The February 2012 issue of the CFPC's eNews is here. We hope that you continue to find it an enjoyable way to stay current with topics in family medicine and initiatives from your College.

President's Message

Educating the Physician of the 21st Century

On January 30 and January 31, 2012 I had the privilege of participating in a National Forum in Ottawa to put the finishing touches to The Future of Medical Education in Canada Postgraduate (FMEC PG) Project. This project follows the successful Future of Medical Education in Canada Medical Doctor (FMEC MD) Project completed in 2010. FMEC MD focused on the renewal of undergraduate medical education. Given the significant increasing demands upon health care delivery with an aging population, increasing prevalence of chronic disease, new scientific discoveries, emerging technologies and the evolving expectations of Canadians of the healthcare system, the time has arrived to perform a comprehensive review of postgraduate physician education.

The Association of Faculties of Medicine of Canada, the College of Family Physicians of Canada, Le Collège des Médecins du Québec and the Royal College of Physicians and Surgeons of Canada worked together with an esteemed group of medical educators, leaders and public representatives from across the country these last two years to build upon the vision and recommendations of FMEC MD. Consulting stakeholders from coast to coast to coast, the steering committee ultimately came up with eight recommendations to enhance and strengthen the Post Graduate (PG) curriculum. The aim is to be able to effectively develop physicians of the future, physicians who will find new ways to collaborate with other health care professionals to best meet the changing and diverse health and wellness needs of Canadians.

Perhaps the most fundamental contribution of the FMEC PG report will be to further influence the production of the right...
number, mix and type of physicians ready to practise medicine in all areas of our country to meet societal needs. In particular, the goal is to find the right balance of family physicians and specialists, with a strong emphasis on promoting and maintaining the generalist skill sets in all of our medical disciplines. Education of the physician of the 21st Century will recognize the importance of team-based interdisciplinary care, the changing scopes of practice of physicians, and competency-based, patient-centred care. Our resident doctors can expect a positive and safe learning environment in which professionalism, leadership and teaching competencies will be developed. Patient safety, continuous quality improvement and accountability will be part and parcel of resident education.

The FMEC PG Project report will be made available by April 1, 2012.

The challenge during implementation will be to develop a shared collective vision with our provincial governments and the Canadian public.

Stay tuned.

2012 Honours and Awards: The deadlines are quickly approaching!

**March 1st** - research grants and continuing professional development (CPD) funding

**April 1st** - nominate a colleague for achievement and excellence in family medicine:

- The Bruce Halliday Award for Care of the Disabled - NEW!
- CFPC Early Career Development Awards
- Geeta Gupta Equity and Diversity Award
- CFPC Continuing Professional Development (CPD) Program Award
- AMS-Mimi Divinsky Awards for History and Narrative in Family Medicine

The complete lineup of awards, grants and scholarships can be viewed at [www.cfpc.ca/awards](http://www.cfpc.ca/awards)

The Honours & Awards Program is made available through donations to the CFPC Research and Education Foundation.
We welcome your continued feedback on e-News.

Please send questions, comments, and suggestions to...

Click here

Mark your calendar and plan to spend November 15 - 17, 2012 at Family Medicine Forum (FMF) in Toronto! FMF will take place at the Metro Toronto Convention Centre (MTCC), South Building.

A true city of the world, Toronto offers excellent shopping, dining and event experiences.

Located between the Rogers Centre, CN Tower, and the Air Canada Centre, the MTCC is in the heart of the city that is easily accessible by air, train, or car. We're planning another terrific program for you full of CPD sessions, keynotes, award presentations, and events.

Watch the FMF website for further information.
www.cfpc.ca/fmf

MAINPRO® - Important Changes are Coming

The College of Family Physicians of Canada (CFPC) is pleased to announce plans to update its Maintenance of Proficiency (MAINPRO®) program over the next few years. The minor amendments that have been made to date to improve Mainpro are part of the ongoing commitment of our Continuing Professional Development (CPD) Committee and staff. The next few years will see some more substantive changes based on member recommendations. These are intended to help all Mainpro participants more readily address their changing learning needs while enabling them to meet the CPD requirements of our College as well as the provincial/territorial regulatory authorities/licensing bodies. With a focus on best practices in medical education, and knowledge translation that makes the link between learning and practice a priority, Mainpro will be revised to better meet the changing needs of those in family practice across Canada.

As of January 2013, the CFPC will implement two important changes to Mainpro:

1. All individuals participating in Mainpro will be required to report a minimum of 25 credits per year during their five-year Mainpro cycle. The annual minimum may be
comprised of any combination of Mainpro-M1, Mainpro-M2, and/or Mainpro-C credits; and
2. Online reporting will be required.

Why minimum annual credit reporting?

- Encourages Mainpro participants to engage in, and report, their CPD activities on a regular basis - which is in keeping with the ideals of lifelong learning
- Enables College staff to provide more efficient service and support to Mainpro participants in a timely manner; avoids issues being identified only in the latter stages of the five-year Mainpro cycle
- Meets the requirements of many certification and licensing organizations in Canada and abroad

The CFPC’s initiative to implement this change will provide reporting consistency for Mainpro participants across the country.

Why online-only credit reporting?

- It makes submitting CPD credits faster, easier, and more secure
- Fewer incidents of illegible or incomplete submissions; online forms prompt users to provide all information required for validation of submission by College staff
- Encourages those participating in Mainpro to keep their records up-to-date

Mainpro participants can set up an online account any time to get started with the e-reporting process. Further information and instructions on setting up an account are provided on the CFPC website (www.cfpc.ca/ReportCredits/).

"We appreciate the feedback we’ve received from our members about what they need from Mainpro to help them achieve their CPD requirements most effectively," says Dr. Jamie Meuser, Director of Continuing Professional Development for the CFPC. "We believe that the updates will keep Mainpro current and most efficient to meet the changing needs of all Mainpro participants. The system changes will also ensure that the appropriate mechanisms are in place that will allow Mainpro to continue to evolve and improve over time."

Over the course of the next few years, Mainpro will undergo a series of phased revisions to ensure that it continues to:

- meet the changing landscape of family medicine
- foster quality improvement and improved patient care
- provide user-friendly resources, tools, and services to College members

The end result will be a Mainpro that remains current with enhanced flexibility and support.
Phase II of Mainpro updates are proposed for implementation in 2014. They will focus on credit categories and recognition of different types of learning activity. Further information will be shared as details are confirmed.

If you have any questions about Phase I of the Mainpro changes, please see the CFPC website (www.cfpc.ca/CPD/) or contact CPD staff at mainprocredits@cfpc.ca or 1-800-387-6197 ext. 243, 204 or 205.

Practice Resources

WONCA World Rural Health / The Network: Towards Unity for Health joint conference

Hosted by the Northern Ontario School of Medicine (NOSM)
October 9 - 14, 2012 Thunder Bay, ON

This conference will bring together the WONCA World Rural Health Conference and The Network: Towards Unity for Health annual conference, as well as the next NOSM/Flinders Conference on Community Engaged Medical Education, the Consortium for Longitudinal Curricula, and the Training for Health Equity Network. The overall theme of the conference will be "Community Participation in Education, Research and Service." The intent is that this overarching theme will bring together participants involved in the following five areas:

- rural, remote and underserviced healthcare, and health professional education
- integration of the individual and population health approaches to education and service
- longitudinal integrated curricula
- community-engaged health professional education
- social accountability in the health professions education

Watch the website for additional details - http://www.nosm.ca/rendez-vous/

Visit www.rendez-vous2012.ca for conference details, registration information, and more.

Canadian Family Physician - February 2012
The February issue of *Canadian Family Physician* and web version of the journal have a wide variety of articles, research reports and commentaries. Some of the topics this month include: global health curriculum in family medicine - a resident perspective, primary care outreach in Markham, Ontario, use of combination inhalers in COPD, hypocalcemia, and emotional effects of continuity of care on family physicians and the therapeutic relationship.

The Faces of Family Medicine this month profiles **Dr. Yves Lambert** of Longueuil, Quebec.

[Click here](#) to read *Canadian Family Physician* and to access web exclusive articles.

**Other News**

**Mark your calendars!!!**

**New Brunswick College Of Family Physicians**
2012 Annual Scientific Assembly
Friday, March 30th and Saturday, March 31st

Pre-Conference starts Thursday, March 29th with ALSO (Mainpro-C)

**MIRAMICHI REGIONAL HOSPITAL**

**Plenary sessions**

- Diabetes: new oral therapies
- Osteoporosis
- The Patient's Medical Home
- Sleep apnea
- Scientific presentations

**Keynote speakers**

- **Mr. Bernard Richard**, Past ombudsman and New Brunswick Child and Youth Advocate
- **Dr. Ruth Wilson**, CFPC Past-president

**Workshops**
Handheld devices and applications
Day to day feedback in a busy family practice
Spirometry

**Discussion panel**
Colorectal cancer from screening to palliative care

**New!**
Pre-conference and networking for emergency physicians
• Procedural sedation
• Portable ultrasound

...And

• General assembly
• Banquet and awards

Visit our website http://www.cfpc.ca/local/nb/index.html
Registration online or by mail (brochure coming soon)
For more information nbcfp@bellaliant.com

Manitoba College Of Family Physicians
2012 Annual Scientific Assembly
Victoria Inn & Conference Centre
Winnipeg, MB
April 19-21, 2012

Kari MacKinnon
Conference Coordinator
Manitoba College of Family Physicians
(204) 668-3667
http://mcfp.mb.ca/asa/

Alberta College of Family Physicians Tools for Practice:

Antipsychotics for depression: An acceptable risk/benefit profile

Clinical Question: Are antipsychotics, either added to standard antidepressants or as monotherapy, effective for the treatment of depression without psychotic features?

To learn the Tools for Practice response, click here (PDF)
Tools for Practice is proudly sponsored by the Alberta College of Family Physicians (ACFP).

Tools for Practice is a biweekly article summarizing medical evidence with a focus on topical issues and practice modifying information. It is coordinated by G. Michael Allan, MD, CCFP and the content is written by practising family physicians who are joined occasionally by a health professional from another medical specialty or health discipline. If you are not a member of the ACFP and would like to receive the TFP emails, please contact subscribetfp@acfp.ca to be added to the distribution list. Archived articles are available on the ACFP website.

NEW - Links to CFPC News

CFPC in the News - College spokespersons profiled in recent media coverage

http://www.cfpc.ca/CFPC_in_the_News/
What's on at the College - weekly updates of CFPC meetings and activities

http://www.cfpc.ca/Whats_On/

Today's Family Medicine News Highlights - daily updates on www.cfpc.ca

http://www.cfpc.ca/ProjectAssets/Templates/NewsItem.aspx?id=2570&langType=4105

To remove yourself from the subscription list, please check below. Please send questions, comments, and suggestions to enews.cyberbulletin@cfpc.ca

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