Your new president for 2009-2010 is Dr Cathy MacLean MD, CCFP, FCFP

After graduating from Dalhousie University in 1987, Cathy established a family practice at the Moncton Medical Clinic that included obstetrics, hospital work, and palliative care. In 1992 she moved to London, Ontario to join the Department of Family Medicine and to complete a Master's of Clinical Science at the University of Western Ontario. She returned to Dalhousie in 1997 as the Undergraduate Director in the Department of Family Medicine; a position she also held at UWO. In 2005 Cathy continued her passion for learning by completing a Master's of Business Administration at St. Mary's University in Halifax.

Cathy moved to Calgary in 2007 where she serves as Head of the Department of Family Medicine and Professor at the University of Calgary. In addition she has continued in practice at Elbow River Healing Lodge doing prenatal clinics. Her research interests have included Family Help at the IWK Health Centre in Halifax - a project looking at distance interventions for children with mental health problems.

Cathy has been involved with the College of Family Physicians of Canada for many years contributing to numerous committees with particular focus on patient education. She has been a member of the National Executive Committee since 2005. Cathy served two years as president of the Nova Scotia College of Family Physicians and is currently a board member of the Alberta College of Family Physicians. She has been a member of the Federation of Medical Women of Canada since the 1980s.

President's Message
Dr. Cathy MacLean

FMF was a resounding success, says incoming CFPC president Dr. Cathy MacLean

FMF 2009 was a resounding success, from the opening plenary when Barbara Starfield reported evidence supporting family medicine's role in improved outcomes and lower healthcare costs to the workshops and social events. Over 2,200 attended, including multitudes of medical students and hordes of
residents. There are loud and clear messages to medical students throughout FMF. They see a vibrant community of family medicine that is welcoming and supportive. In Calgary there were clinicians, researchers and educators, nurses, pharmacists, psychologists and social workers... and the list goes on.

Click here to read Dr. Cathy MacLean’s entire message.

Question of the Month, November 2009

As always, your answer will be anonymous. We do not track, capture, or in any way link individual CFPC members with the responses we receive. However, please note, if you should choose to add your name to comments, as some members occasionally do, the entire response ceases to be anonymous.

Any medical procedure has a risk and diagnostic radiography is no exception. The level of risk of developing cancer from childhood exposure to levels of radiation from diagnostic imaging that continues to be the subject of studies. Please take a moment to answer the Question of the Month for November 2009. Click here...

Many thanks for taking the time to answer the Question of the Month for October 2009 regarding flu vaccination. We received many responses to this question, and lots of comments. Thank you!

The October question was:

Have you received a flu vaccine shot already this fall?
If you answered yes, was the vaccine for the seasonal flu?

If you have not already had an influenza shot this year, do you intend to receive:
The seasonal flu vaccine when this is available in your province?
The H1N1 vaccine when this is available in your province?

These were your responses...

College News

Attracting MDs to family medicine: Calgary doctor hopes to improve family medicine enrollment as 2010 President of the College of Family Physicians of Canada

Dr. Cathy MacLean, head of the Family Medicine Department at the University of Calgary, was installed as the 2010 President of the College of Family Physicians of Canada at FMF 2009.

Since Dr. MacLean arrived at the Faculty of Medicine two years
Since Dr. MacLean arrived at the Faculty of Medicine two years ago the number of students choosing family medicine residency in Calgary has gone up from 18 per cent to 26 per cent. While she was at Dalhousie University in Halifax Dr. MacLean almost doubled the student family medicine matches from 28 per cent to more than 50 per cent. Her goal as president is to attract MDs to family medicine across the country to help address the national shortage of family physicians.

To read the news release Attracting MDs to family medicine, click here

CFPC Awards Family Docs for Advancing the Profession in Practice, Research and Teaching

Four distinguished Canadian family doctors were recognized at FMF 2009 for their distinct achievements in family medicine, research and teaching.

"The CFPC is proud to recognize the outstanding accomplishments of family medicine leaders in our country," said CFPC President, Dr. Sarah Kredentser. "Their passion and dedication to advancing family medicine contributes greatly to ensuring high standards of care for our patients. Advances in family medicine research and teaching are equally essential to provide strong resources for the future of family medicine in Canada. I commend this year's award recipients for their tremendous achievements. Their respective accomplishments make significant and positive impacts to the quality of healthcare in our country."

2009 CFPC Major Award Recipients:

The Honourable Dr. Carolyn Bennett, PC, MP, CCFP, FCFP, Toronto, ON
Recipient of the W. Victor Johnston Award
Dr. Richard Ward MD, CCFP, FCFP, Calgary, AB
Recipient of the Jean-Pierre Despins Award
Dr. Tom Elmslie MD, CCFP, FCFP, Ottawa, ON
Ian McWhinney Family Medicine Education Award
Dr. Stefan Grzybowski, MD, CCFP, MCIsC, FCFP, Vancouver, BC
Family Medicine Researcher of the Year

To read more about the recipients, click here

CFPC presents vision of a "medical home" for every Canadian - New concept would help primary care practices deal with future H1N1-like pandemic

On October 29 2009, the College of Family Physicians of Canada (CFPC) released a discussion paper with a vision to help strengthen primary care in Canada. The College proposes having our health system build on the progress made in recent years by ensuring that every family practice has required supports to most effectively deliver and organize the medical
services needed by the population it serves, to act as the one-stop center called the "medical home".

The College believes the medical home concept could help patients gain timely access to both the information and medical services needed for everything from preventive care and treatment of acute and ongoing illnesses to palliative and end of life care. It envisions medical home types of practices helping both patients and our health system manage challenges such as we are currently facing with the H1N1 pandemic more effectively.

Click here to read the News Release
Click here to read the Discussion Paper

FMF 2009 - Videos of Keynote Speeches and other Highlights

Click here to view highlights of FMF 2009, including talks by Dr. Sarah Kredentser, Dr. Barbara Starfield, Ron Liepert, and Susan Auch.

CFPC Executive Committee for 2009-2010
On October 30, 2009 The College of Family Physicians of Canada (CFPC) held its Annual General Meeting during the College's Family Medicine Forum in Calgary. At that time, the CFPC confirmed the CFPC Executive Committee for 2009-2010. The members of the new 2009-2010 Executive Committee are:

President -
Dr. Cathy MacLean, Calgary, AB
Past President -
Dr. Sarah Kredentser, Winnipeg, MB
President-Elect/Chair of the Board -
Dr. Rob Boully, Miramichi, NB
Honorary Secretary-Treasurer -
Dr. Val Rachlis, Toronto, ON
Member-at-Large (1 year term) -
Dr. Harold Dion, Montreal, QC
Member-at-Large (3 year term) -
Dr. Nirvair Levitt, Vancouver, BC
Executive Director & CEO -
Dr. Calvin Gutkin, Mississauga, ON

FMF recognizes 2009 Honours and Awards Recipients
The College of Family Physicians of Canada's (CFPC) has announced the 2009 Family Physicians of the Year. The Reg L. Perkin Awards recognize ten outstanding family physicians - one from each province - for providing exceptional care to their patients, making meaningful contributions to the health and well-being of their communities, and for dedicating themselves as researchers or educators of future generations of family doctors.

Canada's Family Physicians of the Year for 2009 are:
Dr. Paul Bonisteel, New Harbour, Newfoundland and Labrador
Dr. Randy MacKinnon, Charlottetown, Prince Edward Island
Dr. Lawrence MacNeil, Arichat, Nova Scotia
Dr. John Keddy, Fredericton, New Brunswick
Dr. Jean Maziade, Québec City, Québec
Dr. Dona Rae Bowers, Ottawa, Ontario
Dr. Darcy Johnson, Winnipeg, Manitoba
Dr. Keith Ogle, Saskatoon, Saskatchewan
Dr. George Gish, Claresholm, Alberta
Dr. John Pawlovich, Fraser Lake, British Columbia

"The award recipients are skilled clinicians who are passionate about their profession and the doctor-patient relationship," said Dr. Sarah Kredentser, President of the CFPC. "Many share their passion, knowledge and skill through teaching and mentoring medical students, working tirelessly to encourage the next generation of family doctors. They are to be commended for their dedication to providing quality health care in the communities they serve."

To read more about the recipients, click here
Read about the CFPC History and Narrative Committee's project, the Stories in Family Medicine website
The Stories in Family Medicine website is a place where stories about Canadian family medicine are shared by family physicians, patients, and their communities. The stories come from many different sources, including stories submitted for the AMS - Mimi Divinsky awards. We invite you to read others' stories and to send your own. The site also features online resources useful in the study of narrative in family medicine and the history of family medicine.

Click here to read more...

Test Your Mainpro® IQ

TRUE or FALSE:

The following activities are eligible for Mainpro-M1 credits

Participation on medical committees (related to family medicine)
CFPC accredited courses and workshops
Faculty development activities
Research related to family medicine
Self Learning® program
Practice audits and quality assurance programs

ANSWER: All of the above are TRUE!

You can earn Mainpro-M1 credits for these and many other
activities. Visit the CME/CPD section of the CFPC website by clicking here to learn more about Mainpro®, or contact the CPD department at mainprocredits@cfpc.ca or 1.800.387.6197 (ext. 204).

Join us next year! Family Medicine Forum 2010 will be held in Vancouver, BC

http://fmf.cfpc.ca/English/index.html

Practice Resources

Immunization Information

The CFPC is pleased to release an Immunization Information website for family physicians and frontline providers. The site links to trusted sources of readily-available and user-friendly immunization information with easy-to-navigate references. Key resources include provincial / territorial immunization schedules, immunization requirements for travelers, and vaccine myths of relevance in day-to-day practice.

Click Here

H1N1 Updates & Pandemic Flu Resources for CFPC members

The CFPC is regularly updating its online resources for CFPC members regarding seasonal flu, H1N1, and pandemic preparedness.

Please click here to read the latest updates on the CFPC website

Please note:

The Public Health Agency of Canada has updated its recommendations on the H1N1 flu vaccine dosing for children.

Click here to read the latest information on the new H1N1 flu vaccine dosing recommendations:

BCFP informs members regarding H1N1 Resources

In BC, the BCFP is informing members that the Provincial Health Officer has established a centralized and ongoing source of current information about the emerging issues surrounding the novel H1N1 flu virus at the link H1N1 Resources.

The BCFP suggests you scroll down to see the newly posted items marked "NEW" for easy identification. From this site you can also sign up for regular email updates regarding changes.

ACFP helps clarify H1N1 public messaging

In Alberta, ACFP President Dr. Richard Ward wrote an urgent letter to Alberta family doctors on November 5 2009 concerning questions, visits and calls by patients regarding H1N1 influenza.

"The ACFP has been in communication with Alberta Health Services and Alberta Health and Wellness to provide Family
Physician input into messaging and decisions on the immunization process in Alberta," reports Dr. Ward. "As well, the ACFP has invited feedback from members on what is happening in the 'trenches'. There have been an unprecedented number of comments forwarded from members which has helped to clarify issues and improve response to the pandemic."

Further feedback can be provided through acfppres@acfp.ca

Learning from the H1N1 Pandemic - OCFP President asks what has been learned to date

In the OCFP newsletter Inside Out, OCFP President Dr. Stephen Wetmore discusses family physicians' role on the front lines of the pandemic. http://www.ocfp.on.ca/local/files/

**Canadian Family Physician**

November 2009...

This issue of Canadian Family Physician features articles on: maternal codeine use during breastfeeding, OTC cough and cold medications, Veterans' musculoskeletal disorders, chronic pain, and disability, ectoparasitosis or Ekbom syndrome, hypertrophic cardiomyopathy, provincial primary care and cancer engagement strategy, and treatment of conjunctivitis.

[Click here](#) to read the November issue:

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**North American Primary Care Research Group**

**Meeting: Congratulations to two CFPC colleagues**

On November 15 2009, at their annual meeting in Montreal, the North American Primary Care Research Group (NAPCRG) presented Dr. Ann MacAuley with the prestigious Wood Award for her outstanding contribution to primary care research, including the furthering of development in participatory research.

CFPC Director of Research Inese Grava-Gubins received a 2009 President's Award "for her work on behalf of primary care research."

Congratulations Inese!

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**Other News**
Ontario: 47th Annual Scientific Assembly

Mark your calendar for the 47th Annual Scientific Assembly from November 26 to 28, 2009 at the Hilton Downtown Toronto, located at 145 Richmond Street West, Toronto, ON M5H 2L2.

Every year in the fall, the Ontario College of Family Physicians takes pride in organizing the Annual Scientific Assembly, an event that gathers close to 1000 delegates including family physicians, residents, medical students, family practice nurses and other healthcare professionals from all over the province.

The CPD program is designed "By Doctors - For Doctors" and includes current clinical topics, updates on previous popular topics and emerging clinic issues.

As a participant, you will have the opportunity to earn study credits, 15.5 Mainpro-M1 credits and multiple Mainpro-C credits", to take Life Support Courses (BCLS & ACLS).

The keynote address will be delivered by Dr. Robert Buckman, a renowned communicator and oncologist whose medical techniques are taught all over the world.

This conference is guaranteed to be great, with plenty of opportunity to meet old friends and make new ones. Please join us in celebrating family medicine!

Click here to learn more.

February 25 - 27, 2010
Rimrock Resort Hotel, Banff, AB

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Alberta: Tools for Practice

Tools for Practice is proudly sponsored by the Alberta College of Family Physicians (ACFP). ACFP is a provincial, professional voluntary organization, representing more than 2500 family physicians, in Alberta. Established over fifty years ago, the ACFP strives for excellence in family practice through advocacy, continuing medical education and primary care research. www.acfp.ca

How quickly are the effects of antidepressants clinically evident?
To learn more, click here...

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