NATIONAL MARCHPAST SUMMARY

of the

FAMILY MEDICINE INTEREST GROUPS
(FMIGs)

PREPARED FOR THE:

National Section of Medical Students (SOMS)/FMIG Forum
Date: March 13th, 2010
Place: CFPC National Office – Mississauga, Ontario

If you have any questions about this document please contact:
Pam Cirino (Coordinator of Medical Students Affairs - CFPC) at pcirino@cfpc.ca
**UNIVERSITY of BRITISH COLUMBIA**

**Goals for the year**
- continue to improve interest in family medicine, particularly by involving more first year students by reserving spots in the exec for first year students (this will hopefully generated more interest early as classmates talk with each other more than across years)
- continue to allow more independence to the peripheral sites as this allows for events that are more suited to the interest of students at these sites (trying to be a single unit may not be a reasonable approach)

**Activities & Events**
- Skills nights: 2 suturing, 2 wound care, and a casting night
- Academic nights: residency night, business of medicine including private practice, addiction and primary care, rural medicine, doctors without borders and international medicine, CaRMS info night, chronic pain management
- Dinner with Docs

**Major Successes**
- Dinner with Docs was again a major success with 12 community physicians coming to eat and share experiences with 60 students
- All skills events have generated great interest and maxed at the number of students who can attend (approx 34 per session)
- Staple events such as rural night, CaRMS and residency night have all had great turnouts, and the other nights, while less than these nights, had more students attend than expected.
- Rural outreach high school program has been a great success with almost 70 presentations done to high school students last summer about the opportunities in rural medicine – with very positive feedback from the high school students
- Our new website is easy to use, has great resources for students and FMIG members and has received positive feedback

**Challenges**
- Unity between sites continues to pose a problem and while videoconferencing helps, the other sites often find it more useful to hold the events themselves: while this generates greater interest and attendance at their sites, it also costs more

**Unique Initiatives**
- After the model created by U of T, we were attempting to create a "speed dating with docs" event that would complement Dinner with Docs but focusing on the R3 and extended training options for FP’s. This was unable to get off the ground this year due to scheduling problems, but is still being worked on for next year
- We are also hoping to develop an FMIG conference similar to the one held in Quebec, in conjunction with the FMF being held in Vancouver in 2010
- We are going to set aside some positions on the exec for election during the fall of each year, for first year students
**Goals for the year**

- Our goal was basically to generate as much interest as possible in the field of Family Medicine. We particularly wanted to make an impression on the first year class before the “hidden curriculum”. This was certainly achieved during our first talk of the year, as we managed to secure a particularly excellent speaker. (The Pizza Lunch helped too!)

- We hope to inspire member of the class of 2013 to maintain an active FMIG in the coming year, and we would like to see our student membership numbers stay high. We are currently have about 150 people on the mailing list, so the goal is to maintain or exceed that next year.

- Securing funding for the ’10/ ’11 year is a huge priority. We will be in discussions with the faculty and department to negotiate this, since their support has been instrumental in the success of the FMIG to date.

**Activities & Events**

- **Speaker Series**: inspiring family docs with diverse practices have delivered lunchtime talks on what it means to be a family doctor, the diversity of practice that is possible, R3 options, rural family medicine. These talks are primarily directed towards first and second year students. Future speakers will include a “practice management workshop”, a talk on the changing attitudes towards Family Medicine with respect to CaRMS, and Dr. Cathy MacLean (president of the CFPC) will speak about the future of family medicine. These last talks will be geared towards all undergraduate medical students, and residents were invited to the practice management talk. We provide snacks at each talk, which helps to keep numbers a bit higher than they would otherwise be.

- **Sponsoring FMF Attendance**: we had a draw to offer 8 students a $200 ‘scholarship’ to cover expenses to attend the FMF in Calgary. Money was from the department.

- **Primary Care Network Dinner**: students from all four years of undergraduate medicine were invited to attend a dinner/presentation at a PCN in Edmonton. This gave students exposure to how interdisciplinary and efficient Family Med can be. The PCN funded the event, as they are very eager to attract students to the concept. For those of you unfamiliar with the PCN concept, please visit: http://www.albertapci.ca/Pages/default.aspx

- **Clinical Skills/OSCE Practice**: in conjunction with the Clinical Skills Club, the FMIG helped to organize an evening of OSCE stations. First year students acted as patients, second year students were the physicians, and third/fourth year students acted as markers. Skills were limited to system specific physical exams.

- **“Family Dinner”**: 44 students, 3 residents, the director of the residency program, and two Department members had a dinner discussion forum in December. Students had the chance to talk to residents in the rural family program, inner city family medicine, urban family medicine, and faculty. Excellent feedback and high demand for dinner spots.

**Major Successes**

- Our first talk of the year was hugely successful, attracting over 180 students. We specifically selected a very entertaining Family doc with a diverse practice to deliver a presentation on all of the opportunities available in Family Medicine. This was many first years’ initial exposure to Family Med, and, according to feedback, it spurred a lot of interest in the field that was not necessarily there before. We ordered lunch for this talk, so it was quite expensive, but it was an excellent investment in that it sparked interest in our FMIG. We have about 140 students that since requested to be on our mailing list.

- Our “Family Dinner” event was received very well, both by faculty and students. 50 participants had a meal together just before the holiday. Students had the chance to talk to residents and faculty about family practice. Feedback was excellent, and there is a wait list for a sequel to this event which we intend to hold in April.

**Challenges**

- This year there have been very few challenges, other than the usual problem of scheduling events around the 60 other clubs/groups that exist at the U of A. We are well funded by the Department of Family Medicine, but recent budget cuts may jeopardize our funding. We may need to apply for more grants next year, if we are going to continue to offer the events that we have for the past 3 years.

**Unique Initiatives**

- Urged by students and doctors interested in promoting Family Medicine, our faculty has incorporated Family doctors into the lectures during several of the systems blocks. For
example, we had a family doc with a large obstetrical practice come in during our Obstetrics/Reproduction block to talk about practical management. She was present at all of the review sessions, and frequently fielded questions from students. I believe this is a pilot project at the U of A this year, and talking to the Department will continue the project next year.

<table>
<thead>
<tr>
<th>Message from Katie Hegan (Rep on CFMS and Alberta SOMS representative)</th>
</tr>
</thead>
<tbody>
<tr>
<td>- As the acting representative for SOMS to CFMS, I would appreciate any feedback that you would like me to take to the meeting in April. From our last meeting at the FMF, I have the following issues to address:</td>
</tr>
<tr>
<td>1. possibility of giving undergraduate students 'cab slips' to ensure safe drive home post call</td>
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<tr>
<td>2. suggesting the possibility for &quot;medical&quot; or &quot;personal&quot; days where students are granted on weekday per rotation to book personal health appointments, do banking, etc during business hours.</td>
</tr>
<tr>
<td>- Please forward any suggestions or issues to me at <a href="mailto:katie.hegan@gmail.com">katie.hegan@gmail.com</a>. Also, if you have any issues with the aforementioned discussion topics, please let me know. These were merely points that were raised briefly during the last meeting.</td>
</tr>
<tr>
<td>- If there is any pressing news (ie funding opportunities) from the CFMS meeting I will certainly bring it to your attention immediately following the meeting. Otherwise my report will be presented at the FMF meeting in Vancouver.</td>
</tr>
<tr>
<td>- Most sincere apologies for being absent for this March SOMS meeting.</td>
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<tr>
<td>Goals for the year</td>
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<tr>
<td>----------------------------------------------------------------------------------</td>
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<tr>
<td>- Develop a new event to further increase interest in Family Medicine</td>
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<td>- Successfully carry out events that have been done in previous years; use feedback from last year’s events to improve upon them this year</td>
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<td>- Increase attendance at events and maintain enthusiasm throughout the course of the year</td>
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<table>
<thead>
<tr>
<th>Activities &amp; Events</th>
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<tbody>
<tr>
<td><strong>August:</strong> Info Booth, Election of new executive</td>
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<tr>
<td><strong>September:</strong> Family Medicine Showcase, welcome dinner with new executive to decide roles, lunchtime presentation of FMIG, registration of new members with lunch provided</td>
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<td><strong>October:</strong> Wine and Cheese, Family Medicine Forum and ‘Walk for the Docs’</td>
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<td><strong>November:</strong> Family Medicine booth at Career Fair</td>
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<td><strong>December:</strong> Rural Specialists Night</td>
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<td><strong>January:</strong> R3 Night</td>
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<td><strong>February:</strong> Urban Skills Day, Family Medicine Residents Night</td>
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<td><strong>Upcoming:</strong> Speaker series (hopefully monthly), Rural Skills Day, Clinic Pub Crawl, Conferences (and funding), Visit to Olds and experience of life as a rural family doc, Wind-up dinner with Dr. Cathy McLean</td>
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<table>
<thead>
<tr>
<th>Major Successes</th>
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<tr>
<td>- Increased attendance at annual events</td>
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<td>- Unique alterations to the organization of our annual events such as the R3 night ‘speed dating’ approach</td>
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<td>- Fundraising the most money for the FMF’s annual Walk for the Docs</td>
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<thead>
<tr>
<th>Challenges</th>
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<tr>
<td>- Due to H1N1 restrictions on clinical hours in the fall we were unable to run our Urban Shadowing Program,</td>
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<tr>
<td>- New financial challenges that we have not experienced in previous years due to the cut backs in funding</td>
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<thead>
<tr>
<th>Unique Initiatives</th>
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<tr>
<td>- Club Crawl: students will be given the opportunity to visit three different family practices in Calgary, to gain a sense of the diversity and wide range of opportunities available to family doctors</td>
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<tr>
<td>- Olds visit: a group of students will visit Olds, a rural community in Alberta to learn about medical practice and daily life in a rural setting</td>
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**UNIVERSITY of SASKATCHEWAN**

<table>
<thead>
<tr>
<th>Goals for the year</th>
<th>Goals set and accomplished:</th>
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<tbody>
<tr>
<td></td>
<td>- to provide new and thought provoking speaker sessions</td>
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<td>- to develop relationships with other student run groups at the College of Medicine</td>
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<td>- to work with the career development office to provide students with a greater knowledge of future opportunities</td>
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<td>- to increase the FMC executive to increase efficiency</td>
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<td>- to increase awareness about Family Medicine as a specialty</td>
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<td>- to promote strong relationships and foster respect between Family Medicine and other specialties</td>
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**Future goals:**
- Website development to include feedback on Family med Rotations across Canada
- Website commentary by physicians regarding their experiences in Family Medicine

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<thead>
<tr>
<th>Activities &amp; Events</th>
<th>Speaker sessions</th>
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<tbody>
<tr>
<td></td>
<td>Regina College of Medicine Family Medicine Residency</td>
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<td></td>
<td>University of Newfoundland College of Medicine Family Medicine Residency</td>
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<td></td>
<td>University of Alberta College of Medicine Family Medicine Residency</td>
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<td></td>
<td>Third year options in Family Medicine Residency programs</td>
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<td></td>
<td>Swift Current Family Medicine Residency</td>
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<td></td>
<td>Complementary alternative medicine in Family Practice</td>
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<td></td>
<td>Clinical Skills night (students learn casting/suturing/IV insertion)</td>
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<tr>
<td></td>
<td>Sexual Health night (pap smear/contraceptives/pediatric physical exam/pregnancy and physical examination)</td>
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**Mentorship Program**
- First year students are paired with family physicians from surrounding communities

**Saskatchewan College of Family Physicians Meet and Greet**
- An opportunity to raise awareness about the SCFP and for students to mingle with family physicians with a variety of practices.

**Major Successes**
- Our speaker sessions continue to be our most successful events with a high student turnout and positive feedback from both students and presenters.

**Challenges**
- Attendance at our clinical skills night is our newest challenge as students sign up but cancel at the last minute or do not attend. To address this situation we have discussed charging a refundable fee based on attendance at said event.

**Unique Initiatives**
- Broaden the FMC’s relationship with other student run groups at the college including the pediatric interest group and the geriatric interest group to encourage collaborative care.
**Goals for the year**

- We have been hoping to come up an event that is out of the norm for what we have done in the past, but have been unable to come up with anything substantial at this time. However, it should be noted that the Suture Clinics, Speaker Series, Wine & Cheese and CaRMs talks have all been a great success with significant student turnout.

**Activities & Events**

- Speaker Series 1 - September 23
- CaRMs Talk 1
- Suture Clinic 1
- Speaker Series 2 - October 23
- Wine & Cheese
- Speaker Series 3 - November 30
- Suture Clinic 2 - December 16
- CaRMs Talk 2

**Major Successes**

- We have been able to stay within the budget (available 4000 and used 2481.65) by finding cheaper means of obtaining food as well as asking some clinics and the faculty for supplies to run the suture clinics
- Persistent promotion of the website resulted in greater visits. It is a key means for information dissemination.

**Challenges**

- Our key challenge at this point is finding other interesting events to organize, especially given the large funding we still have available. Hopefully, we can learn something from the other FMIGs at this upcoming SOMS meeting.

**Unique Initiatives**

- None at present
# NORTHERN ONTARIO SCHOOL of MEDICINE (NOSM)

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<thead>
<tr>
<th>Goals for the year</th>
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<tr>
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<tr>
<td>Unique Initiatives</td>
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# UNIVERSITY of OTTAWA

**Goals for the year**

Our main goal this year was to show students that there is much more to Family Medicine than what they had originally perceived. We wanted to debunk the myths of Family Medicine that exist in many students minds and show them that in family medicine they can make their practice just what they want it to be! To do this we have tried to run events to educate students on the many different paths one can take. We held an information session on third year options (both fellowships, and focused areas of interest) and specifically focused on sports medicine; speaker Dr. Michael Kirlew spoke on his work as a family doctor working in Haiti, Africa and Northern Ontario to emphasize family doctors involvement in international and Aboriginal medicine; a Birthing Panel informing students on how they can still deliver babies as a family doctor; a Military and Medicine session where students learned about the diverse job as a military officer; and we will be having a speaker come in February to speak about research options in family medicine.

**Activities & Events**

**September:**

“FMIG Kick Off- Meet and Greet Luncheon”- Casual lunch meet and greet of all members. We played a “meet and greet” game with prizes and gave a presentation outlining the plan for our events in the upcoming year.

**November:**

“Diversity in Family Medicine”- Dr. Michael Kirlew, our faculty advisor, spoke to us on his experience delivering unique care to Northern Ontario and the problems (and possible solutions) to the many health difficulties Aboriginal peoples face.

“Military and Family Medicine”– We had 2 Military Officers speak on their experiences as family doctors in the Canadian Forces, and outlined opportunities and benefits for current medical students to join the forces.

**December:**

“Third Year Options in Family Medicine”- Dr. Noel from the University of Ottawa Department of Family Medicine gave a presentation outlining many of the traditional third year options in family medicine. He also outlined some of the non-traditional PGY3 options for family doctors to acquire additional training relevant to practice in their areas of interest.

**January:**

“Sensitive Issues Involving Cancer- the Patients and Family Doctor’s perspective”— We did a combined event with our school’s cancer awareness group (Daffodil Alliance), where we brought in cancer survivors to talk about their experience fighting Cancer. Dr. Bloom (a local family doctor) also spoke regarding the family doctor’s involvement with the cancer patient and their family.

“Birthing Panel”- Members of FMIG and the Women’s Health Interest Group (WHIG) were educated on how not only Obstetricians deliver babies, but that midwives and family doctors too!
February:
“Clinical Skills workshop - Women Health” – We aided in facilitating a mini workshop specifically focusing on women’s health. This included topics such as taking a sexual history, the female health exam and the breast exam.
“Research at the Department of Family Medicine, University of Ottawa”- Representatives from the Department of Family Medicine came in to speak about summer research opportunities for students, and the involvement of research in the faculty.

March:
“Urban vs. Rural Family Medicine”- Because of its popularity, we are repeating this event from last year. We will be bringing in a local(urban) and rural physician to speak about the “In’s and Out’s”, and Pros and Con’s of their practices. We will be providing this talk in coordination with our school’s Northern & Rural Medicine Interest Group (NRMIG)

April:
“Practical Skills in Family Medicine Workshop” – This is our third annual clinical skills workshop where we teach students common physical skills relevant to family medicine. This event helps to prepare 1st year medical students for their upcoming rural week, and allows 2nd year students to practice examination skills prior to their year-end their OSCE and the commencement of Clerkship.
“Meet and Greet with Residents and Local Family Physicians”- A fun way to finish up the year! We are planning to have a social event with round tables for students to get all of their questions answered and to do some networking with local physicians.

| Major Successes | - This year we had over 300 members.  
- We have collaborated with the Department of Family Medicine and are now taking evaluations after each event to gather feedback and statistics of our events.  
- Our event- “Third Year Option in Family Medicine” was a success, as we met our goal to inform students about the diverse training and practice options in Family Medicine.  
- We are joining the Quebec medical skills in McGill's 2010 Family Medicine Symposium. We are excited to help promote family medicine in Quebec and encourage more students to consider this as a career option! |
| Challenges | - We had some difficulties finding contacts and presenters for all of our events. We finally contacted a member of the Faculty of Family Medicine who runs the preceptor program for our Year 1 and Year 2 students. They were able to send out our information to many local family physicians who are already keen to teach students.  
- Too many Events! We set ambitious goals this year and even took on more along the way. There were some times where we had too much going on at once that the coordinator alone could not handle. We managed to make it through these times by dividing some of the tasks among other students, and teaming up with other interest groups to divide up tasks for the events. |
| Unique Initiatives | - We are running our 3rd annual Clinical Skills in Family Medicine workshops in April. This event is always a success as it gives Year 1 students a chance to learn skills before embarking on their rural week, and lets Year 2 students brush up on some skills before entering clerkship.  
- Being in Ottawa, we have a close relationship with the Canadian Forces and we were able to have two Military Officers come in and speak about their experiences being a family doctor in the Canadian Forces. |
## Goals for the year
- One of our goals was to integrate the Windsor exec better. We are in the works of planning a mini-clinical skills day for Windsor to host during our May Integration weekend.
- Updating the website. The last update was in 2005.

## Activities & Events
- Why Family Medicine Talk – 3 local family physicians spoke about their motivations for entering family medicine and their experiences in everyday practice.
- Introduction to Family Medicine as a Career – The director of the post-graduate residency program spoke about the bread and butter of family practice, the remuneration and the various opportunities in Family Medicine
- Mug Sale – FMIG sold Western Medicine travel mugs to fundraise for the years’ events. We raised approximately $400.
- PGY3 Options: Psychotherapy and ER
- Clinical Skills Day – Attended by 120 first and second year students. This year we offered 14 different technical workshops ranging from suturing to pelvic examinations. Our keynote was Dr. Berger from Toronto. A great success!
- The Business of Family Practice – A local family physician will address the recent changes taking place in Ontario with respect to the models of care.
- PGY3 Options: Sports Medicine – Director of the post-graduate program will speak about the program and share her Vancouver 2010 experience!
- CaRMS – PGY1’s will come in to speak about what to expect in Residency and the CaRMS matching process.
- Family Medicine Gala
- Updating the Family Medicine website to include upcoming research opportunities.

## Major Successes
- Clinical Skills Day was a huge success. Planning for 14 different workshops and 120 students proved to be a great deal of work, but the day went smoothly. The keynote speaker, Dr. Berger, also proved to very inspirational.
- Introducing the new ER and Sports Medicine talks. These talks display the versatility of Family Medicine which appeals to many students.

## Challenges
- Defining the role of the exec in our satellite Windsor campus. Integrating the Windsor exec and engaging them in event planning has been very difficult.

## Unique Initiatives
- Our end of year Family Medicine Gala. We are hoping to bring in an inspirational family doctor to speak about his/her experiences and the various opportunities in Family Medicine. We are hoping that local physicians will also be interested in attending.
# QUEEN’S UNIVERSITY

## Goals for the year

**Ensure Access to Documents:** to facilitate handover of the committee to the junior executives, we have begun to pool our knowledge and post it in an online Google group, where future executive members will have access to any information we used in planning this year’s events.

## Activities & Events

**Speaker Series**
- 8 one-hour sessions spread across two terms, topics ranging from treating intellectual disabilities in primary care, research in primary care, prison health, women’s health in family practice, how to build a portfolio for family med
- attendance consistently averaged 40 students per session

**Rural Bus Tour**
- tour of two rural hospitals to see firsthand the broad scope of practice of a family physician in a small community
- allowed networking for new four-month integrated family medicine clerkship rotation in these communities
- involved 15 students

**Clinical Skills Nights**
- two sessions (one per term), involving 30-40 students
- this year’s sessions included suturing and IVs/injections

## Major Successes

**Establishment of a Website and Mailing List:** streamlined announcements and information-sharing (still in progress) – http://www.queensfmig.ca
- **Introduction of “Junior” executive positions:** ensured adequate handover when the third year execs entered clerkship in January

## Challenges

**Handover at beginning of Clerkship**
- solved through the introduction of “junior” positions in September
- current problem: VERY large executive, very formal and discrete roles in lieu of informal, community atmosphere

**Being used as an “Interest Group bank”**
- few interest groups at Queen’s receive external funding; as a result, we are often approached by other groups requesting to do “joint” events so that we may absorb the costs of the events
- solved through creating a budget at the beginning of the event and creating a mandate/mission statement that guides which types of events we commit our time and energy to

## Unique Initiatives

**Rural Bus Tour**
- instead of having doctors come to us and explain their practice, we went to them to see firsthand how medicine is practiced in rural Ontario
- trip was extremely well received by students who attended, and was an excellent opportunity to further the new partnership between Queen’s family medicine and this community hospital

**Family Medicine Speed Date**
- bring 40 students and 10 unique family physicians together for a night of socializing and networking
- last year, this event was a wine tasting; the physicians would rotate around tables with every round of wine
- last year’s event was held at a hotel, but was pricey, so this year’s event will be held in a restaurant
## UNIVERSITY of TORONTO

### Goals for the year

Previously, our FMIG has been a club dominated by second year medical students. This year it was our initiative to involve more first year students in the executive to allow those interested in family medicine to have a leadership role and exposure earlier on in their medical career. We have arranged so that each position has a second year and a first year position. This way the first years can continue on their position the following year, and bring in new first years as well!!!

### Activities & Events

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Details</th>
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<tbody>
<tr>
<td>Speaker Series Event #1</td>
<td>September 17, 2009</td>
<td>OCFP President, Dr. Stephen Wetmore and CEO, Ms. Jan Kasperski</td>
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<tr>
<td>Clinical Skills Conference #1</td>
<td>November 21, 2009</td>
<td>Suturing, breast exam, and casting with breakfast and lunch included.</td>
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<tr>
<td>Walk for the Docs of Tomorrow</td>
<td>October 31, 2009</td>
<td>Raised $1686.00</td>
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<tr>
<td>Mentorship program for first year students</td>
<td>October and ongoing</td>
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<tr>
<td>Family Medicine Longitudinal Experience (FMLE)</td>
<td>Fall/Winter</td>
<td></td>
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<tr>
<td>Speaker Series Event #2</td>
<td>December 7, 2009</td>
<td>Dr. Patricia Windrim, Dr. Jessica Howard, and Dr. Katie Turchin</td>
</tr>
<tr>
<td>FMIG Newsletter</td>
<td>December 2009</td>
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<tr>
<td>Speaker Series Event #3</td>
<td>January 27, 2010</td>
<td>Dr. Allan Grill</td>
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<tr>
<td>Website Update &amp; Facebook group formation</td>
<td>January/February 2010</td>
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<tr>
<td>Speed Dating with Family Doctors</td>
<td>April 2010</td>
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<tr>
<td>Speaker Series Event #4</td>
<td>TBD</td>
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<tr>
<td>Clinical skills conference #2</td>
<td>April 24th, 2010</td>
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<tr>
<td>13) Generalism Night</td>
<td>TBD</td>
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### Major Successes

- We have great attendance at our lunchtime Speaker Series Events and have positive feedback about the speakers.
- Our Clinical Skills Conference #1 was a huge success with attendance full to capacity.
- We have been working with the Family Medicine Longitudinal Exposure program. This was very popular with second year students this year and will be a mandatory exposure for all second year students as of next year.

### Challenges

- It is sometimes difficult to find days when both first and second year students are available for events since our schedules often do not line up. We plan events far in the future and compare schedules to make events accessible for as many students as possible.

### Unique Initiatives

- Our FMIG has previously established many successful programs. At this point there is not much room in the year to add more activities without taking away time and funding from other events. We had a fully packed year set up already and are very happy with how the group is running!
### McMaster University

| Goals for the Year | - To promote family medicine to students  
|                   | - To educate students on the scope of practice in family medicine |

| Activities & Events | - FMIG Clinical Skills Overview during Orientation Week  
|                    | - FMIG Clinical Skills Teaching Night with First and Second Year students  
|                    | - FMIG Open House  
|                    | - Lecture Series- Mental Health and Family Medicine  
|                    | - FMIG Wine and Cheese  
|                    | - Lecture series on Inner City Family Medicine  
|                    | - Clinical IPE day in Family Health Team  
|                    | - Smoking cessation workshop |

| Major Successes | - Clinical skills event was a huge success, with many second year students helping out and overwhelming attendance from first year students  
|                | - Excellent attendance to our Open House event by doctors and students  
|                | - Great student interest in family medicine specialties  
|                | - Great interest in the Wine and Cheese event |

| Challenges | - difficulties in transitioning co-chairs due to the nature of the program  
|            | - a challenge to brainstorm new events that will interest and benefit students without overlapping with other interest groups  
|            | - difficulties contacting doctors in the area; feeble participation from residents |

| Unique Initiatives | - Planning on setting up an interprofessional event where students spend time in a family health team shadowing all the health practitioners during the day  
|                   | - Smoking cessation workshop with an emphasis on counseling and pharmacotherapies and practice on standardized patients |
**Goals for the year**
- Exposing medical students to a wide variety of Family Medicine role models (rural site day trip, lunch talks)
- Demonstrating the diversity of Family Medicine (diversified lunch talks)
- Supporting students who are interested in Family Medicine (compensation for students going to FMF)
- Educating medical students about Family Medicine training and careers (talks with CQMF reps & residents)
- Fostering mentorship between Family Physicians, residents and medical students (resident to student talk)
- Fostering mentorship between upper- and lower-year medical students (supervisors for skills session)

**Activities & Events**
- Sept 25, 2010 – Family Medicine Symposium, McGill University
- March 2010 – Skills Session, McGill Simulation Center
- March 2010 – Rural Trip to Cowansville, Quebec
- Nov 14, 2009 :: 1:00PM :: Family Medicine Summit for Medical Students
- Nov 11, 2009 :: 11:30AM :: Family Medicine Residency with Dr. Kovacina
- Oct 29, 2009 :: 12:00PM :: CFPC 2009 Family Medicine Forum
- Oct 15, 2009 :: Academic Options in Family Medicine with Dr. Herbert
- Sep 19, 2009 :: Family Medicine Symposium, University de Laval

**Major Successes**
- One of our major goals was to establish another rural day trip to a local site be it in Quebec or within other provinces. Last year we went to Cowansville, Quebec which was well received. We plan on doing another trip to Cowansville. The arrangements have been made and there has been a good response as of yet. Plans are underway for the 2010 Family Medicine Symposium to be held at McGill. We are meeting with representatives from University of Montreal to have their input. Our annual skills session is being planned as well.

**Challenges**
- There is the recurrent challenge of gearing FaMSIG activities towards clerkship students. It is difficult to have sufficient attendance as free time is limited in the senior years. We recognize, however, that it is the senior students who are closer to making the decisions whether or not to enter a career in Family Medicine and we need to be more creative in engaging these students.

**Unique Initiatives**
- Our annual skills session and rural trip are unique in that no other student groups organize such activities. Our biggest future activity is the 2010 FM Symposium where we will host students from all four medical schools in Quebec.
**UNIVERSITÉ de MONTRÉAL**

**Goals for the year**
- For FMIG to be placed in high regard among medical students
- Promote different career path within family medicine
- Recruit students to ensure the continuity of FMIG next year
- Gradually be able to accommodate more students in our very popular activities, mainly the Skill Day.
- Find new source of financing to be able to do more activities.

**Activities & Events**

**Montréal:**
- We hosted 2 lunch time conference with family doctor.
- Dr. Michel Massé in November
- Dr. Christiane Laberge in January
- We organized a Mentorship dinner on February 8
- We are planning a Skill Day on February 25
- We are planning 3 more lunch time conferences
- We created a new logo for our FMIG and we are planning on printing T-Shirt for the group.

**Trois-Rivières:**
- We hosted 2 lunchtime conferences
- Dr. Christiane Laberge, a well known physician in Québec who regularly appears on TV shows.
- Dr. Gauthier in February
- We are planning 1 more lunchtime conference
- We are planning a Skills Day in March
- We are planning a Mentorship Dinner in April
- We created a new logo for our FMIG

**Major Successes**

**Montréal:**
- Recruiting was very great this year. We have 20 active members in our group with good representation in pre-med year. It should greatly facilitate the continuity for next year, which is great since it's been a problem in the last years.
- We have a new logo thanks to one our new member.
- We hope to be able to accommodate twice as many students for the Skill Day. We already double the attendance for the Mentorship Dinner.
- Participation for the students of Montreal to the Québec Symposium was great and we hope to have that much success in a few year when our turn come.

**Trois-Rivières:**
- The interest for our FMIG was really good so we recruited new members. We are actually 8 members and every academic year is represented
- Our new logo and our own notice board to display FMIG events
- We are planning our first “Skills Day” and “Mentorship Dinner” in Trois-Rivières

**Challenges**

**Montréal:**
- Financial support is less an issue with the support of the Quebec Government. But still new expense for the Quebec symposium and new activities in Trois-Rivières put an extra load on the budget and we still are limited in what we can do.
- Recruitment of physician is difficult for some activities, but with the help of the Family medicine department of our University we are able to have the physician we need.
- We have a big group this year. So making sure everybody has responsibilities and is feeling that he’s part of the group was a concern. But it seems to have turn out well and we hope everybody enjoy their experience.

**Trois-Rivières:**
- We had some issues contacting speakers for our conferences, withdrawals, physicians without available time, etc. We hopefully fixed it with the help of the family doctor in charge
of our FMIG who made the first contact with potential speakers.
- We are organizing our first Skills Day in March. Finding all the material could be a challenge.

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<tr>
<th>Unique Initiatives</th>
<th>Montréal:</th>
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<tr>
<td></td>
<td>- We decided to make T-Shirt with our new logo for the FMIG members. We hope to have them before the end of the semester.</td>
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<td>- We are working with the McGill University to plan the next annual Symposium. We have two students from our FMIG on their student comity. We hope to have the cooperation when it will be our turn to organized the Symposium.</td>
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<th>Trois-Rivières:</th>
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<td>- We are planning to invite 2 family medicine residents who graduated from University of Montreal in Mauricie (Trois-Rivières) last year, which was the first cohort of the campus. It will be interesting to discuss with them about what they think of the medical studies in Mauricie (a rural region) and if it had an impact on their decision to choose family medicine.</td>
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### Goals for the year
- Our main goals for this year were to continue on our FMIG’s past successes and to come up with new ideas and new projects. A lot of progress has been made in regards to these goals. Having a large team of event-organizers permits us to create and not be too overwhelmed by the work load imposed by the organization of events.

### Activities & Events
- Lunch talks: general overview of family practice; rural practice; family medicine in Northern Quebec; obstetrics; international health; street medicine.
- Conference night: debate on the salary of family physicians; the road to family medicine (step by step).
- Souper-causerie (aka “speed dating”) with family physicians and family medicine residents.
- Skills nights: obstetrics; emergency ultrasound; sports medicine and the knee exam; spirometry.
- Shadowing program.
- Visits to rural establishments affiliated to Université Laval during one weekend.

### Major Successes
- Most of our events gathered a number of students beyond our expectations; we were able to sustain a high level of interest for our activities, especially for the “speed-dating” with more than 130 people who subscribed.
- Our collaboration with the Faculty of medicine and the Department of family medicine during the recent Symposium has facilitated our administrative networking (ex. reserving rooms, finding volunteer physicians within the local clinics, etc.).
- Our group has never been this big. We have over 25 members organizing events within different subcommittees.

### Challenges
- As for past years, finding a perfect time for all our activities is a challenge, having to juggle with 3 different cohorts of students. This was particularly the case for our fall semester skills night.
- It is a challenge to proceed with sign-ups for activities seeing as we still use the “buy tickets at lunch time” technique.
- Because of the high level of interest for our activities, it is sometimes impossible to accept every person that is interested in participating (ex. speed dating: not enough seats; skills nights: not enough doctors available to create more groups of participants, as 10-12 people is a maximum for one group).

### Unique Initiatives
- New project for 2010: visits to rural establishments with a few students. This will allow students to see what it is like to practice family medicine outside an urban center, and will allow the visited region to possibly attract students for their future practice.
- Conference-night: New subject will be discussed. Since the last SOMS meeting, we have decided to discuss “money” so we have invited the President of the Quebec Medical Federation of Family Practitioners (FMOQ) to talk to us about the negotiations that are going to take place soon in our province regarding salary, and we decided to include this subject during the conference-night that is usually about the residency. We are also trying to find someone from the ministry of Health to have a little debate regarding the negotiations.
**UNIVERSITÉ de SHERBROOKE**

**Goals for the year**
- This year, our goal is to establish a list of physicians willing to participate in our activities. We are especially hoping to raise our profile in order to build a network of physicians on whom we can rely, which would facilitate the organization of our activities and would allow us to offer more activities, without having to always ask the same people. We are also trying to ask residents, hoping that they will maintain their support once they become doctors.

**Activities & Events**
- Participation in the Family Medicine Symposium organized by Laval University
- Brown-bag-lunch conferences presented by family physicians, focusing on the diversity of their practices.
- Shadowing program
- Clinical skill practice evenings
- Dinner-conference or “happy hour” that was attended by family physicians and family medicine residents.

**Major Successes**
- Our first evening of clinical skill practice (IV insertion, delivery techniques, intubation, code simulation and elbow-shoulder dislocation reduction) was a real success. More than 150 students registered even though we only had 72 places available. Students especially appreciated the practical side of the activity. They also mentioned that they liked to see that family physicians are asked to do a lot of technical procedures during their career.

**Challenges**
- The major issue we are facing is to find family physicians and residents willing to participate in our activities. Residents and physicians are often very motivated but lack the time to be involved. We have met members of the family medicine faculty who are supportive of our activities and we are hoping to establish a list of doctors who are willing to participate in our activities.

**Unique Initiatives**
- The success of our shadowing program, in which more than 60 students participated, is what we are most proud of. This program allows 1st and 2nd year students to follow a family physician for a few days during the year. This us the ability to discover the reality and the diversity of practicing family medicine.

**DALHOUSIE UNIVERSITY**

**Goals for the year**
- Increase student membership and interest – We are happy with the number of FMIG members and all events have been well attended.
- Increase awareness of the diversity of Family Medicine, and promote Family Medicine as a career choice – We are aiming to do so through our events but would like to hear ideas of different types of events/new ideas. Students are becoming less enthusiastic about speakers but also are too busy for time-consuming events.
- Dispel some of the myths and misconceptions of Family Medicine – We think by having an active FMIG and a variety of

**Activities & Events**
- “Everything you wanted to know about Family Medicine” – Informal panel discussion with several Clerks, Residents and Family Physicians
- Table at Dal Med Society’s Night
- Visit with CFPC President Dr. Cathy Mclean – included a talk, Q&A session and food
- Skills night – suturing, X-ray reading, measuring ABI
- Several members attended the FMF and the NS College of Family Physicians AGM
- Monthly executive meetings
- Presentation by members of a rural collaborative FM clinic
- Overnight trip to Pictou (rural NS) for hospital tour, skills sessions, winter activities, dinner/social with Family Physicians
- *Planned events – Dining with Docs, CaRMS wine and cheese, another skills session

**Major Successes**
- Great participation especially from Med Is
- Good variety of events so far
- Placed 2nd in the Walk for the Docs @ at the FMF

**Challenges**
- Renovations in the Tupper Medical Building – less rooms available for bookings, no liquor licenses in student lounge (no Wine and Cheese events), posters not as effective for
<table>
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<tr>
<td>- “Competing” with other societies/interest groups for event times, locations and participants</td>
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<td>- Overcoming misconceptions surrounding Family Medicine</td>
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**Unique Initiatives**

- Involvement in the current curriculum renewal—members of our exec have been pushing for an increase in early Family Medicine exposure during 1st and 2nd year, and an Longitudinal Integrated Clerkship

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**MEMORIAL UNIVERSITY**

**Goals for the year**

- I guess our major goal was to get the first year class involved and to maintain the other students that were in our group. We established 2 first year reps that served as liaisons for the group and the first year class. We are seeing over half of the first year class attending our weekly presentations and there seems to be a lot of interest. Overall I think MUN is really lucky to have tons of support and interest in our FMIG and I don't think we've had any MAJOR challenges since I've been a part of the group.

**Activities & Events**

Friday with Families- Weekly presentation from various Family Drs (12:30-130pm)
- Topics include “Sports medicine as a Family Dr.”, “3rd world to First world medicine”, “Rural Pearls of Practice”, etc.
- Sandwiches and drinks provided for ~ 45 1st and 2nd year students, faculty and staff

Family medicine info night:
- night of food, presentations regarding family medicine and drinks on George Street
- (Nov. 20ish)
- topics: Rural vs Urban Debate, Family +1 (ER, Obs, etc.), DAL family med residency, etc.

Procedures Day:
- Family Med residents demonstrate punch biopsies, IV, blood draw and some casting
- open to 1st and 2nd year students
- planned for early April

Community Outreach:
- Choices for Youth Collection: - collected toiletries and money for underprivileged youth (December)
- Greidanus Preschool Drive: - in the process of collecting toys for a preschool in Rundu in Namibia

**Major Successes**

- FWF has seen substantial growth over the past year. We have the majority of the first year class attending our weekly presentations.
- Over 120 students and faculty too part in Family Medicine Info Night

**Challenges**

- trying to come up with a way to make our interest group more environmentally aware has been a little difficult however,
- a hospital wide recycling program is in the words.

**Unique Initiatives**

- Greidanus Preschool Drive. Katy Wilson is part of a team that is led by Dr. Rob Greidanus (Former MUN resident) working in Rundu, Namibia. Katy is collecting resources for a pre/primary school in this midland Africa community.
- She is having difficulty finding products in Namibia and we are collecting lego blocks, educational posters, class room supplies, etc. that we plan to ship.