The September 2009 issue of the CFPC’s E-News is here.

We hope that you continue to find it an enjoyable way to stay current with topics in family medicine and initiatives from your College.

President's Message
Dr. Sarah Kredentser

Family Practice Nurses are Invaluable...

Adjusting to September tends to be a challenge for all of us. Besides getting children ready for school and their activities, the fall brings the resumption of all those meetings and other commitments that involve many family doctors. While there may be a bit of a summer slowdown in the office, the fall typically is busy. For those of us fortunate enough to work with nurses in our practices, we recognize how invaluable they are in helping us through those busy times. Family practice nurses play an important role in ensuring that our patients are well cared for, and that we are able to function effectively and efficiently as physicians...

Click here to read Dr. Kredentser’s entire message.

Question of the Month, September 2009

The current CFPC logo was created in 1996, primarily for use on College stationery. Since that time College communications and marketing requirements have changed significantly while the same logo continues to be used. The logo has historical significance and is well established as the graphic symbol representing the CFPC. However, some may consider the logo design to be dated, and from a production perspective it can be difficult to reproduce effectively in print, electronic and marketing materials.

Do you think the current logo should continue to be used - to further build on its effectiveness? Or, do you think a new visual identity should be developed to represent the College and its
provincial chapters effectively in marketing and communications?

Please take a moment to answer the Question of the Month for September 2009. Click here...

... Many thanks for taking the time to answer the Question of the Month for Summer 2009 regarding Family Medicine Forum (FMF) 2009.

These were your responses...

College News

Family Medicine Forum - October 29 to 31, 2009
TELUS Convention Centre, Calgary, Alberta

Family Medicine Forum (FMF) 2009 is co-hosted by the College of Family Physicians of Canada and the Alberta College of Family Physicians and combines the Annual Scientific Assembly of the CFPC as well as the Annual Workshops of the CFPC's Sections of Teachers and Researchers.

Family Medicine Forum (FMF) is attended by over 1500 family physicians, family medicine teachers, researchers, residents, medical students, nurses, nurse practitioners and many other health care professionals every year.

FMF is the premier family medicine conference in Canada - our delegates come not only for the great variety of CME offered, but for the opportunity to network with their colleagues and friends from across the country.

October 7: Last day to reserve a hotel room under CFPC preferred rate
October 12: Pre-registration closes
October 28: On-site registration opens at the TELUS Convention Centre

Click here to pre-register

Click here to read the preliminary program...

Looking ahead - FMF

FMF 2010
Vancouver Convention Centre
October 14 - 16 2010
Join us at the 5th Anniversary Walk for the Docs of Tomorrow fundraising walk and run!

Proceeds support the CFPC Medical Student Scholarship Program.

Start a team, join an existing team or sign up as an individual participant. Encourage family and friends to join.

If you are unable to participate in the walk and run, please consider pledging to help support the cause.

- Walk is 5km and the run is 10 km
- Saturday, October 31, 2009, start time 7:00 am
- Location - Calgary Telus Convention Centre (During FMF 2009)
- To register click here
- Entrance fees will be waived for students and those that collect $200 or more in pledges. Fee for adults walking or running is $25. Participants in the walk and run have a chance to win one of two Lululemon prize packs valued at $100 each.

Family Medicine Interest Group Contest

Once again the REF will be holding the popular FMIG contest. Every FMIG across Canada is encouraged to form a FMIG team and register for the walk. The FMIG team that raises the most in pledges will receive:

- A trophy engraved with the winning FMIG team
- $250 for a FMIG initiative
- A banner that can be displayed at their medical school
- Acknowledgement at Family Medicine Forum in Calgary

Questions? Please contact shollingsworth@cfpc.ca or pc@cfpc.ca

1-800-387-6197 extension 214

Notice to all Members

CFPC'S Annual General Meeting and Annual Members' Forum, Hyatt Hotel, Imperial Ballroom (4, 6 & 8), Calgary,
Alberta

Boxed lunch provided

The CFPC's AGM will take place on Friday, October 30, 2009 (12:00 PM- 1:30 PM)

Following the formal business (from approximately noon to 12:30 p.m.), the members of the CFPC Executive Committee will welcome discussion of any topics of interest to attendees during our Annual Members' Forum.

The business conducted at this meeting will include: Election of Officers and Directors; approval of the audited financial report and appointment of the auditor; and changes to the CFPC's Bylaws. Bylaw changes which will be presented at this meeting can be found as of September 29, 2009 on the CFPC website (at www.cfpc.ca) under the "About Us" tab. Please also refer to CFPC's website for further information and a form of proxy if required.

Important Information Regarding Fellowship (FCFP) Eligibility

Members who wish to become a Fellow (FCFP) of The College of Family Physicians of Canada (CFPC) must ensure that all eligibility requirements are met by no later than December 31 of the year preceding convocation.

Those who meet the Fellowship eligibility criteria after December 31 will be eligible to receive their Fellowship in the subsequent year at the time of convocation.

For example:

<table>
<thead>
<tr>
<th>Date requirements are met:</th>
<th>Fellowship to be conferred at:</th>
</tr>
</thead>
<tbody>
<tr>
<td>by Dec 31/09</td>
<td>2010 Convocation</td>
</tr>
<tr>
<td>after Dec 31/09</td>
<td>2011 Convocation</td>
</tr>
</tbody>
</table>

To learn about the Fellowship eligibility criteria, please click here.

Have a question about your eligibility? Contact us at mainprocredits@cfpc.ca.

Changes to your CME transcript are coming...

Starting January 1, 2010, all Mainpro-M1 and Mainpro-M2 credit submissions received by fax, email, or regular post (and entered by CFPC staff on your behalf) will appear on your
transcript as "Summary of Mainpro-M1 credits" or "Summary of Mainpro-M2 credits". For example:

<table>
<thead>
<tr>
<th>CME Activity</th>
<th>Date</th>
<th>Number of Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Summary of Mainpro-M1 credits 2009</td>
<td>January 1, 2019</td>
<td>15.50</td>
</tr>
<tr>
<td>Summary of Mainpro-M2 credits 2009</td>
<td>January 1, 2019</td>
<td>25.00</td>
</tr>
<tr>
<td></td>
<td></td>
<td>40.50</td>
</tr>
</tbody>
</table>

If you wish to have a more complete CME transcript, submit your credits online through our "Members" site at www.cfpc.ca. Online submissions include the name of the individual activity or event, as well as the date of completion. For example:

<table>
<thead>
<tr>
<th>CME Activity</th>
<th>Date</th>
<th>Number of Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Online Submission: Effective management of the diabetic foot: January 5 - 15, 2009</td>
<td>January 1, 2010</td>
<td>15.50</td>
</tr>
<tr>
<td>Online Submission: Department of Family Medicine Rounds: March 2009 - July 2009</td>
<td>January 1, 2010</td>
<td>5.00</td>
</tr>
<tr>
<td>Online Submission: Lunch and Learn - Dysplasia: September 15, 2009</td>
<td>January 1, 2010</td>
<td>1.00</td>
</tr>
<tr>
<td>Online Submission: UpToDate(TM), January 2009 - December 2009</td>
<td>January 1, 2010</td>
<td>13.50</td>
</tr>
<tr>
<td>Online Submission: Journal Reading: CFP 2009 issues</td>
<td>January 1, 2010</td>
<td>10.50</td>
</tr>
<tr>
<td></td>
<td></td>
<td>40.50</td>
</tr>
</tbody>
</table>

Questions or Comments? Please contact the CPD Department at 1.800.387.6197 or 905.629.0900, extension 204 or 321.

**Canadian Family Physician**  
September 2009...

This issue of Canadian Family Physician looks at: Educating Future Family Physicians, Exercise and Osteoarthritis, Colorectal Cancer during Pregnancy, Magnesium for the Treatment of Asthma, Management of Stomatitis, Type 2 Diabetes, ADHD Drug Therapy, Electronic Medical Records, and Interprofessional Education.

**Click here** to read the September issue:

| more ▶▶

**CFPC participates in the 2nd Annual International Medical Graduate Symposium**

The Canadian Resident Matching Service (CaRMS) will host the second annual International Medical Graduate Information Symposium at the Metro Toronto Convention Centre on October 24, 2009.

Open to internationally trained medical students and physicians,
this one-day event will help you better understand the postgraduate training landscape in Canada.

Registration will open in early September.

Questions or inquiries:
Phone: 613-237-0075
Toll free: 1-877-227-6742
Email: events@carms.ca

Primary Care Toolkit for Family Physicians

This website is provided by The College of Family Physicians of Canada (CFPC) to help translate, share and disseminate knowledge and management information.

The CFPC will continue to maintain this toolkit as a resource to family physician leaders and their associates who are experiencing the numerous changes in primary care. We welcome feedback and complementary resources from those using the site.


2010 Canadian Conference on Medical Education (CCME) Conference

The College of Family Physicians of Canada (CFPC), along with the Association of Faculties of Medicine of Canada (AFMC), and the Royal College of Physicians and Surgeons of Canada (RCPSC), is a partner in the organization of the 2010 CCME Conference.

The Program Committee for the 2010 Canadian Conference on Medical Education (CCME) in St. John's, Newfoundland, is now inviting the submission of proposals for workshops, oral and poster presentations in the areas of admissions, undergraduate, postgraduate, continuing medical education, faculty development or any other topic relevant to medical education. This year’s theme is "White Coat, Warm Heart: Integrating Science and Humanism." All submissions must be made online. The deadline for submissions is October 19th, 2009.

Please click here to download the submission guidelines.

Please submit your proposal online here...

Canadian Primary Care Sentinel Surveillance Network

The Canadian Primary Care Sentinel Surveillance Network
or CPCSSN (pronounced sipsin) is a new collaboration. CPCSSN is Canada's first multi-disease electronic record surveillance system. Essentially, CPCSSN can be thought of as a library of digital information on health; specifically a database on chronic diseases.

The information gathered will help physicians better understand chronic disease and improve the care Canadians with chronic disease receive. It is expected that CPCSSN will share information and reports with governments, physicians, nurses and other healthcare team members, researchers, and planners to improve primary health care.

The CPCSSN initiative is funded by the Public Health Agency of Canada under a contribution agreement with the College of Family Physicians of Canada on behalf of nine practice based research networks (PBRNs) associated with departments of Family Medicine across Canada. CPCSSN also works together with the Canadian Institute of Health Information.

http://www.cpcssn.ca/cpcssn/home-e.asp

Practice Resources

H1N1 Influenza Outbreak - New Public Health Agency of Canada guidelines

The Public Health Agency of Canada has recently released a set of guidelines (both clinical and administrative) of relevance to the H1N1 influenza outbreak. All guidelines are provided below as well as through the CFPC homepage (www.cfpc.ca - click on PHAC Guidance Documents for Health Professionals).

PHAC Guidelines re: H1N1

1. Ambulatory Care Guidelines (e.g. family practices and primary care settings)
2. Guidelines for Pregnant and Breastfeeding Women
3. Guidelines for Infants under One Year of Age
4. Guidelines for the Control of Outbreaks in Closed Facilities (e.g. long term care institutions and prisons)

Additional information has been provided under Infection Prevention and Control Guidelines for:

a) Pre-hospital Care (e.g. emergency departments, paramedical and other community-based emergency services)
b) Long Term Care Facilities (in addition to above)
c) Hospitals

The CFPC will continue to provide updates on H1N1 information as it becomes available from PHAC. Information will be shared on the CFPC website, through e-News, and by special email blast when appropriate.
If you have any questions related to the H1N1 communications, please contact Jayne Johnston, CFPC Communications Manager at jjohnston@cfpc.ca

To read the latest updates on the H1N1 flu pandemic, click here...

What is your role on the front lines of infectious disease outbreaks?

NEW online CME

Infectious Disease Outbreaks: Tools and strategies for front-line clinicians

Best practices in preparedness, early detection and response to notifiable and emerging infectious diseases

Designed for family doctors, emergency physicians and paediatricians

Evidence-based with links to provincial/territorial resources

Developed by the Public Health Agency of Canada in collaboration with the Canadian Public Health Association and Professional Development & Conferencing Services, Faculty of Medicine, Memorial University

Accredited:

Mainpro M1
MainCert Section 1
FMOQ - category 1
Credits: Up to 6 credit hours

For more information, go to: www.publichealth.gc.ca/outbreaks-course

Children and Youth Matters

The CFPC is committed to high standards of care for children and youth.

CFPC members and pediatrician members of the Canadian Pediatric Society (CPS) participate in the work of the Joint Action Committee on Child and Adolescent Health (JACCAH). See below the link to the CPS statement on otitis media, as well as a link to patient education materials regarding this common condition in family practice.

For physicians.

For parents.
Are your patients stressed at work, off work or returning to work? Are you struggling with similar issues in your workplace? Are your colleagues or staff dealing with work-related pressures?

*Working Through It* is a new web site, a resource for those struggling with issues of work and life, presented through a joint partnership between the Mood Disorders Association of Ontario and Mental Health Works. The site highlights "stories of reclaiming well-being at work, off work and returning to work.

[Click here](#) to learn more...

**Other News**

**Your input is sought for a new CIHR mental health initiative**

Along with McGill University researchers, the CFPC is involved in research aimed at providing adequate and effective mental health services to Canada's diverse population through the development of web based tools.

"For family physicians and other primary care providers, we will develop resources for ongoing clinical training, clinical practice, and mental health service delivery to culturally diverse populations," say the researchers. "Our aims are to use a variety of web-based and electronic media to bring the tools and resources needed to improve delivery of care to a diverse population into the clinician's office and to evaluate the impact of this improved access to information on clinician cultural competence and clinical practice."

Please participate in this online survey to assist with this CIHR initiative. (The survey takes approximately 15 minutes.)

To complete the survey, [click here](#)...

**Annual Scientific Assemblies**

**British Columbia:** The much anticipated **22nd Annual Scientific Assembly** will take place October 3-4, 2009 at the Hyatt Regency Hotel in Vancouver, BC.
The ASA is now sold out.

If you would like to be placed on the waitlist please email office@bccfp.bc.ca with your name, phone number and email.

We look forward to seeing you there!

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**Ontario: 47th Annual Scientific Assembly**

Mark your calendar for the 47th Annual Scientific Assembly from November 26 to 28, 2009 at the Hilton Downtown Toronto, located at 145 Richmond Street West, Toronto, ON M5H 2L2.

Every year in the fall, the Ontario College of Family Physicians takes pride in organizing the Annual Scientific Assembly, an event that gathers close to 1000 delegates including family physicians, residents, medical students, family practice nurses and other healthcare professionals from all over the province.

The CPD program is designed "By Doctors - For Doctors" and includes current clinical topics, updates on previous popular topics and emerging clinic issues.

As a participant, you will have the opportunity to earn study credits, 15.5 Mainpro-M1 credits and multiple Mainpro-C credits", to take Life Support Courses (BCLS & ACLS).

The keynote address will be delivered by Dr. Robert Buckman, a renowned communicator and oncologist whose medical techniques are taught all over the world.

This conference is guaranteed to be great, with plenty of opportunity to meet old friends and make new ones. Please join us in celebrating family medicine!

[Click here](#) to learn more.

... 

**Quebec: Environmental and Community Health**

**27th Annual Scientific Assembly**

Quebec College of Family Physicians

- Occupational Health and the Environment
- Green Health Care
- Common Environmental Diseases
- Medicine and Climate Change

November 12-13, 2009
Sheraton Laval Hotel, Laval QC
Provincial News

Alberta:

Tools for Practice, proudly sponsored by the Alberta College of Family Physicians, is a biweekly article summarizing medical evidence with a focus on topical issues and practice modifying information. It is coordinated by G. Michael Allan, MD, CCFP and the content is written by practising Alberta family physicians.

To read more, click here...

To remove yourself from the subscription list, please check below. Please send questions, comments, and suggestions to enews.cyberbulletin@cfpc.ca

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