

## FAQs

An extensive FAQs section is available on the CFPC website: [www.cfpc.ca/CPD\\_FAQs](http://www.cfpc.ca/CPD_FAQs).

**Q** Do I need to submit or retain proof of participation in CPD activities?

For Mainpro-C activities you must submit a copy of proof of participation to the College. For Mainpro-M1 and -M2 activities, you do not need to submit proof of participation unless requested.

**A** Keep proof of participation for all CPD activity (certificates/letters of participation, transcripts, etc.) for a period of six years in case you are selected to participate in a Mainpro credit validation or audit.

**Q** The learning program I attended was not Mainpro accredited. Can I still earn Mainpro credits for this program?

**A** If you've participated in an activity you believe to be a Mainpro-M1 credit equivalent, you can submit a Request for Individual Consideration form. Forms are available at [www.cfpc.ca/creditforms](http://www.cfpc.ca/creditforms) or through the login area of the website.

**Q** I have already completed my current cycle's CPD credit requirements. Should I continue to report my credits?

**A** There is no limit to the number of credits you may report. If you exceed the credit requirements of your current cycle you can carry forward up to 30 Mainpro-M1 and five Mainpro-C credits into your next cycle.

THE COLLEGE OF  
FAMILY PHYSICIANS  
OF CANADA



LE COLLÈGE DES  
MÉDECINS DE FAMILLE  
DU CANADA



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CPD for  
Canadian Family Physicians

**Your Guide  
to MAINPRO®**

## Introduction to MAINPRO® Maintenance of Proficiency

Mainpro is a College of Family Physicians of Canada (CFPC) program that has been effectively supporting the continuing professional development (CPD) requirements of family physicians for many years. The physician-administered accreditation process ensures that Mainpro programs are relevant and valuable to family physicians, while encouraging educational providers to offer the most effective programs possible.

Completion of Mainpro requirements is linked to your maintenance of CFPC membership and designation(s) (MCFP, CCFP, FCFP, etc.) and is a requirement of several provincial licensing authorities.

## Your Mainpro Cycle & Credit Requirements

All Mainpro cycles begin on January 1 and end on December 31. Each one is five years in duration.

**You must submit a minimum of 250 credits per five-year cycle:**

At least 125 of the 250 credits must be **Mainpro-M1 and/or Mainpro-C\* credits.**

Up to 125 of the 250 credits may be **Mainpro-M2 credits.**

**NEW!** Beginning in January 2013, the CFPC will require all Mainpro participants to **earn and report a minimum of 25 credits in each year of the five-year Mainpro cycle** (comprised of any combination of Mainpro-M1, Mainpro-M2, and/or Mainpro-C credits).

\*If you were awarded Fellowship (FCFP) in 2004 or later, or if you wish to earn Fellowship in the College, you need to report a minimum of 25 Mainpro-C credits in every five-year Mainpro cycle.

## Reporting Your Mainpro Credits

The fastest, easiest way to report your credits is online. Go to [www.cfpc.ca/login/](http://www.cfpc.ca/login/) to report your credits, view your CPD activity summary, and access or print transcripts and cycle completion certificates.

**NEW!** Starting January 2013, all Mainpro credit submissions must be made online. Follow the simple instructions to set up your account and learn more about online credit reporting at [www.cfpc.ca/ReportCredits](http://www.cfpc.ca/ReportCredits)

## Credit Categories & Eligible Activities

A complete guide to credit categories and eligible activities is available on the CFPC website. Please visit [www.cfpc.ca/CPD](http://www.cfpc.ca/CPD) for a listing of accredited events in your area.

**Mainpro-C:** These activities encourage you to reflect on what you have learned and devise strategies for incorporating newly acquired knowledge and skills into practice. Eligible activities include but are not limited to the following:

- CFPC-accredited conferences, courses, and workshops
- Pearls™ and Linking Learning to Practice™
- Advanced life support programs (ACLS, ALSO®, etc.)
- Practice-based Small-Group Learning (PBSGL) programs
- Practice audits and quality assurance programs
- Clinical traineeships and fellowships; university degree/diploma programs
- Some large-scale board examinations

## Working towards earning Fellowship (FCFP)?

To be eligible for Fellowship, you must:

- Be a CFPC Certificant (CCFP) member in good standing for at least 10 years
- Successfully complete two consecutive Mainpro cycles
- Report at least 25 Mainpro-C credits in each five-year Mainpro CPD cycle

**Mainpro-M1:** These credits are linked to structured learning programs, events, or activities that focus on enhancing knowledge or skills pertinent to the practice of family medicine. Eligible activities include, but are not limited to:

- CFPC-accredited conferences, courses, hospital/clinical rounds and journal clubs
- CFPC Self Learning program
- Faculty development activities, research, and publications
- Contributions to the medical community (eg committee work)
- Practice audits and quality assurance programs
- Quebec category 1\* credits or American Association of Family Physicians (AAFP) Prescribed credits for live CPD

\*Quebec members only

**Mainpro-M2:** Earn credits when you participate in self-directed or non-CFPC-accredited learning activities that support and promote practising family physicians. Eligible activities include, but are not limited to the following:

- Non-CFPC-accredited conferences/courses
- Teaching activities (clinical or academic) and speaking engagements
- Journal reading, listening to podcasts, etc.
- American Medical Association (AMA) Physicians Recognition (PRA) Award Category 1 credits™ and AAFP Elective Credits