-Addressing-the-opioid-problem-in.aspx>

The Prescribing Course: Safe opioid prescribing (Nova Scotia)—One day, case-based, small group interactive program, accompanied by a detailed handbook
www.theprescribingcourse.com/

Queen's University Faculty of Health Sciences: Wasser Pain Preceptorship
https://healthsci.queensu.ca/education/cpd/wasser_pain_preceptorship

University of Alberta Faculty of Rehabilitation Medicine: Certificate in Pain Management
www.ualberta.ca/rehabilitation/professional-development/certificate-programs/certificate-in-pain-management

University of Calgary Continuing Medical Education & Professional Development: Essential Strategies for Chronic Pain Management
<http://cumming.ucalgary.ca/cme/programs/essential-strategies-chronic-pain-management>

University of Calgary Continuing Medical Education & Professional Development: In-person and online courses
<http://cumming.ucalgary.ca/cme/programs>

University of Toronto Faculty of Medicine Continuing Professional Development: Safe Opioid Prescribing – A Multimodal Program for Chronic Pain and Opioids
www.cpd.utoronto.ca/opioidprescribing/

Opioid substitution therapy training

Centre for Addiction and Mental Health (CAMH): Opioid Dependence Treatment Certificate Program
www.camh.ca/en/education/about/AZCourses/Pages/ODT_Certificate.aspx

Centre for Addiction and Mental Health (CAMH): Opioid Dependence Treatment (ODT) Core Course: Ontario
www.camh.ca/en/education/about/AZCourses/Pages/odtcore_odt.aspx

Doctors Nova Scotia: Safe Opioid Prescribing Course
www.doctorsns.com/en/home/about-us/eventsdates/eventdetails.aspx/safe-opioid-prescribing-course/621

College of Physicians and Surgeons of British Columbia: Methadone/Buprenorphine 101 Workshop
www.cpsbc.ca/for-physicians/professional-development/methadone-buprenorphine-101-2016-12-10

College of Physicians and Surgeons of British Columbia: Prescribers Course
www.cpsbc.ca/for-physicians/professional-development/prescribers-course-2017-06-02

Conferences

[Canadian Pain Society](#)

Atlantic Mentorship Network Annual Conference
www.atlanticmentorship.com/

Atlantic Pain Annual Conference
Email wearelistening@nshealth.ca to request details about the conference

Canadian Society of Addiction Medicine (CSAM-SMCA): Annual Conference
www.csam-smca.org/events/csam-smca-events/

Calgary Pain Education Foundation: The Calgary Pain Conference
<https://calgary-pain-education-foundation.org/annual-conference/>

McMaster Continuing Health Sciences Education: Annual McMaster Pain Program
<https://fhs.mcmaster.ca/conted/mcmasterpain.html>

Pain Society of Alberta Annual Conference
<https://painsocietyofalberta.org/calendar-of-events/>

Western Canada Addiction Forum
<https://wcaforum.ca/>

Resources

For physicians

Ontario College of Family Physicians Opioid Management—Tools, resources (for professionals and patients), and courses
<http://ocfp.on.ca/tools/opioid-management>

OPEN: Ontario Pharmacy Evidence Network—Evidence-based deprescribing algorithm for benzodiazepine receptor agonists
www.open-pharmacy-research.ca/evidence-based-deprescribing-algorithm-for-benzodiazepines/

University of British Columbia Faculty of Medicine—Article: Can my patient safely drive on long-term daily opioid medication?
<http://thischangedmypractice.com/drive-on-opioid-medication/>

University of British Columbia Faculty of Medicine—Article: How a family physician can help patients with chronic pain: a guide to navigating patient internet resources in BC
<http://thischangedmypractice.com/chronic-pain-resource/>

University of British Columbia Faculty of Medicine—Article: Managing opioid withdrawal
<http://thischangedmypractice.com/managing-opioid-withdrawal/>

The Well: Chronic non-cancer pain tool
<https://thewellhealth.ca/cncp/>

For patients

Primary Care Network Calgary Foothills: Chronic Pain Management Program
<https://cfpcn.ca/services/chronic-pain-management-program/>