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The March 2012 issue of the CFPC's eNews is here. We hope that you continue to find it an enjoyable way to stay current with topics in family medicine and initiatives from your College.

President's Message

Northern Light

The training, recruitment, retention, and professional support of family physicians who practice in rural and remote areas are of major interest to the CFPC. Dr. Francine Lemire, our Associate Executive Director and Director Professional Affairs, and I were recently invited to Nunavut by Dr. Sandy MacDonald, Director of Medical Affairs for the Nunavut Territory and the Qikiqtani General Hospital in Iqaluit. The purpose of our visit was to meet the local family docs and listen and learn about how the College may be able to assist in addressing their ongoing continuing professional development; to explore how they might be integrated into the College to become part of the "family" of family medicine in Canada (currently there is no Chapter in the Territories); to increase involvement on our committees so that their perspectives may be heard; and provide connection and networking opportunities as well as anything else where the CFPC could be of benefit.

We listened and learned. We learned that this rugged and beautiful land is one of extremes from the - 51°C temperatures to the incredible warmth of the Inuit people, the family physicians and hospital staff who hosted us so generously. We appreciated the challenge of delivering health care to 33,000 people spread over nearly 2 million square kilometers. We witnessed the effort of delivering the highest standard of care despite incredible shortages of medical personnel in the context of severe social dysfunction, poverty, lack of specialist support, and advanced imaging technology.

But like the supernatural Northern Lights which undulated brightly overhead, dedication and innovation shone through the darkness of their reality. Their devotion to the overwhelming needs of their patients and the planning for training future
family docs to work in these remote settings was inspirational. Working with the Family Medicine Program from Memorial University of Newfoundland (MUN), the Government of Nunavut, and with Health Canada funding they have established the **NunaFam Project**. It accommodates up to eight family medicine residents to learn all aspects of practicing full scope family medicine in remote, isolated environments, and develop cultural competency to work more effectively with First Nations communities. With several members of the Department from MUN, Francine and I had the privilege of witnessing the opening of a new NunaFam Learning Centre in the hospital, including a touching Inuit dedication ceremony.

Another creative 'made in Nunavut' program was the Taima (meaning 'Stop' or 'Enough' in Inuktitut) TB project. It provides in-home screening for latent TB using a new diagnostic technique and treatment for high-risk individuals. This successful endeavour will provide a new TB public health strategy relevant to northern communities across Canada.

We left Nunavut inspired despite the overwhelming health challenges our colleagues face. They, and others in the other Territories, need our support and now welcome it. We've come away with many ideas on how we can begin the process of integrating these dedicated docs into our family.

Dr. Sandy Buchman and Dr. Francine Lemire outside the Qikiqtani General Hospital in Iqaluit.

Dr. Sandy Buchman and Dr. Francine Lemire experiencing the -51°C temperatures during their Iqaluit visit.
New! Enhanced Certification Examination in Family Medicine

The College of Family Physicians of Canada (CFPC) and the Medical Council of Canada (MCC) are collaborating to offer an enhanced examination for family medicine candidates. Starting in spring 2013, candidates will take an enhanced Certification Examination in Family Medicine. When meeting all other requirements of both organizations, candidates who challenge and pass the enhanced exam will be granted both Certification in Family Medicine from the CFPC (CCFP) and the Licentiate of the Medical Council of Canada (LMCC).

Family medicine candidates who would normally be eligible to take the fall 2012 MCC Qualifying Examination (MCCQE) Part II are encouraged to forgo this exam and instead sit the enhanced exam in spring 2013.

The enhanced Certification exam will be offered each year in the spring and fall. It will feature the current written component of computer-based short-answer management problems (SAMPs) and an expanded clinical skills component. The clinical skills component will consist of a combination of simulated office orals (SOOs) and objective structured clinical examination (OSCE) stations. The structure of the enhanced exam requires candidates be involved over three days.

If candidates are unsuccessful on both components of the enhanced exam they will be required to re-sit the full exam on a subsequent attempt. If candidates are unsuccessful on one of the two exam components, they may re-sit that component only and at a reduced exam fee.

The College will continue to provide the traditional certification exam format in the spring and fall of 2013 to accommodate residency or practice-eligible candidates who passed the MCCQE Part II exam in the spring of 2011 or earlier. Candidates who entered residency training in the summer of 2011 and did not pass the Part II exam prior to entering training will be required to sit the enhanced examination.

Online registration for the enhanced Certification exam for family medicine residents opens December 1, 2012 and closes February 1, 2013. Registration for practice-eligible candidates is July 1, 2012 to October 1, 2012. Further information, including exam fees, locations, and an FAQ document, is available on the CFPC and MCC websites.

"This enhanced Certification examination will be of benefit to family medicine, family medicine candidates, and the College into the foreseeable future," says Dr. Paul Rainsberry, Associate Executive Director, Academic Family Medicine with the CFPC. "It has been a pleasure to collaborate with the Medical Council team throughout and the final product is something of which we can all be very proud."

For further information, contact the following:
Interested in earning your Fellowship (FCFP)?

*Eligible Fellowship candidates must have met the following requirements:

Be a CFPC Certificant in good standing for at least 10 consecutive years; hold two consecutive 5-year Mainpro cycles; report and earn a minimum of 25 Mainpro-C credits in each of their five-year cycles.

Please note that once Fellowship is earned members must agree to the terms of this designation which include continuing to earn a minimum of 25 Mainpro-C credits for each of their five-year cycles in order to maintain their Fellowship.

Get started on your Fellowship and earn Mainpro-C credits through self-reflection!

Mainpro-C credits can be earned by completing self-reflection exercises online. These exercises are free of charge, less time consuming than other exercises, and do not require you to travel. All exercises can be done from the comfort of your home!

See the following link http://www.cfpc.ca/CreditForms/ to complete any one of the self-reflection exercises and earn from 2 to 25 Mainpro-C credits plus receive *bonus M1 credits for completion of any of the activities.

*For more information on Mainpro related exercises please contact a CPD representative at 1-800-387-6197 ext. 243

2012 Honours and Awards:
CALL FOR NOMINATIONS

**Early Career Development Awards**
Nominate a new family physician who has demonstrated leadership, innovation, initiative, and dedication.

**CPD Program Awards**
Nominate an outstanding Mainpro-accredited program for an award.

**Geeta Gupta Equity and Diversity Award**
Nominate a family physician (or team) for their leadership and advanced awareness working with minority or under-serviced
The Bruce Halliday Award for Care of the Disabled
Nominate a family physician who is making an exceptional contribution to the welfare of the disabled in his/her community through practice, teaching, research, or advocacy.

SUBMIT A NARRATIVE ACCOUNT OF YOUR EXPERIENCES IN FAMILY MEDICINE:
AMS-Mimi Divinsky Stories and Narrative in Family Medicine Awards

The deadline is April 1, 2012

The Honours and Awards Program is supported by the CFPC's Research and Education Foundation.

PLAN NOW to be part of the excitement of Family Medicine Forum 2012, Canada's premier family medicine conference.

Enjoy engaging keynotes, a wide selection of CME sessions, special events, and networking with colleagues from across the country, as well as amazing entertainment, fine dining, and the many attractions of beautiful downtown Toronto.

Metro Toronto Convention Centre - South Building
November 15th-17th
(Pre-Conference Day - November 14th)

Registration opens July 2012

www.cfpc.ca/fmf

Practice Resources

The Role of Family Physicians in the Management of Concussions

At its February 2012 meeting, the CFPC Executive Committee
approved a position statement developed by the College's Sport and Exercise Medicine Program Committee regarding the role of family physicians in the management of concussions.

Given the increasing concern and publicity of concussions among athletes, the issue has gained profile among the health care community and the general public. The Sport and Exercise Medicine Program Committee took the initiative to develop a position statement to inform family physicians of the current guidelines and policies that are relevant to their roles in the care of patients with concussions.

Questions about the position paper may be directed to Dr. Lisa Fischer, Chair, Sport and Exercise Medicine Program Committee, or any committee member.

Copies of the position statement are available on the CFPC website: [www.cfpc.ca](http://www.cfpc.ca) or [http://www.cfpc.ca/Concussions_Position_Statement/](http://www.cfpc.ca/Concussions_Position_Statement/)

### Canadian Library of Family Medicine - New publications authored by CFPC members

The College's library at the National office collects books written by our members, as well as books on the history and development of family medicine and primary care, medical education, research methods, and clinical family medicine. These are some recent publications by our member authors:


- Earle H Waugh, Olga Szafran, & Rodney A. Crutcher, eds. *At the interface of culture and medicine.* University of Alberta Press; 2011. [Publisher](http://www.albertapress.ca) [WorldCat](http://www.worldcat.org)


Books are available for use onsite, and may also be loaned to CFPC members. Book loans are sent by ExpressPost, and
members are responsible for the cost of return.

For more information, check the library web pages or send a message to clfm@uwo.ca

**Canadian Family Physician - March 2012**

The March issue of *Canadian Family Physician* and web version of the journal have a wide variety of articles, research reports and commentaries and College news. Some of the topics this month include:

- Length of stay and hospital costs among patients admitted to hospital by family physicians
- Human papillomavirus vaccine and pregnancy
- Balint groups
- Religion in primary care
- Clinical practice guidelines for mild traumatic brain injury and persistent symptoms
- Effectiveness of rotavirus vaccine in preventing severe acute gastroenteritis in children
- Malignant wounds
- X-ray scans for nonspecific low back pain
- Pre-Diabetes and Type 2 Diabetes mellitus
- Assessing risks for physical activity clearance and prescription.

The Faces of Family Medicine this month profiles Dr. Kevin Sliwowicz of Toronto, Ontario.

[Click here](#) to read *Canadian Family Physician* and to access web exclusive articles.

**The Section of Researchers welcomes Dr. Alan Katz, new Council Chair**

To learn more about this appointment and other recent research news, check out the latest issue of the CFPC Section of Researchers - [Kaléidoscope E-News](#).

**National Immunization Awareness Week April 21 - 28 2012**

[Protect your world. Get immunized.](#)

**Other News**
It takes a community to stop bullying and family physicians are part of the community

In Nova Scotia in 2011 it was identified that there was an increase in youth suicide attributed to bullying; in fact a Task Force was set up by the province to make recommendations on how to deal with the issue. Bullying and cyberbullying happens inside and outside the classroom, at home, and in the wider community. This means that we need a community-wide approach to deal with cyberbullying, an approach that involves health care professionals, technology providers, and the police. The NSCFP developed this poster for family physicians to print off and hang in their waiting rooms. The physician’s office might be one place that a bullying victim may feel safe to reach out for help before it is too late.

Submitted by Cathie W. Carroll, NSCFP Executive Director

You’re Invited!

The Quebec College of Family Physicians is pleased to collaborate with the Departments of Family Medicine and Emergency Medicine as well as the Directors of Faculty Development from the Universities of Montreal, McGill, Sherbrooke and Laval to present the first Quebec Conference of Teachers of Family Medicine on June 8, 2012 at Pavilion Ferdinand-Vandry, Laval University. This event provides the most popular faculty development workshops that are delivered by the four medical schools. This educational activity is offered to family medicine teachers and emergency medicine physicians, clinicians, health professionals and residents.

Consult the full program of workshops here...

Online registration directly on the site.

Space is limited, early registrants will be prioritized.

Alberta College of Family Physicians - Highlights of the 57th Annual Scientific Assembly
Over 350 attendees gathered in Banff for Alberta's premier conference for family physicians providing continuing medical education workshops and sessions, and an opportunity to network with colleagues to discuss best practices.

The ASA presented 28 workshops, 5 keynote sessions, 1 research session, 3 Mainpro-C sessions, as well as a skills session on Casting.

A record number of poster presentations and abstracts were submitted for the Alberta Family Practice Research Network's (AFPRN) Poster Presentation.

Alberta's Family Physician of the Year from 2011, Dr. Leonard Wade, was honoured at the ASA in front of his family and peers.

The College also officially welcomed its new President, Dr. Cathy Scrimshaw during the Annual General Meeting.

The ACFP wrapped up a successful ASA with the popular family night dinner. This year's theme was Mardi Gras!

**Alberta College of Family Physicians Tools for Practice:**

**Daily Prophylactic Antibiotics in COPD**

Clinical Question: Are daily prophylactic antibiotics a reasonable option in preventing acute exacerbation of COPD (and if so, which patients)?

To learn the Tools for Practice response, click [here](#) (PDF)

Tools for Practice is proudly sponsored by the Alberta College of Family Physicians (ACFP).

**Tools for Practice** is a biweekly article summarizing medical evidence with a focus on topical issues and practice modifying information. It is coordinated by G. Michael Allan, MD, CCFP and the content is written by practising family physicians who are joined occasionally by a health professional from another medical specialty or health discipline. If you are not a member of the ACFP and would like to receive the TFP emails, please contact subscribeftp@acfp.ca to be added to the distribution list. Archived articles are available on the ACFP website.

**Manitoba Annual Scientific Assembly**
April 19-21, 2012
Victoria Inn & Conference Centre
NEW - Links to CFPC News

**CFPC in the News - College spokespersons profiled in recent media coverage**

[http://www.cfpc.ca/CFPC_in_the_News/](http://www.cfpc.ca/CFPC_in_the_News/)

**What's on at the College - weekly updates of CFPC meetings and activities**


**Today's Family Medicine News Highlights - daily updates on www.cfpc.ca**


To remove yourself from the subscription list, please check below. Please send questions, comments, and suggestions to enews.cyberbulletin@cfpc.ca

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