The February 2010 issue of the CFPC's E-News is here.

We hope that you continue to find it an enjoyable way to stay current with topics in family medicine and initiatives from your College.

President's Message

Dr. Cathy MacLean

January was a momentous month

January was momentous for medical education in Canada with the launch of the Association of Faculties of Medicine of Canada (AFMC) report on the Future of Medical Education in Canada (FMEC). (Go to www.afmc.ca for a copy of the full report.)

January was also momentous for the tragic earthquake in Haiti...

Question of the Month - February 2010

Member Recognition

The CFPC highly values its members who make the College a strong voice for family medicine in Canada. As a means of demonstrating our appreciation for your membership with the College, the CFPC is developing a member recognition program that will recognize and celebrate your commitment at five-year intervals beginning at 15 years. We welcome your comments and suggestions on the types of recognition that you would find most meaningful. Click here...

As always, your answer will be anonymous. We do not track, capture, or in any way link individual CFPC members with the responses we receive. However, please note, if you should choose to add your name to comments, as some members occasionally do, the entire response ceases to be anonymous.
Many thanks for taking the time to answer the Question of the Month for January 2010 regarding employee assistance programs.

We received some helpful comments in response to these questions. Thank you!

These were your responses...

College News

Canadian Red Cross

The College of Family Physicians of Canada is working with the Red Cross to encourage Canada's family physicians, other team members working with them, and their families and friends to contribute to the disaster relief fund in support of the victims of the earthquake in Haiti.

The CFPC fund through the Red Cross remains open for further support, which will of course be needed for a long time to come.

The CFPC fund has so far received over $175,000 in donations. With the federal government matching these donations, the total amount raised for the Haitian Earthquake Fund is over $350,000!

To donate to the Red Cross, click here...

The 2010 Honours & Awards Program...

The deadline to submit for funding for RESEARCH GRANTS or to support your CPD STUDIES is quickly approaching:
Planning for FMF 2010 is well underway!

We would like to thank all those who submitted a session abstract for presentation at FMF 2010.

Those who submitted through the Call for session abstracts will be notified as to the status of their submission in March - stay tuned.

If you are considering submitting an abstract, please see below for important deadlines that may be of interest to you:

- Research Day Sessions Deadline: March 12, 2010
- Research Day Freestanding Papers Deadline: March 12, 2010
- Research Day Posters Deadline: March 12, 2010
- General FMF Posters Deadline: April 15, 2010
- Student/Resident Posters Deadline: July 15, 2010
- Satellite Symposium Call will remain open until all time slots are filled

More information is always available on the FMF website at [www.cfpc.ca/fmf](http://www.cfpc.ca/fmf).

**See you in Vancouver!**

**Position Statement Prescribing Rights for Health Professionals**

The College of Family Physicians of Canada (CFPC) is pleased to provide you with our Position Statement Prescribing Rights for Health Professionals.

The CFPC supports expanded scopes of practice for qualified health professionals to help address the goals we all share for
safe and timely access to the best possible care for the people of Canada.

We support legislative and regulatory changes being introduced related to expanded scopes of practice provided they include requirements for defined training guided by national standards, the demonstration by each professional of his/her competencies, and ongoing research to evaluate and ensure quality outcomes for patients.

We welcome your feedback.

Comments may be directed to Mr. Eric Mang, Health Policy Manager at emang@cfpc.ca.

Click here to read the Position Statement (PDF).

Practice Resources

Promoting Optimal Monitoring of Child Growth in Canada: Using the New WHO Growth Charts

The recent release of the WHO Growth Standards and Growth References has prompted a re-evaluation of which growth charts are appropriate for monitoring and assessing the growth of Canadian children.

Promoting Optimal Monitoring of Child Growth in Canada: Using the New WHO Growth Charts was developed collaboratively by Dietitians of Canada, Canadian Paediatric Society, The College of Family Physicians of Canada and Community Health Nurses of Canada.

The statement is intended for use as a practice guideline for health professionals. The desired outcome is the promotion of consistent practices in monitoring growth and assessing patterns of linear growth and weight gain in infants, children and adolescents to support healthy child growth and development.

You can download the following documents in PDF format:

Promoting Optimal Monitoring of Child Growth in Canada: Using the New WHO Growth Charts

The Executive Summary

A Health Professional's Guide to Using Growth Charts

Is My Child Growing Well? Questions and Answers for Parents

Coming soon: Set of WHO Growth Charts Adapted for Canada for the Primary Care Setting...
Helping Patients Help Themselves: Are Canadians with Chronic Conditions Getting the Support They Need to Manage Their Health?

Many Canadians with chronic health conditions do not regularly receive some of the expected types of support that could help them better manage their own health.

This bulletin - Helping Patients Help Themselves: Are Canadians with chronic conditions getting the support they need to manage their health? - is based on the 2008 Canadian Survey of Experiences with Primary Health Care, which measured the quality of health care as reported by Canadian patients, including those with seven common chronic conditions.

To read the bulletin, click here...

CanadaValuesHealth - Dialogue on Health Care

The Health Council of Canada posts podcasts on the CanadaValuesHealth page of www.healthcouncilcanada.ca

Health care providers, organizations and people share their thoughts on how to build innovation and best practices into our health care system.

To listen to the podcasts, click here.

Health Canada issues an Information Update concerning medications for Parkinson’s disease

Health Canada is aware that two Canadian companies that manufacture and/or distribute medications for Parkinson’s disease have posted information on their websites concerning the availability of some of the drugs they manufacture and/or distribute.

Please note the discontinuation of Apo-levocarb CR 200/50 and supply issues surrounding Sinemet CR 200/50.

Click here for more information.

Canadian Family Physician
February 2010...

This issue of Canadian Family Physician focuses on respiratory problems, and features articles on a variety of other topics too, including: Helping patients with localized prostate cancer, Heartburn and acid reflux in
Clinician-Patient Communication to Enhance Health Outcomes

Date: Wednesday, March 31st, 2010 (tentative)
Time: 8:30 to 4:30
Place: The College of Family Physicians of Canada
2630 Skymark Avenue
Mississauga, ON

This interactive workshop encourages active learning through case-based discussions, group exercises, video case review, and communication skills practice.

Cost: NEW for CFPC members only: Enjoy a 30% discount on the registration for this course!
(For non-CFPC Members): $300 (lunch, refreshments and all materials included)

Effective clinician-patient communication underlies successful medical care. Research has demonstrated that using more effective communication skills:

1. improves diagnostic accuracy,
2. increases involvement of the patient in decision making,
3. increases the likelihood of adherence to therapeutic regimens,
4. increases patient and clinician satisfaction, and
5. reduces likelihood of exposure to malpractice litigation.

The objectives of this program are to improve awareness of a clinician's roles regarding the importance of communication as an essential aspect of health care and gain understanding of the concept that complete clinical care consists not just of "find it and fix it" but of four communication skills: Engage, Empathize, Educate, and Enlist.

For more information on this workshop, contact Katheryne Stewart @ ks@cfpc.ca or 1-800-387-6197 (x 251)

For more information on the Institute for Healthcare Communication-Canada, visit: www.ihcc.ca.

5th International Primary Care Respiratory Group (IPCRG) Conference - June 2-5 2010

Respiratory Medicine is an area of practice that some CFPC
members have identified as an area of special interest or focused practice.

The Family Physician Airways Group of Canada, chaired by CFPC member Dr. Alan Kaplan, is co-sponsoring the 5th International Primary Care Respiratory Group (IPCRG) continuing professional development conference that will be held in Canada this summer, in Toronto, Ontario June 2-5 2010. www.ipcrg-toronto2010.org.

H1N1 Updates & Pandemic Flu Resources for CFPC members

The CFPC is continuing to regularly update its online resources for CFPC members regarding seasonal flu, H1N1, and pandemic preparedness.

Please click here to read the latest updates on the CFPC website.

Provincial Annual Scientific Assemblies

Alberta College of Family Physicians:

55TH Annual Scientific Assembly

February 25 - 27, 2010
Rimrock Resort Hotel, Banff, AB

www.acfp.ca

New Brunswick College of Family Physicians:

56th Annual Meeting and Scientific Assembly
56e Réunion annuelle et Assemblée scientifique
Friday, March 26 & Saturday, March 27, 2010
Les vendredi 26 mars & samedi 27 mars 2010

NEPISIGUIT MEDICAL CLINIC
BATHURST, NEW BRUNSWICK
CLINIQUE MÉDICALE NEPISIGUIT
BATHURST NOUVEAU- BRUNSWICK
ON-LINE REGISTRATION WILL SOON BE AVAILABLE AT/
VOUS POURREZ VOUS INSCRIRE EN LIGNE BIENTOT:
www.cfpc.ca/nb

For Information/ pour renseignements:
Joanne Gallant
Chapter Administrator
New Brunswick College of Family Physicians
Tel: (506) 852-1086
Fax: (506) 855-7134
E-mail: nbcfp@nb.sympatico.ca

**Manitoba:**

**COMING SOON!** The Manitoba College of Family Physicians
2010 ASA!

2010 Annual Scientific Program & Registration Forms

2010 ANNUAL SCIENTIFIC ASSEMBLY
April 22 - 24, 2010
Winnipeg Convention Centre
Winnipeg, Manitoba

For further information, please contact Ms. Kari MacKinnon at kmackinnon@mcfp.mb.ca.

**Provincial News**

**Alberta College of Family Physicians:**

January 2010: A Message from ACFP President to Alberta Family Doctors

The ACFP "Top 9 in 2009"

Click here…

**ACFP: Tools for Practice**

Tools for Practice is proudly sponsored by the Alberta College of Family physicians (ACFP). ACFP is a provincial, professional voluntary organization, representing more than 2500 family physicians, in Alberta. Established over fifty years ago, the ACFP strives for excellence in family practice through advocacy, continuing medical education and primary care research. www.acfp.ca

**Clinical Question:** In patients with Vitamin B12 deficiency, is oral Vitamin B12 as effective as intramuscular (IM) Vitamin B12?

To learn more, click here.
Ontario College of Family Physicians:

February 2 2010: Inside Out

Letter to Members from the President, Dr. Robert Algie:
Access Issues and Effectiveness

Le Collège québécois des médecins de famille:

For highlights of recent news in Quebec, click here.

To remove yourself from the subscription list, please check below. Please send questions, comments, and suggestions to enews.cyberbulletin@cfpc.ca

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